

# **Optic Nerves That Will Stump the Stars**

Elliot M. Kirstein, OD, FAAO

**Harper's Point Eye Associates**

**The Glaucoma and Diabetes Eye Institute**

Cincinnati, Ohio

## Financial Interests

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- Alcon - speaker
- Haag- Streit - speaker
- Optovue - speaker
- Ocuflow – consultant
- Reichert - consultant
- Diopsys - research

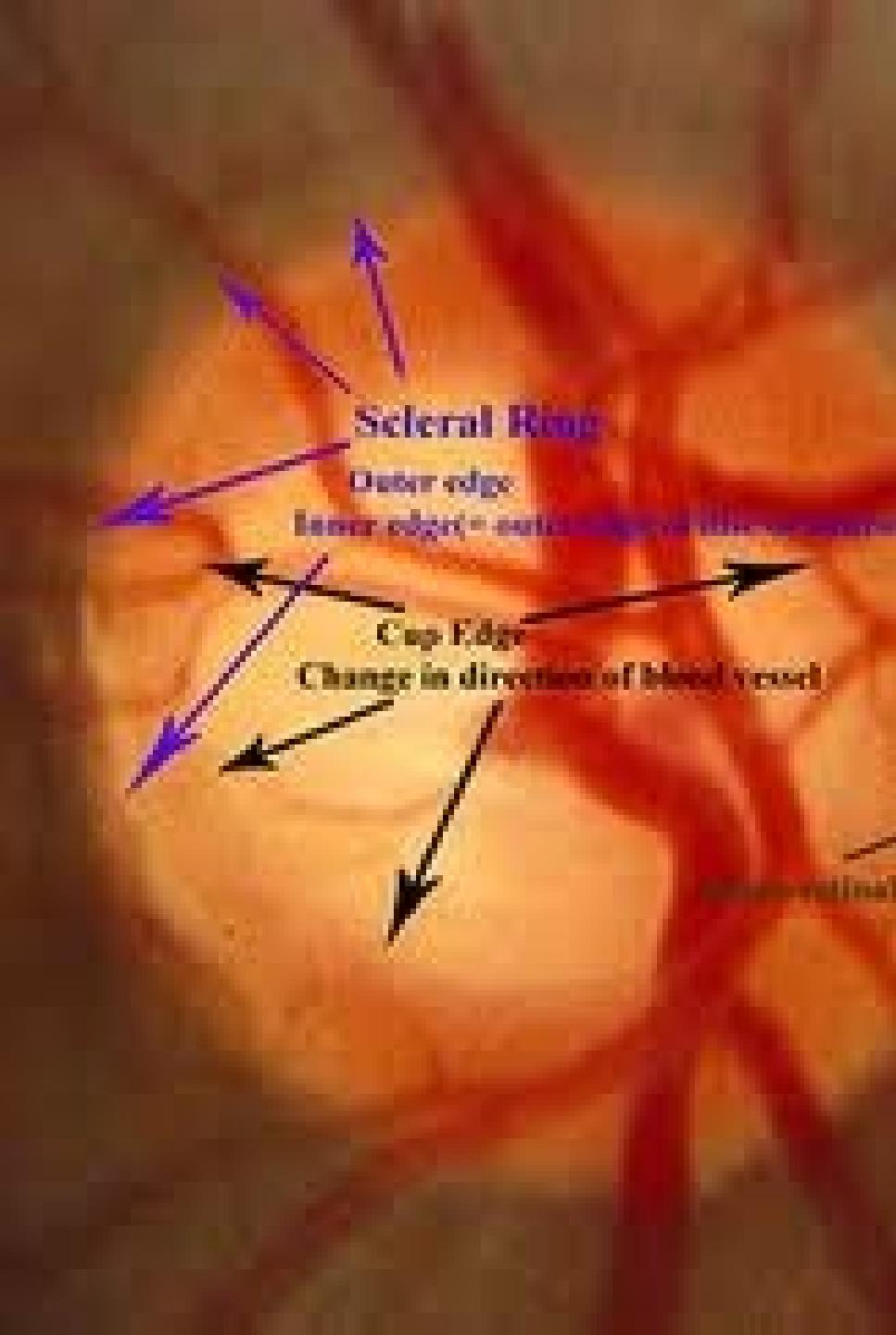


# OD's need to diagnose and treat more glaucoma

- 40,000 OD's
- 8,000 Rx 4 -6 Rx's per year
- 4,000 average 12 – 24 Rx's per year
- Only 2,500 – 3,000 treat with more than one medicine and Rx more than 3 x / month

Paul Karpecki, OD, FAAO





OCT  
has become  
standard of care

? Dilation  
when  
indicated ?

# Glaucoma surgeons have it easy....





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# LET'S GET STARTED

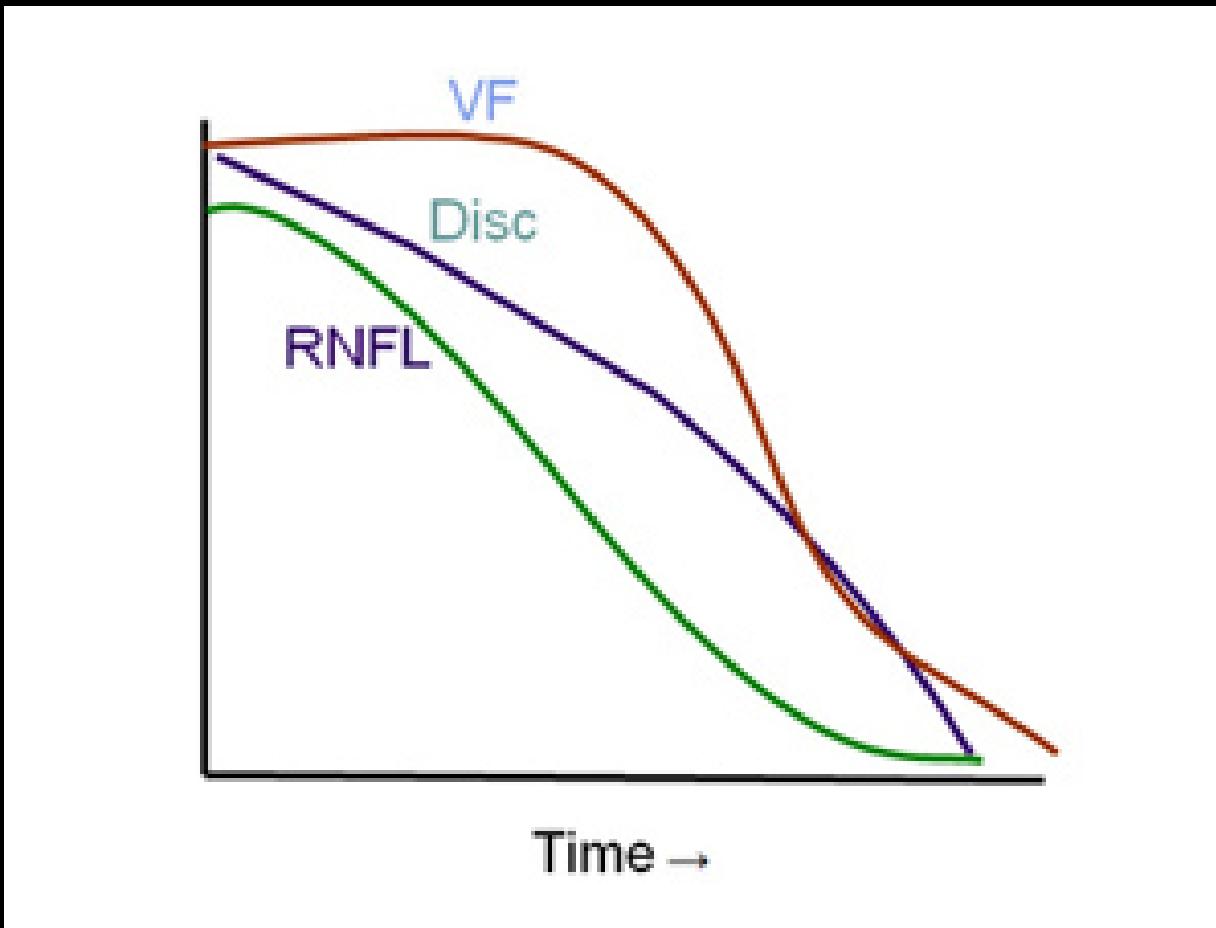
# What Changes First?

- Structure damage often precedes functional damage in glaucoma<sup>1</sup>
- RNFL loss often precedes optic disc changes<sup>2</sup>
- Can GCC change before RNFL?

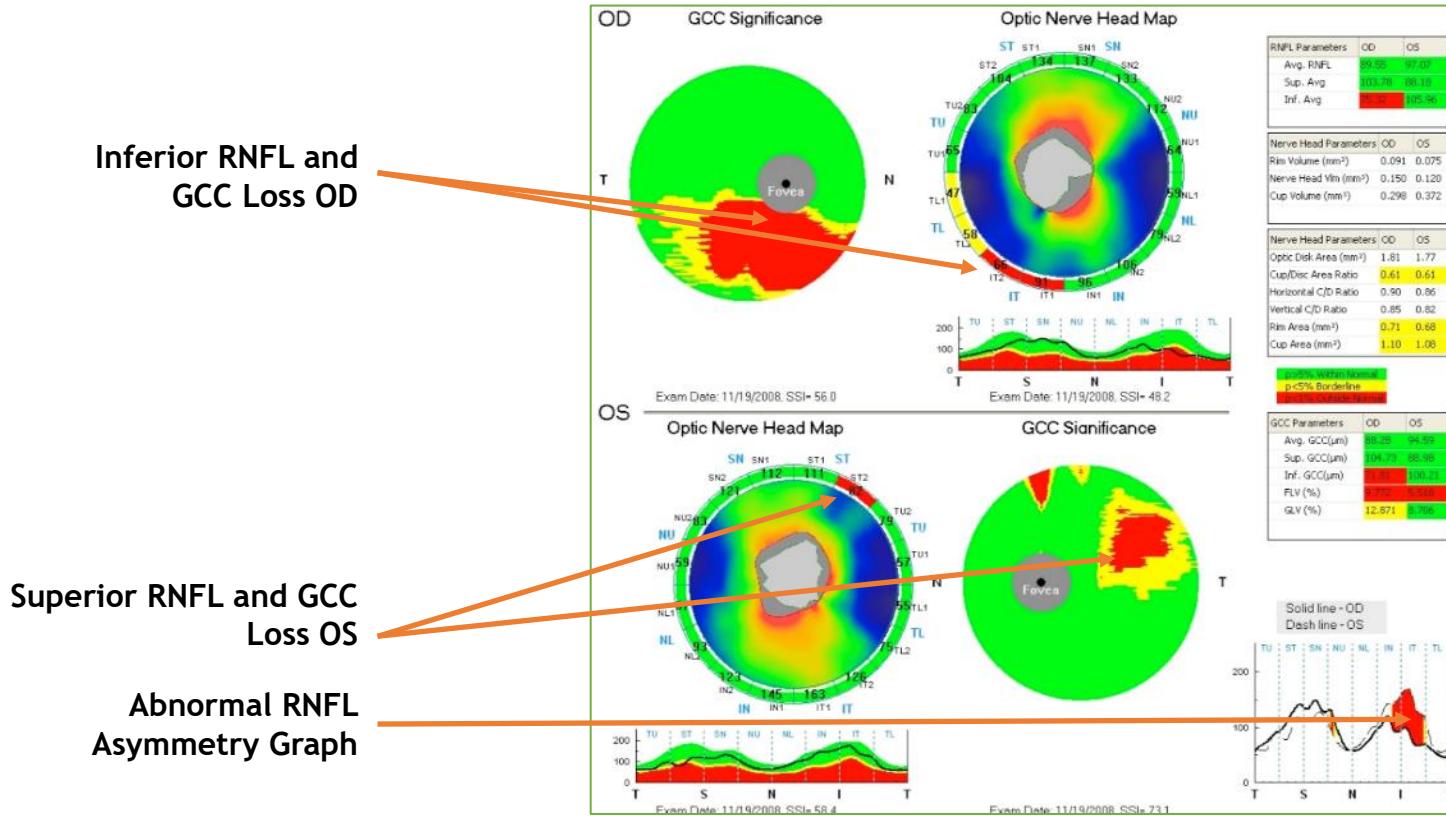
1. Sommer A. et al. Clinically detected nerve fiber atrophy precedes the onset of glaucomatous field loss. Arch Ophthalmol 1991; 109:77-83.

2. Quigley HA, Katz J et al. Ophthalmology 1992; 99: 19-28.

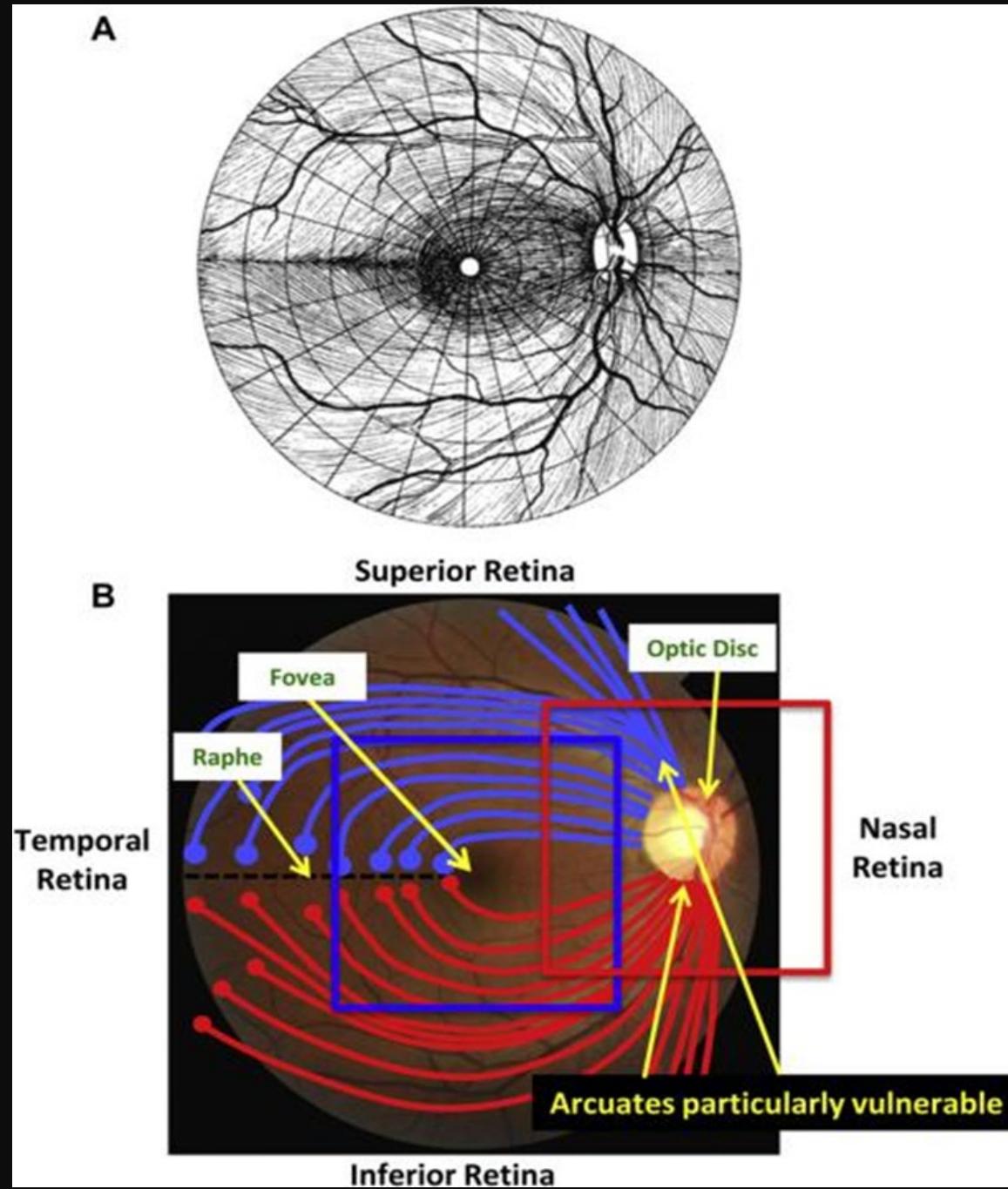
# WHY OCT?

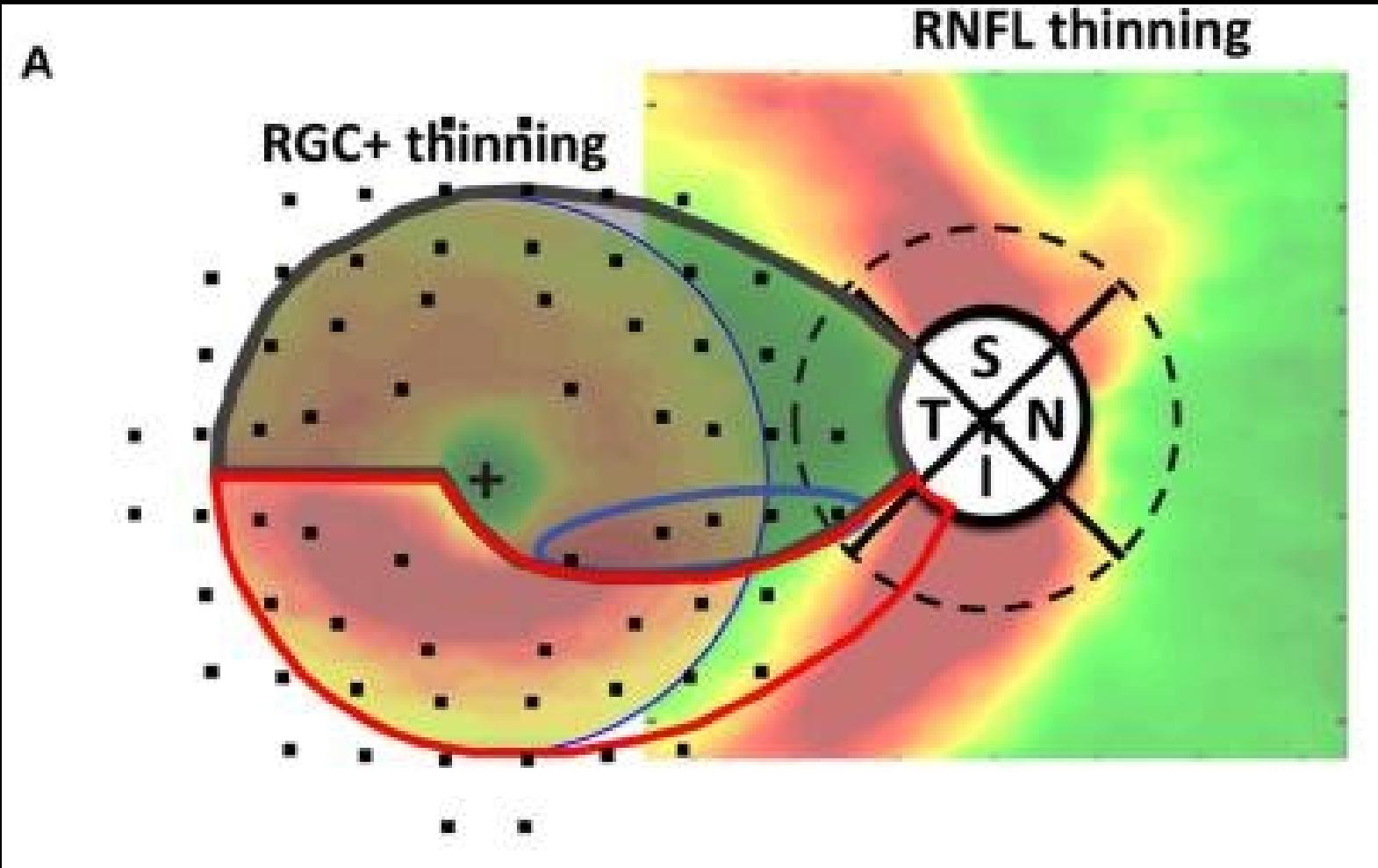


# RNFL, Optic Disc and GCC Analysis



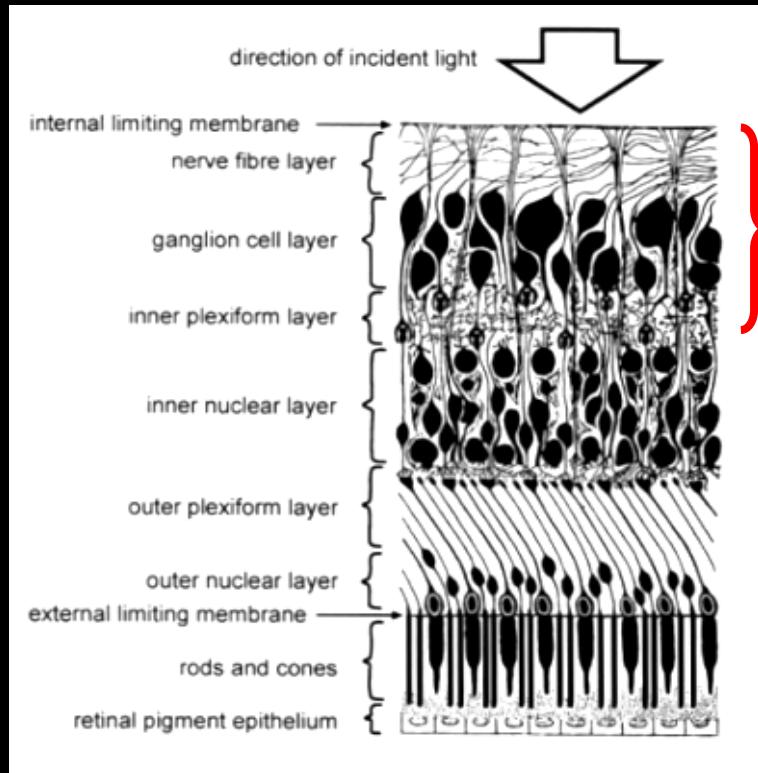
Donald C. Hood, PhD





Donald C. Hood, PhD

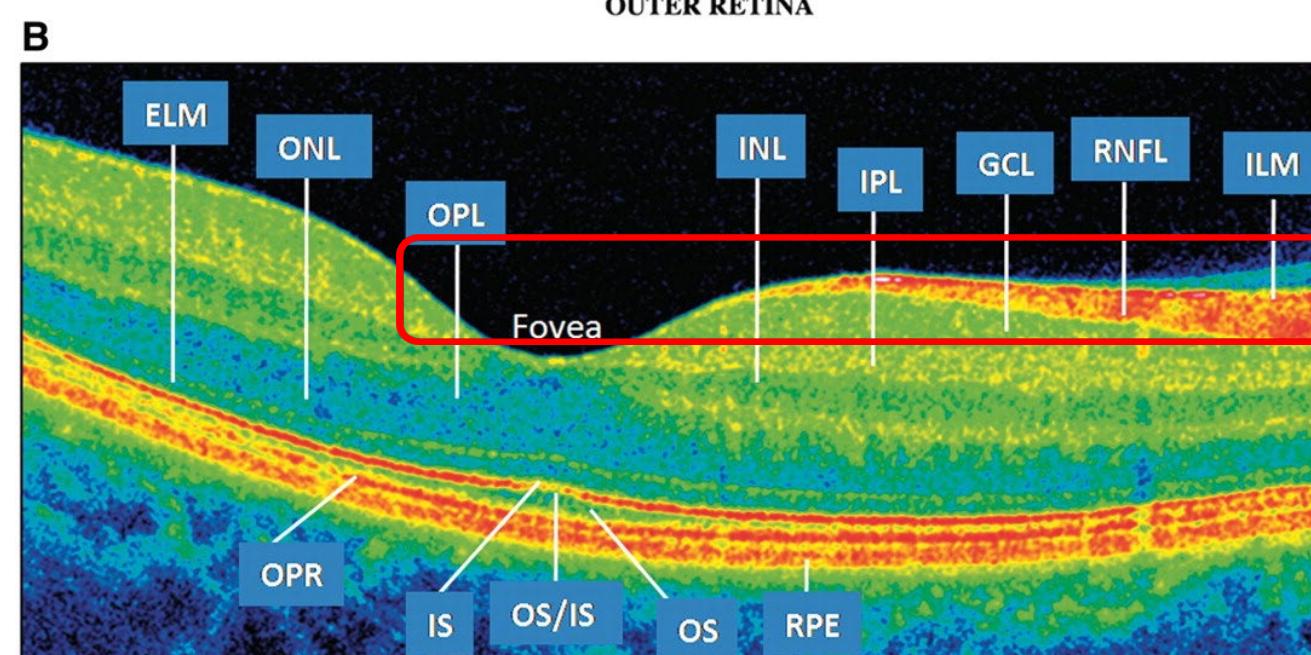
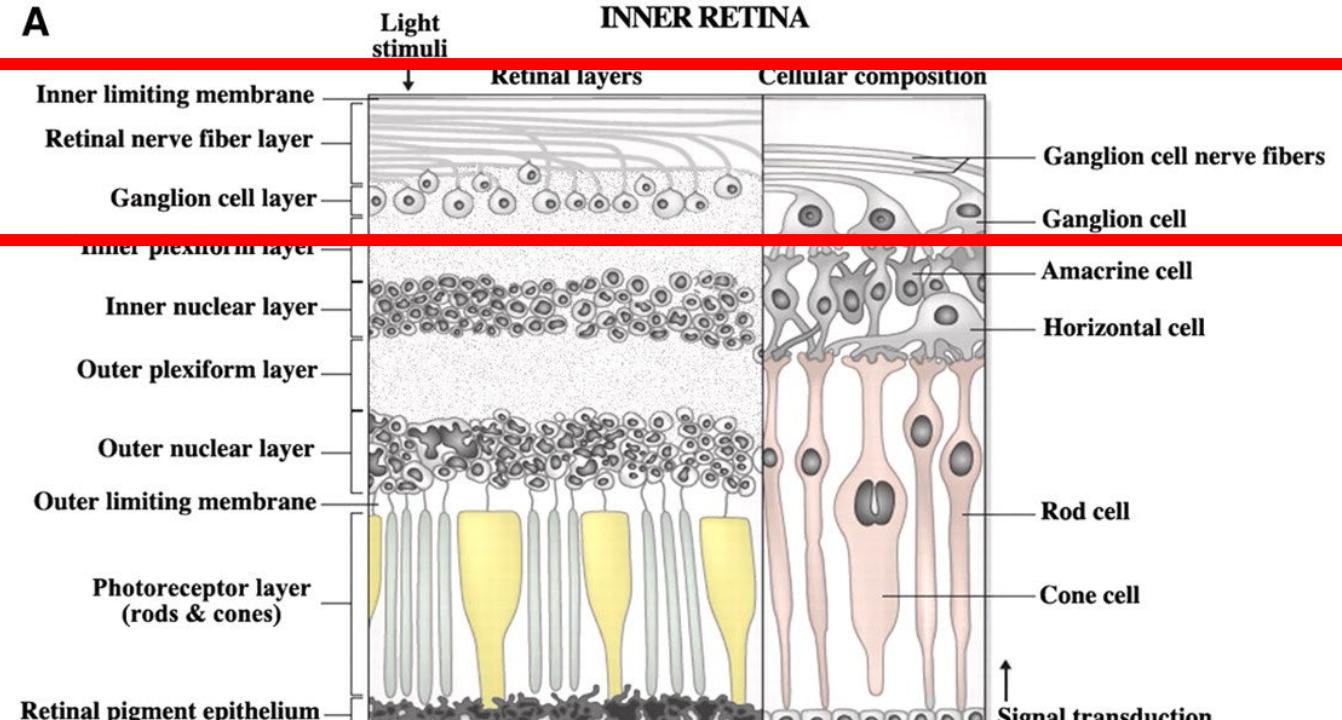
# GANGLION CELL COMPLEX

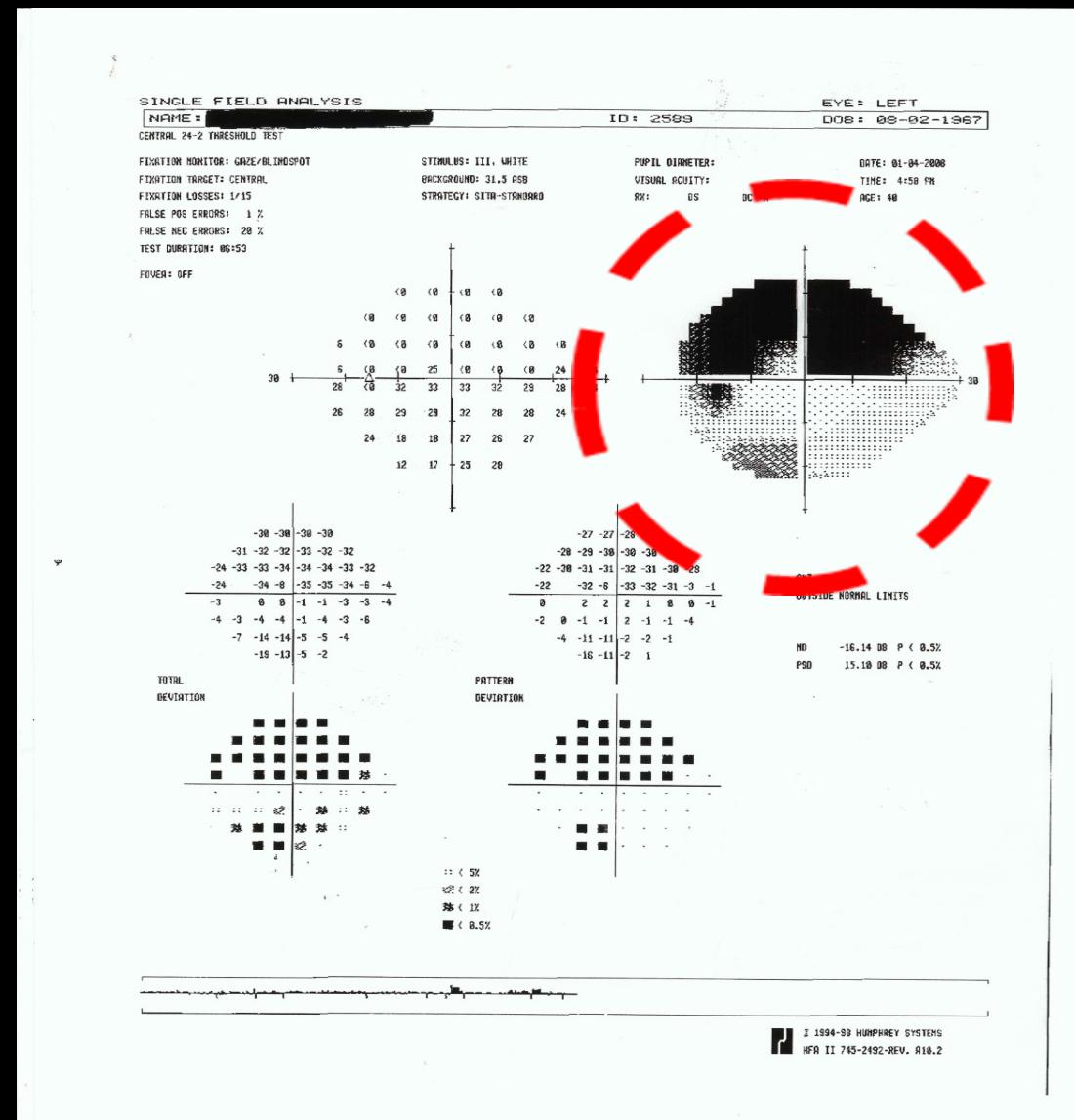
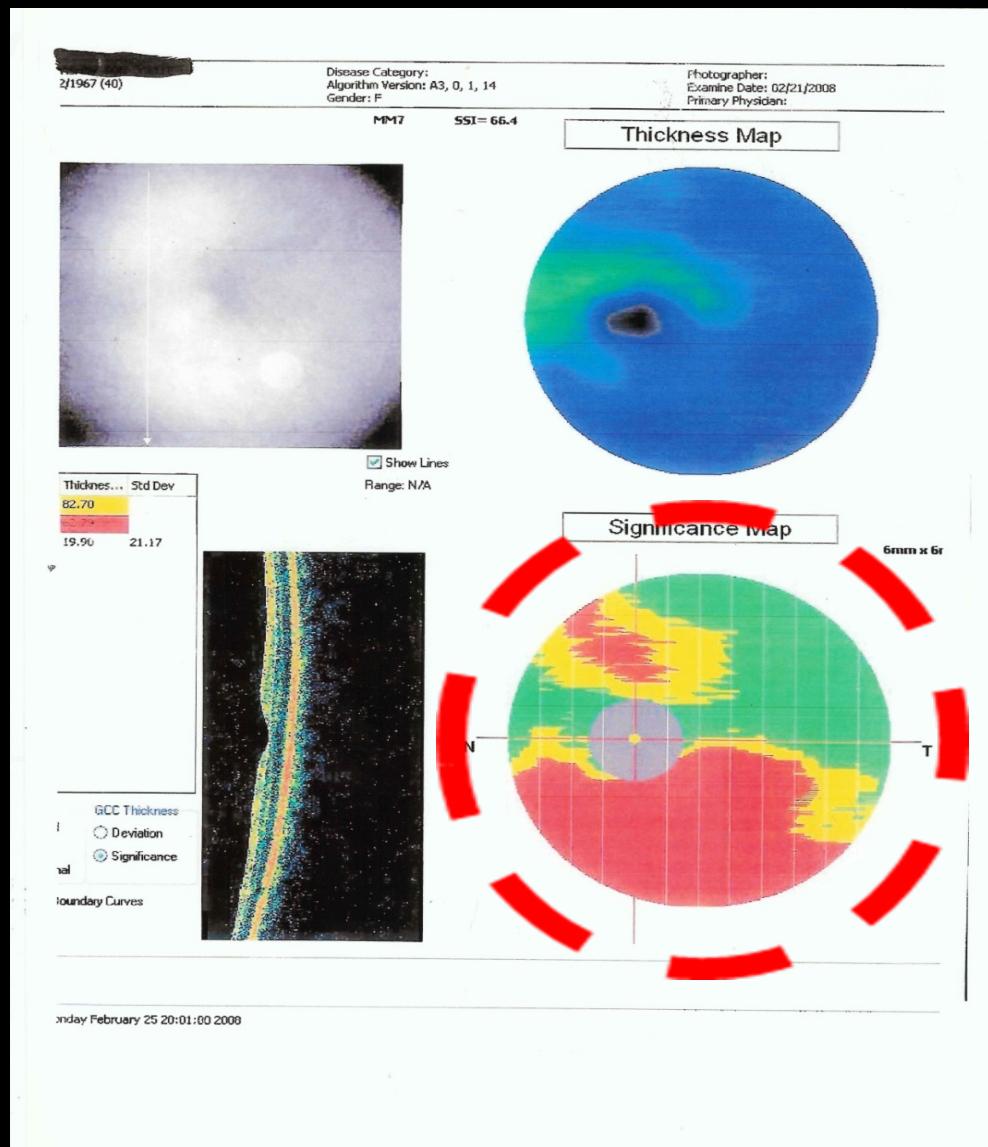


Ganglion Cell Complex

Average overall retina thickness  $\approx$  300 microns

Average GCC thickness  $\approx$  90-100 microns







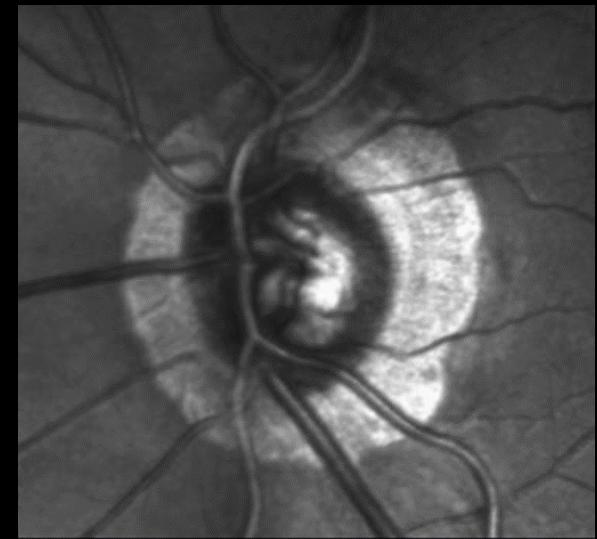
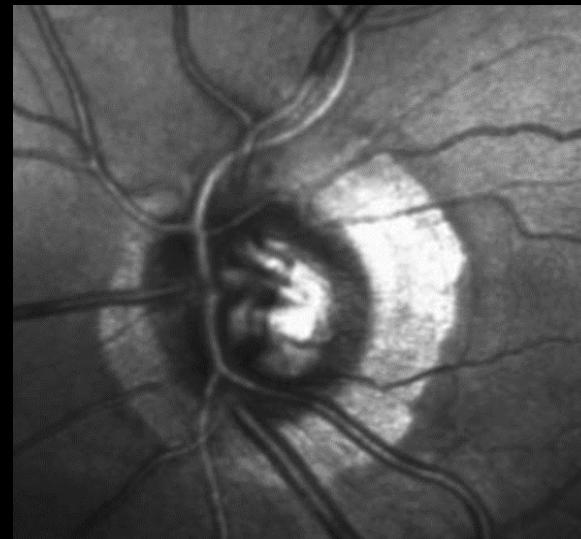
Normal

Moderate

Severe

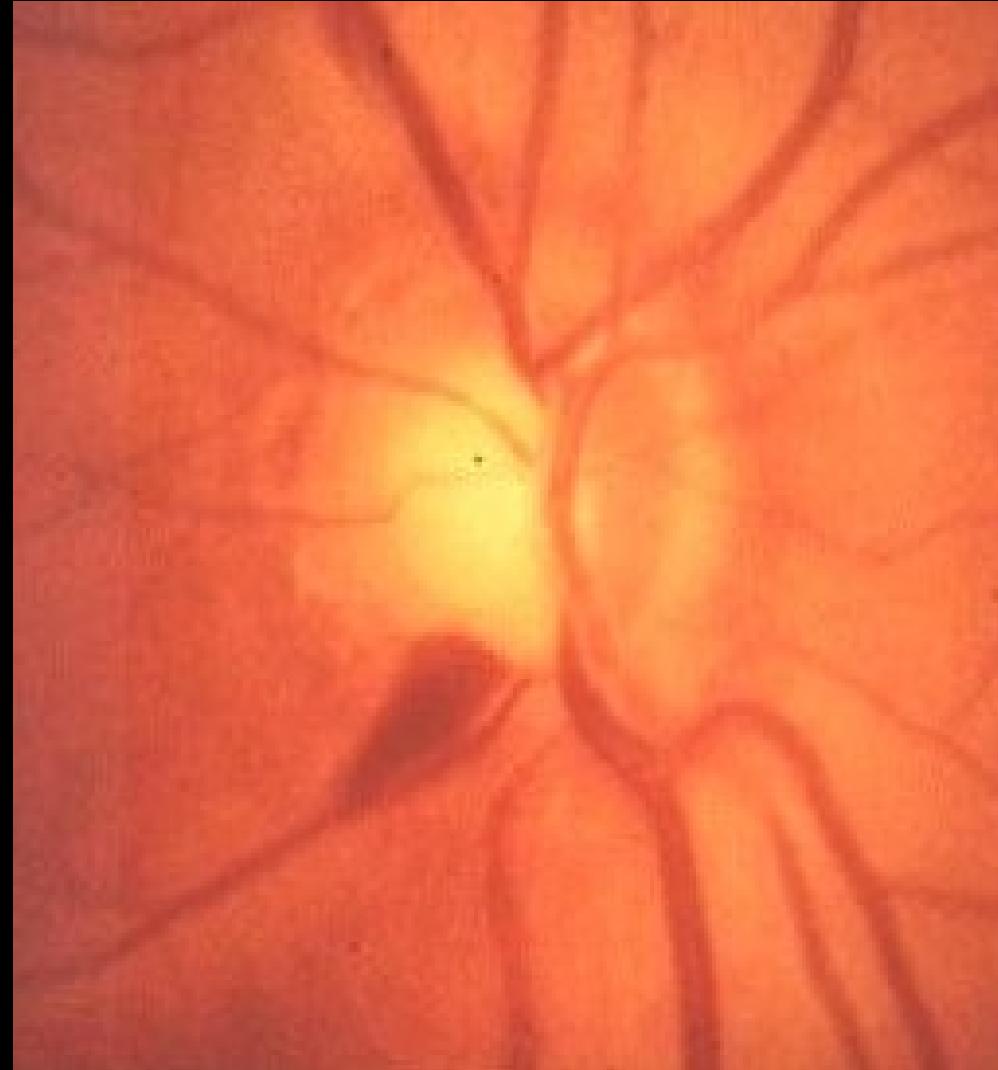
- Rim margin
- Rim area
- Nerve Fiber layer
- **Peri-papillary atrophy**
- Drance Hemorrhage

## Optic Nerve 5 R's

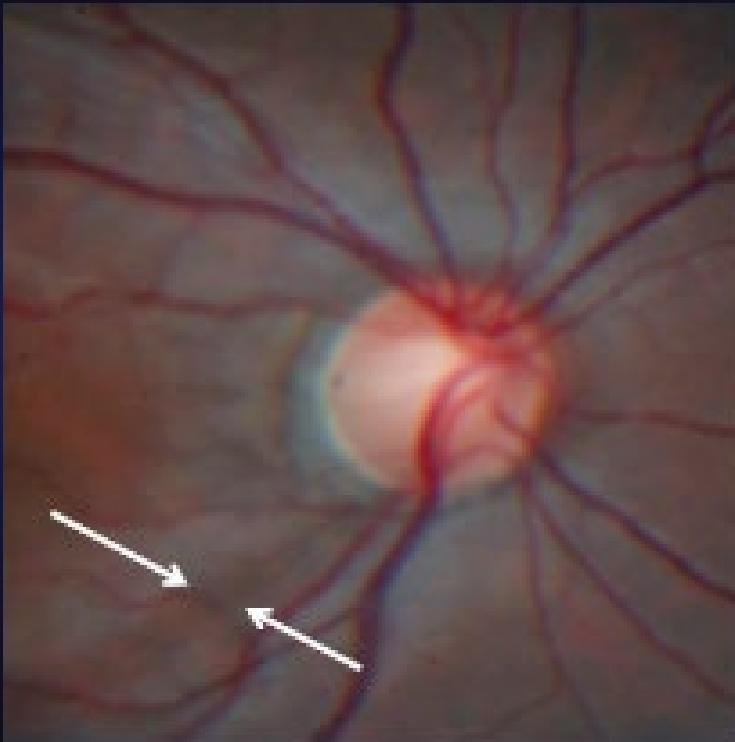


# Optic Nerve 5 R's

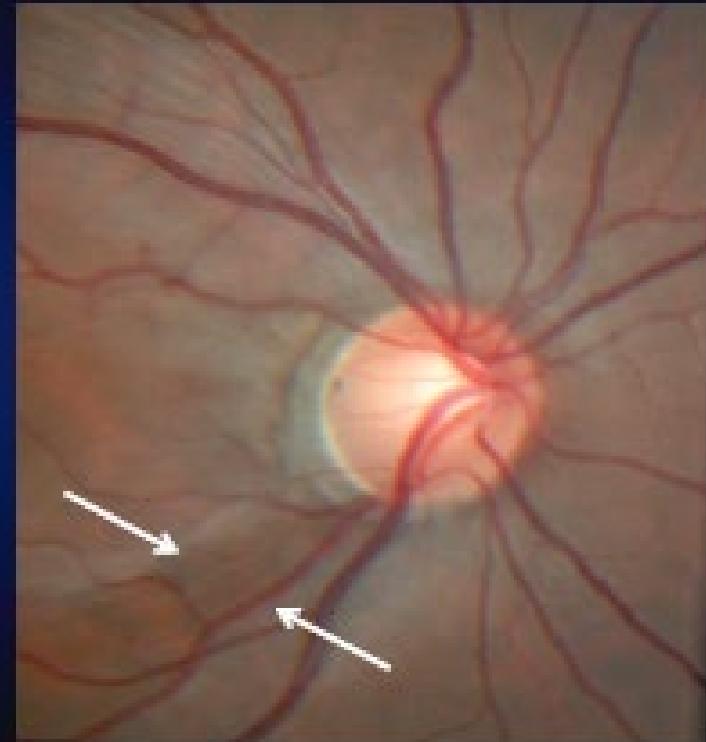
- Rim margin
- Rim area
- Nerve Fiber layer
- Peri-papillary atrophy
- Drance Hemorrhage



# Widening of RNFL Defect



Initial Visit



Two Years Later

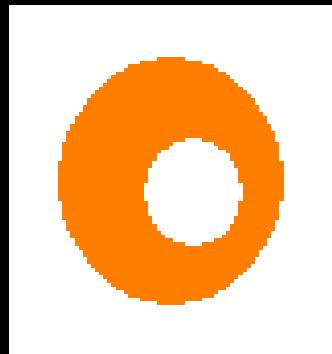


# Nerve Diameter

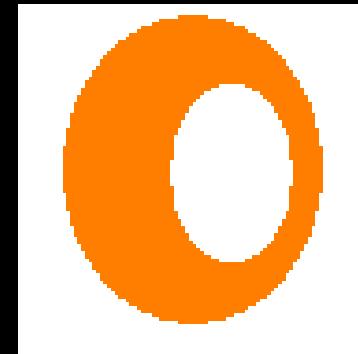
1.25 mm  
Optic Nerve



1.75 mm  
Optic Nerve

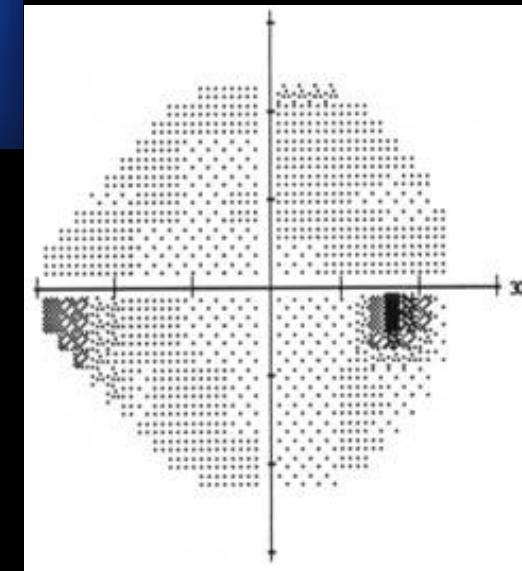


2.25 mm  
Optic Nerve



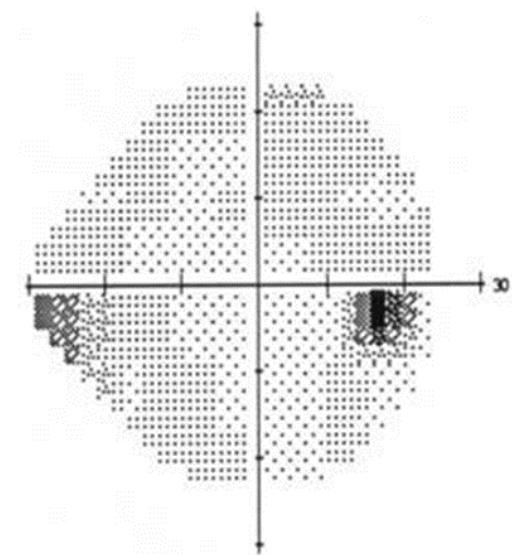
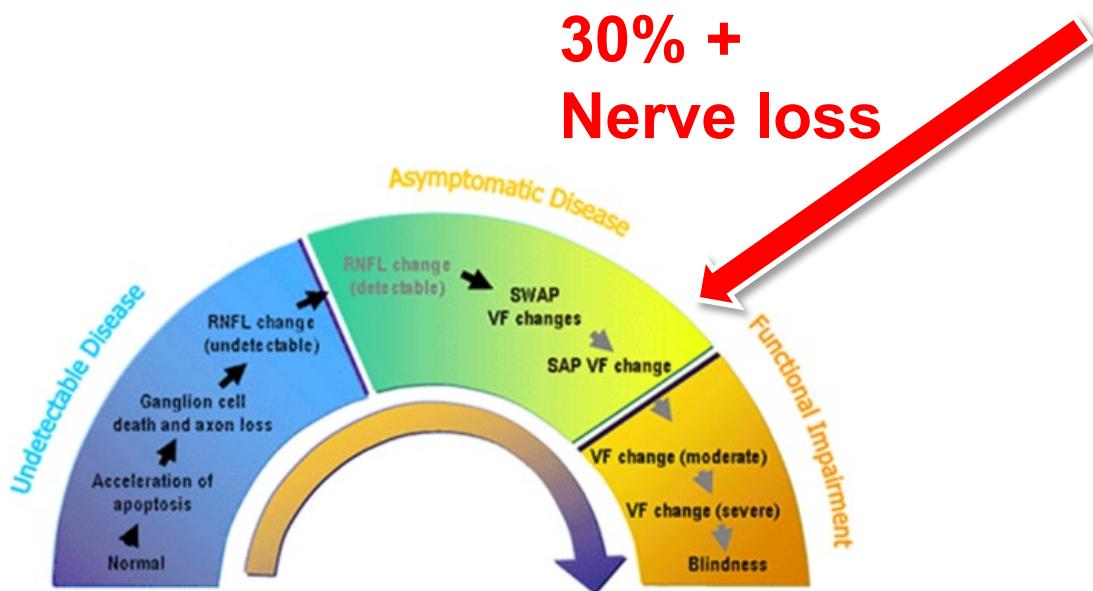
# How much nerve has been lost with first repeatable threshold defect?

- a) 5 – 10%
- b) 30 – 40%**
- c) 50 - 60%
- d) 15 – 20%

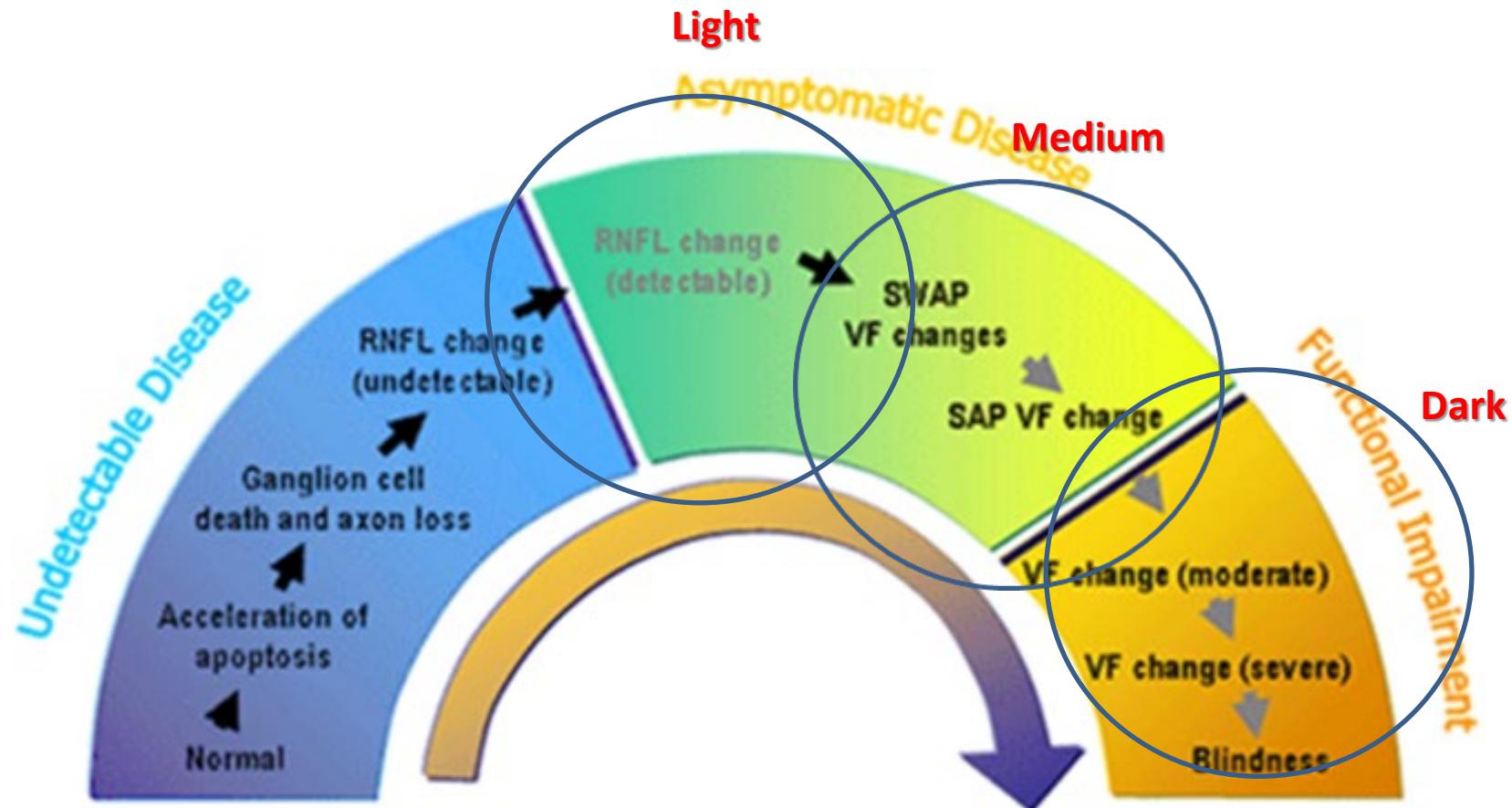


# Do you have to see a defect before you treat?

Quigley HA, Addicks EM, Green WR. Optic nerve damage in human glaucoma. III. Quantitative correlation of nerve fiber loss and visual field defect in glaucoma, ischemic neuropathy, papilledema, and toxic neuropathy. Arch Ophthalmology 1982 Jan;100(1):135-46.



# Target pressures?



# Our Clinical Decisions

- Observation vs. Treatment
- Change Treatment





# Case 1

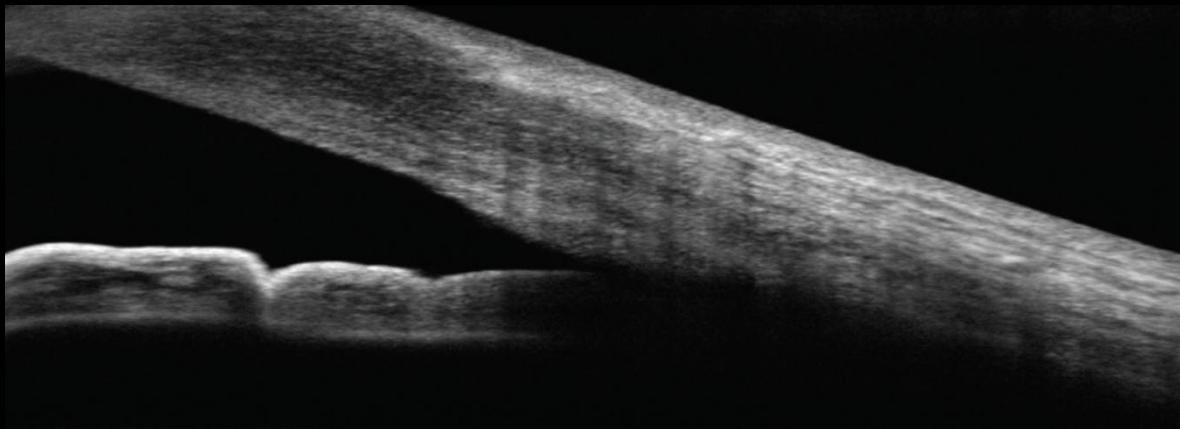
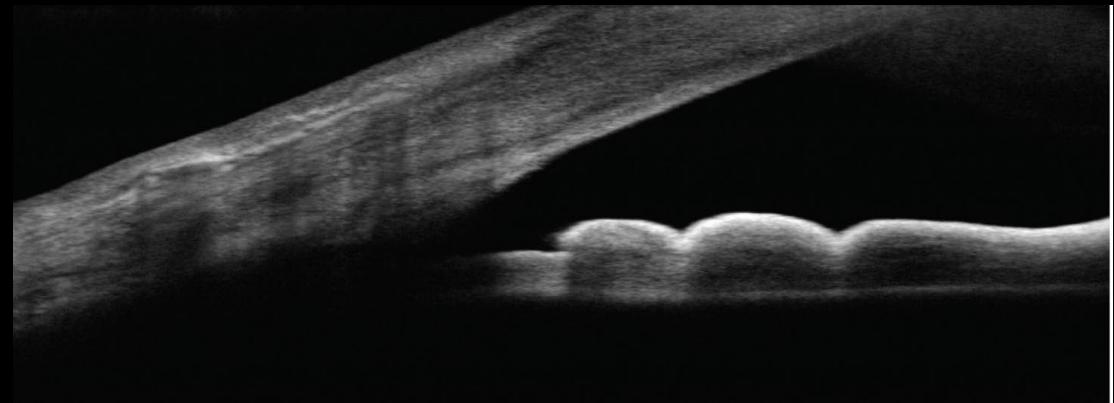
## 44 y/o African American Female

- Referred for evaluation of suspect nerves
- -700 OU = 20/20 OU
- Mother and aunt POAG
- Very slender stature
- Blood pressure 102/65

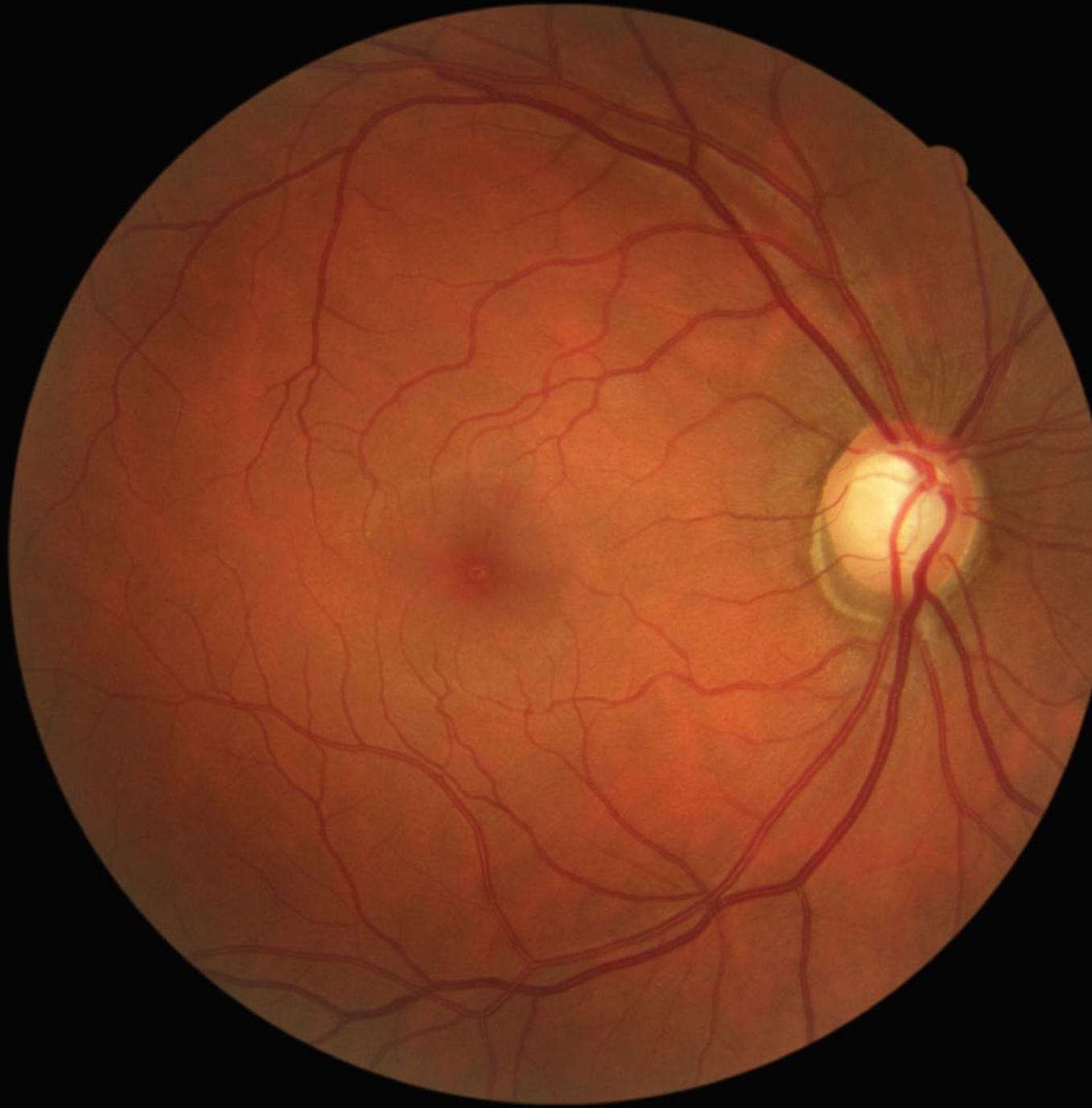
Case 1

44 y/o African American Female

- IOP – 22, 21
- Open angles



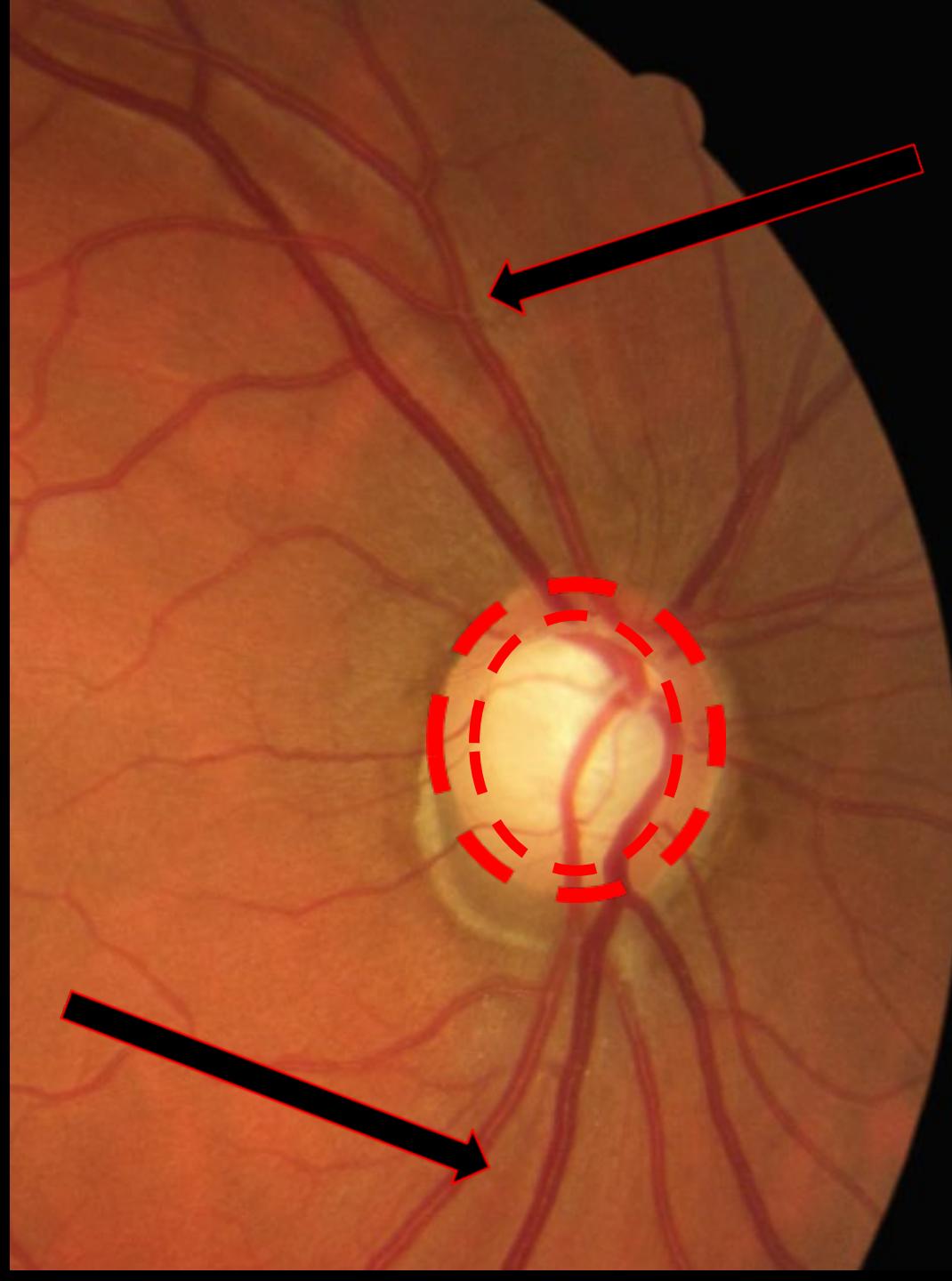
Case 1



Case 1



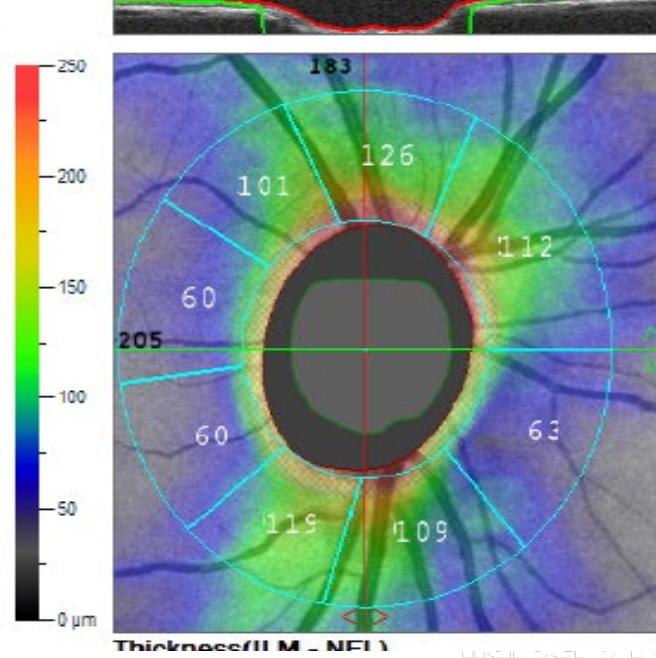
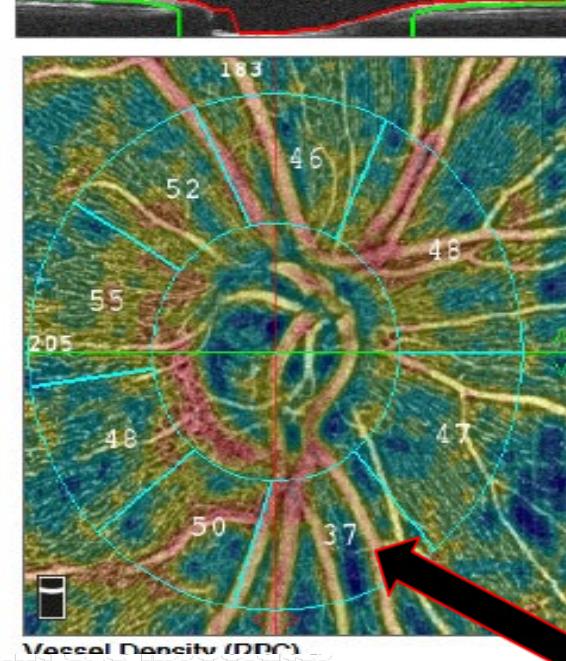
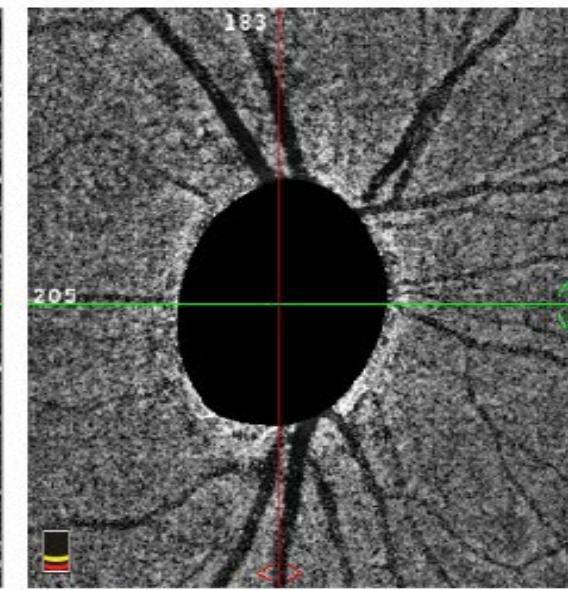
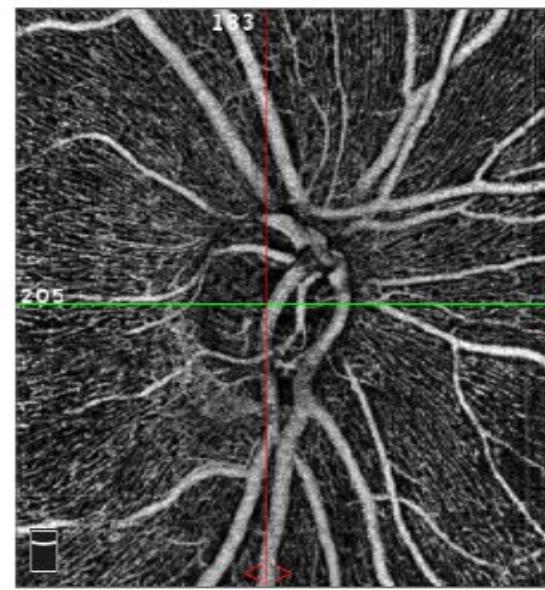
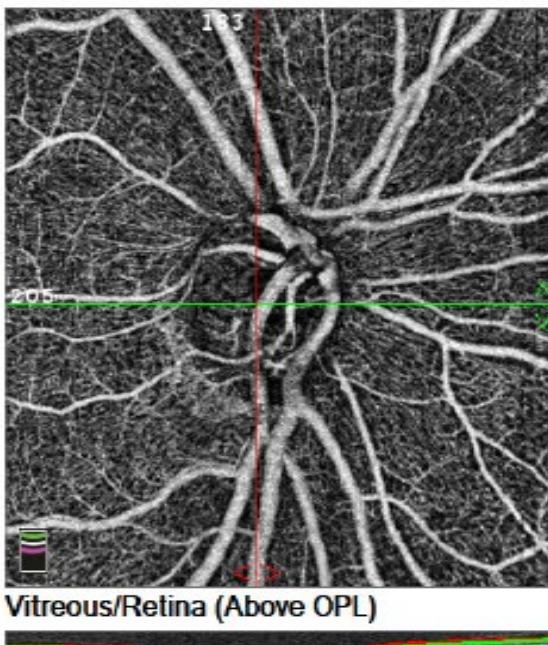
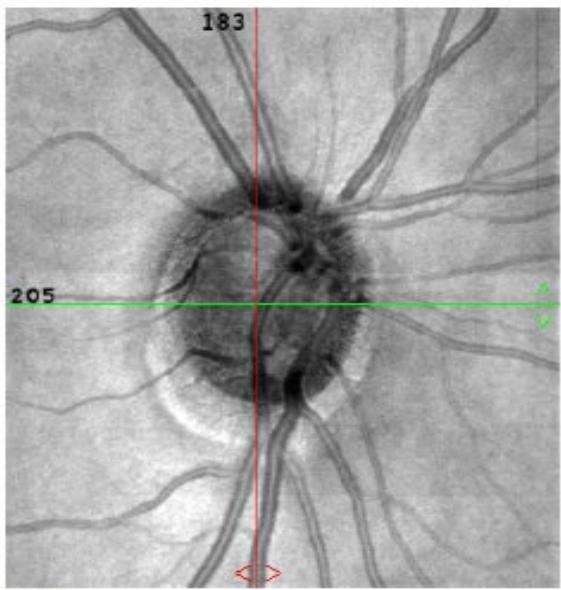
Case 1





# Case 1

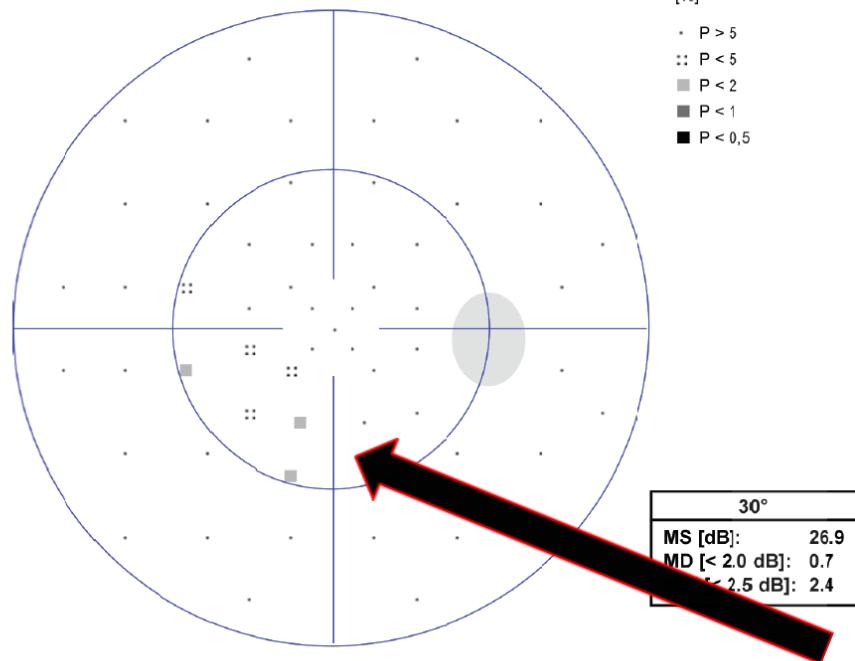
Parameters	OD	OS	Difference
Amplitude Low Contrast $\mu\text{V}$	8.5	8.0	0.5
Amplitude High Contrast $\mu\text{V}$	8.1	8.6	0.5
Latency Low Contrast ms	112.3	105.5	6.8
Latency High Contrast ms	102.5	101.6	1.0



# Case 1

Right eye (OD) / 12/07/2019 / 12:50:36

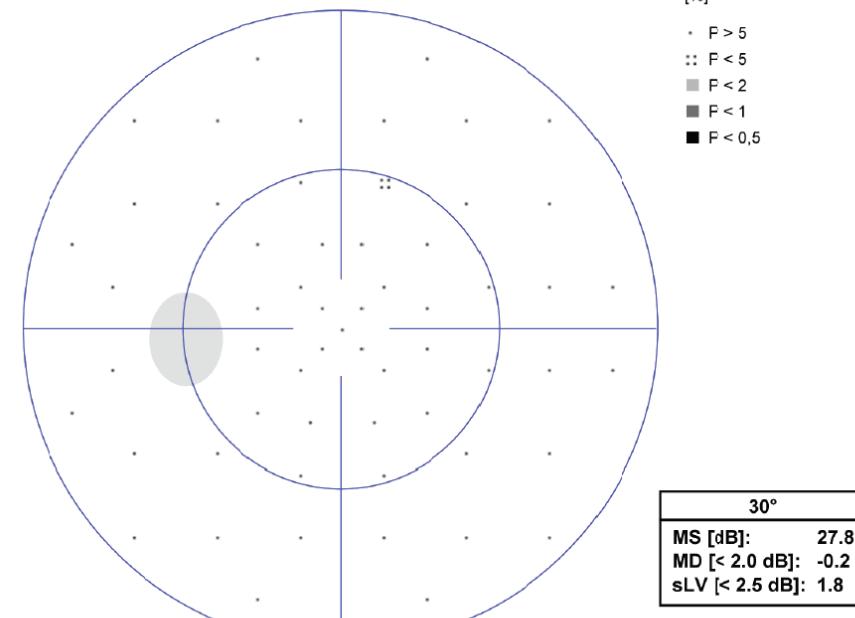
Corrected probabilities



Programs: G Standard White/White / TOP Questions / repetitions: 70 / 0  
Parameters: 31.4 / 4000 asb III 100 ms Duration: 02:30  
Catch trials: 0/7 (0%) +, 0/7 (0%) - RF:  
Trial lens: -6.0 VA [m]:  
Pupil [mm]: 6.2 IOP [mmHg]:  
NV: T53 V2.1

Left eye (OS) / 12/07/2019 / 12:53:27

Corrected probabilities



Programs: G Standard White/White / TOP Questions / repetitions: 70 / 0  
Parameters: 31.4 / 4000 asb III 100 ms Duration: 02:25  
Catch trials: 0/7 (0%) +, 0/7 (0%) - RF:  
Trial lens: -7.0 VA [m]:  
Pupil [mm]: 4.7 IOP [mmHg]:  
NV: T53 V2.1

No glaucoma?

Glaucoma light?

**Diagnosis?**

Glaucoma medium?

Glaucoma dark?



What's your plan?

Observe?

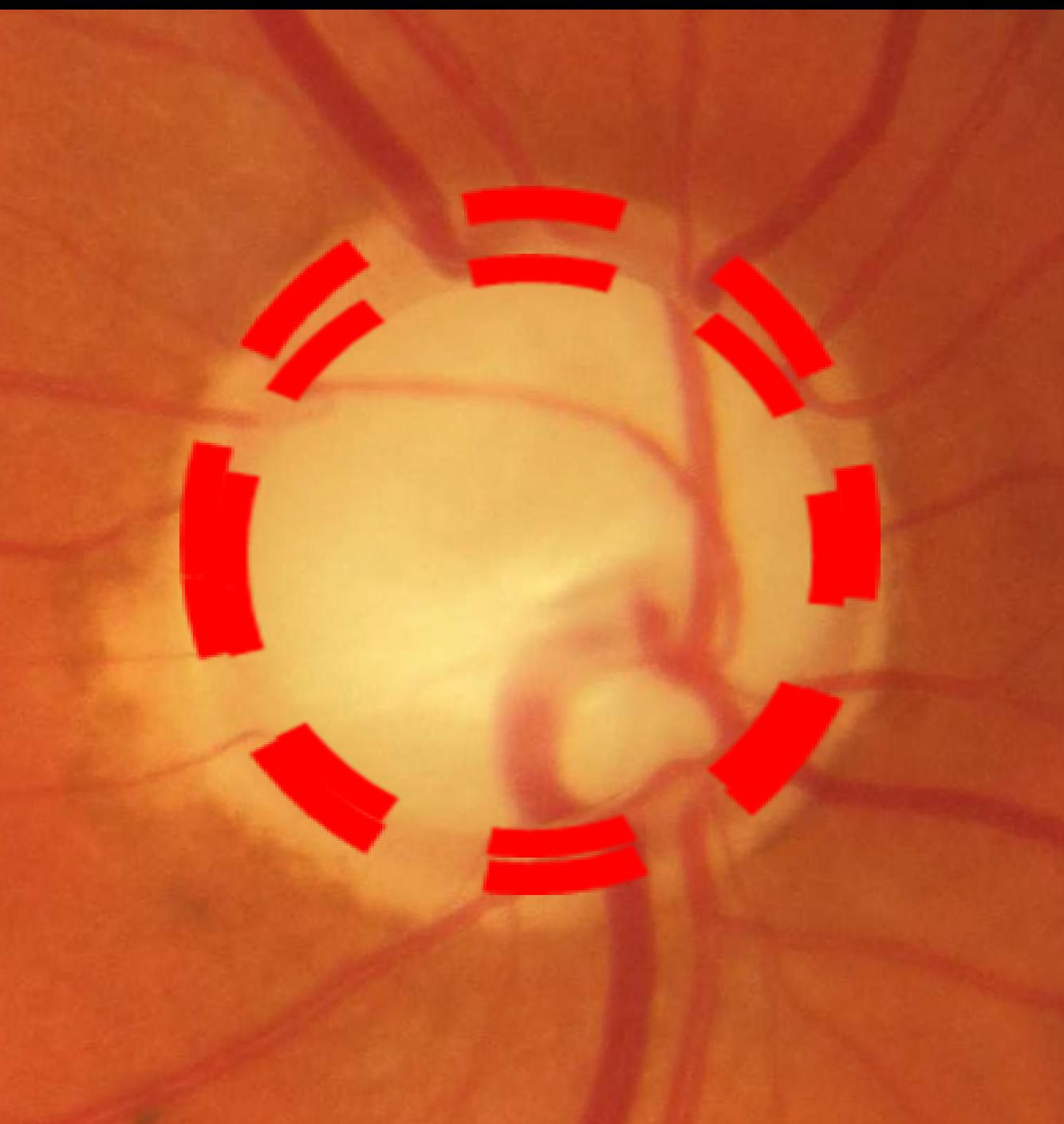
Treat?

# Case 2

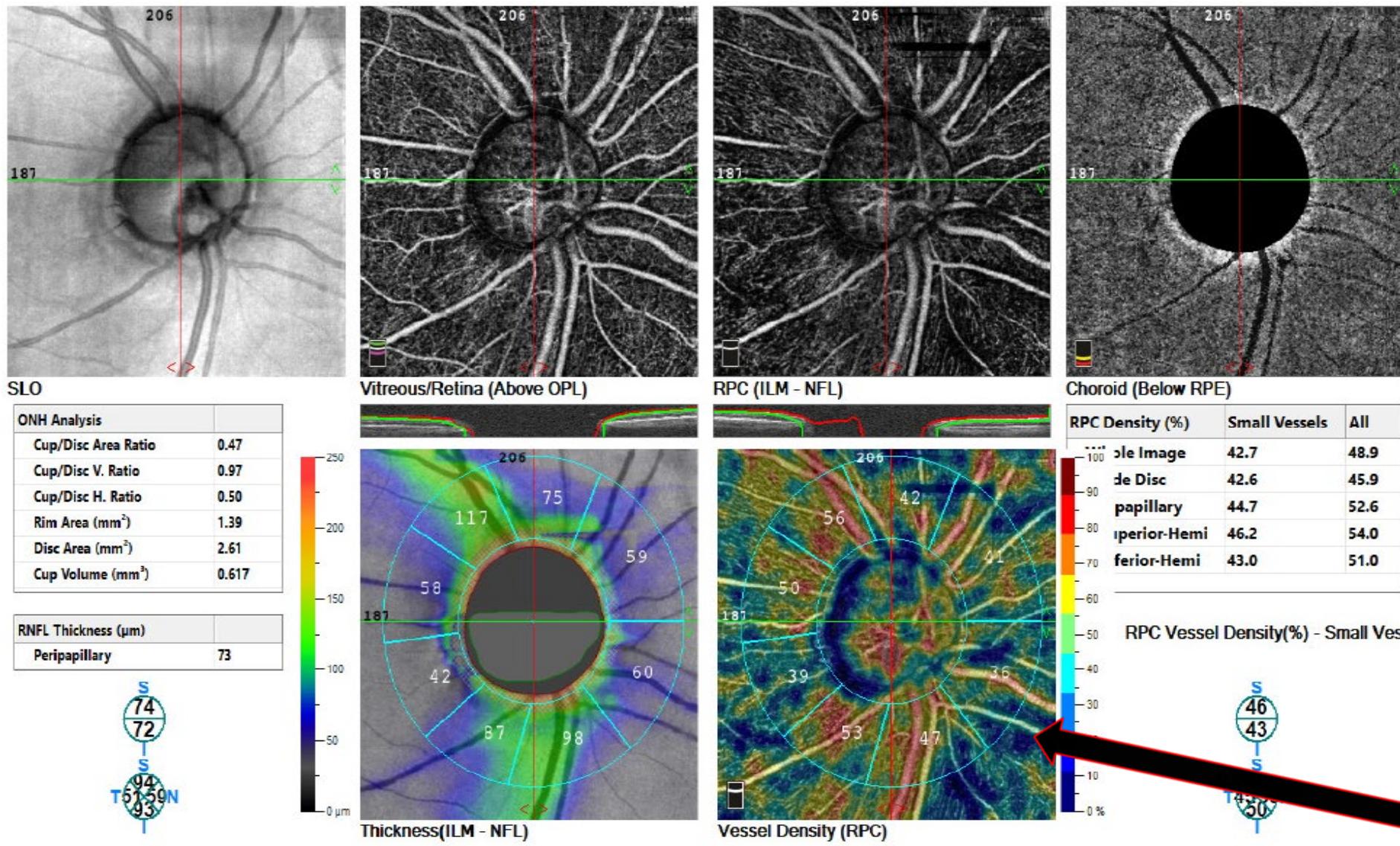
- 60 y/o Caucasian male
- No family History of POAG
- Mother used thalidomide during pregnancy
- IOP low to mid 20's
- Open angles
- Large nerve diameter



Case 2



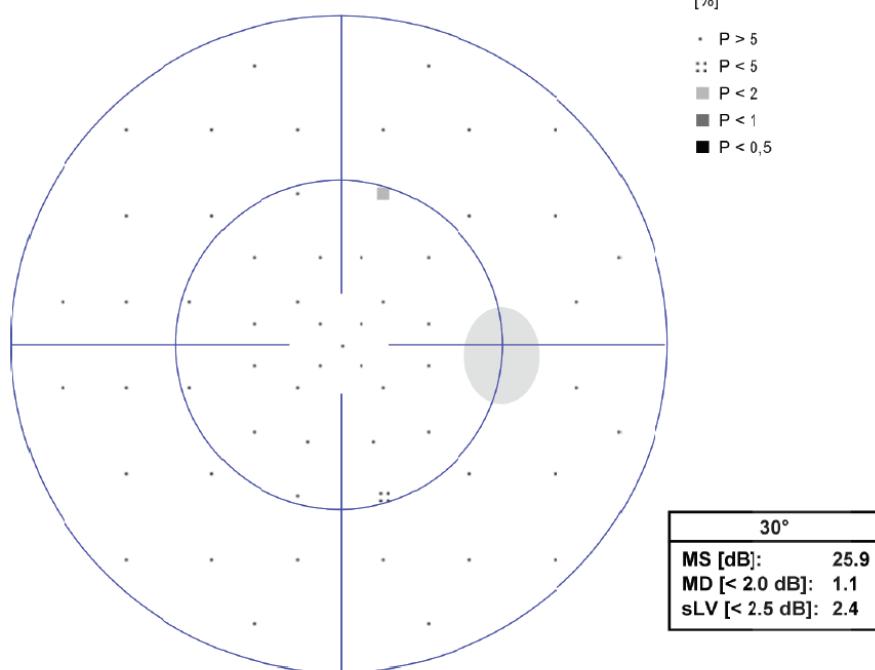
# Case 2



# Case 2

Right eye (OD) / 08/31/2019 / 10:49:31

Corrected probabilities

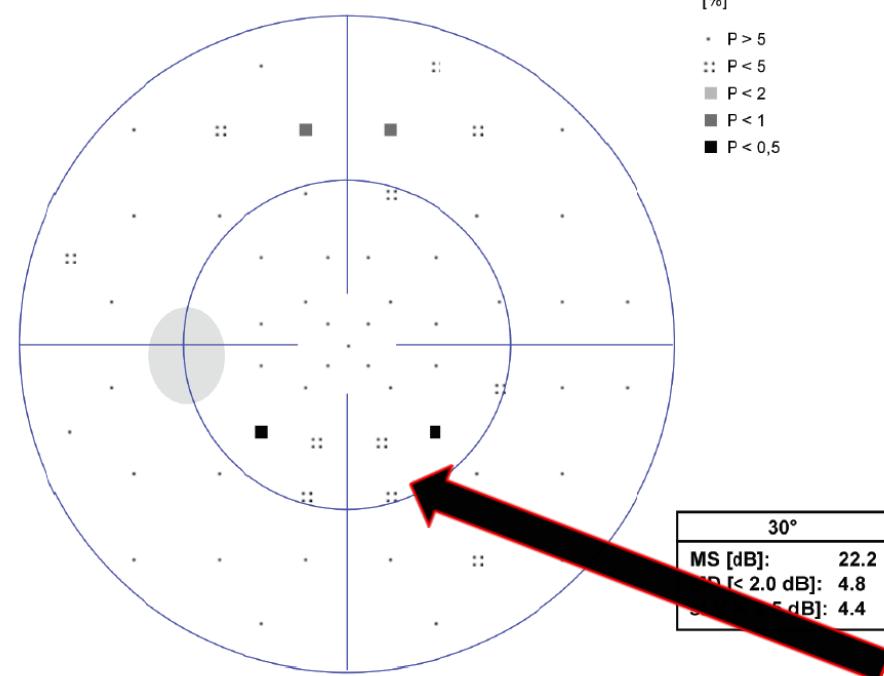


Programs: G Standard White/White / TOP Questions / repetitions: 71 / 0  
Parameters: 31.4 / 4000 asb III 100 ms Duration: 02:20  
Catch trials: 0/7 (0%) +, 1/7 (14%) -  
Trial lens : -2.0   
Pupil [mm]: 2.9  
NV: T53 V2.1

Comment:

Left eye (OS) / 08/31/2019 / 10:52:19

Corrected probabilities



Programs: G Standard White/White / TOP Questions / repetitions: 69 / 0  
Parameters: 31.4 / 4000 asb III 100 ms Duration: 02:16  
Catch trials: 0/7 (0%) +, 0/7 (0%) -  
Trial lens : -2.0   
Pupil [mm]: 4.7  
NV: T53 V2.1

Comment:



No glaucoma?

Glaucoma light?

**Diagnosis?**

Glaucoma medium?

Glaucoma dark?



What's your plan?

Observe?

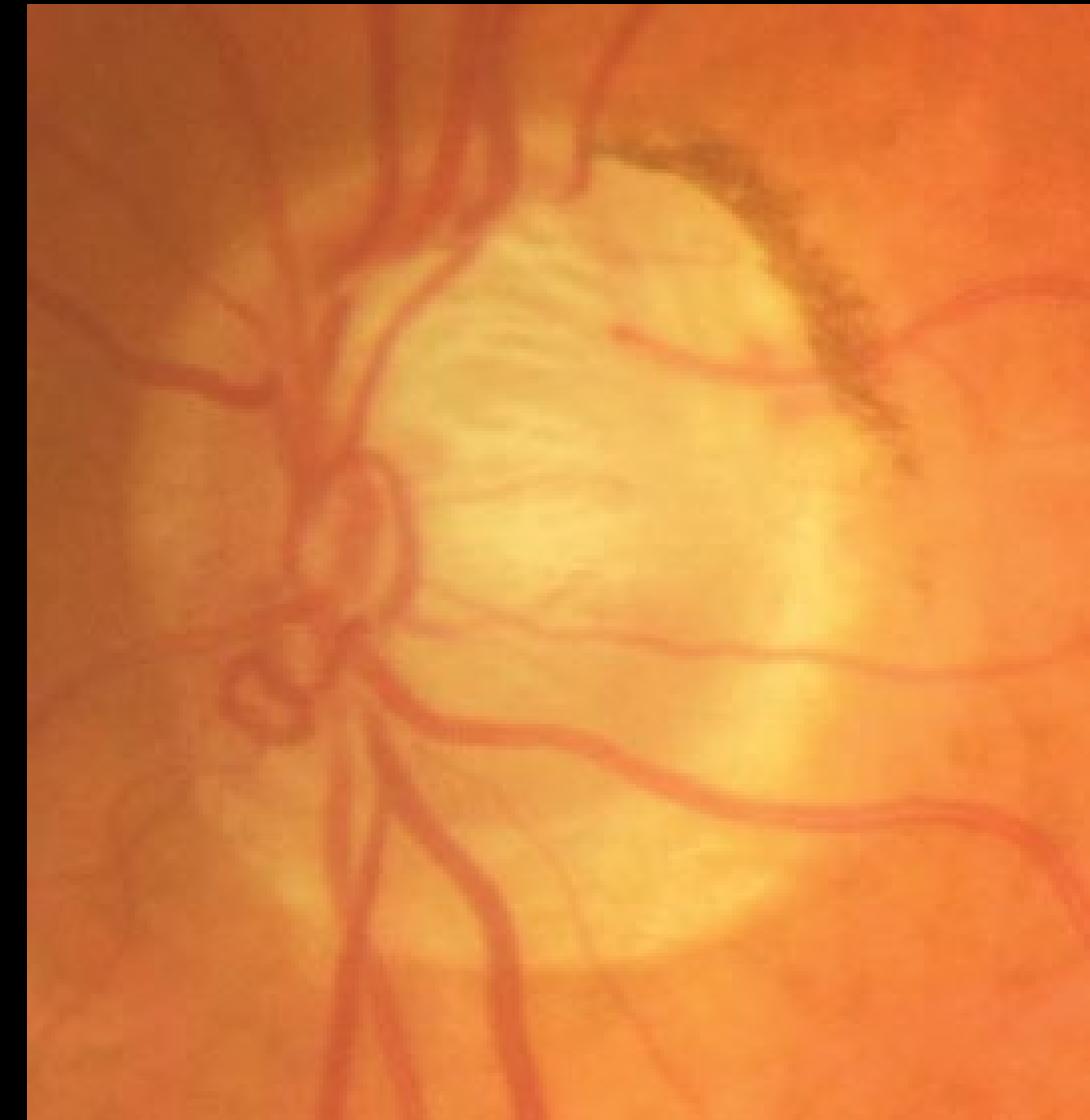
Treat?

# Case 3

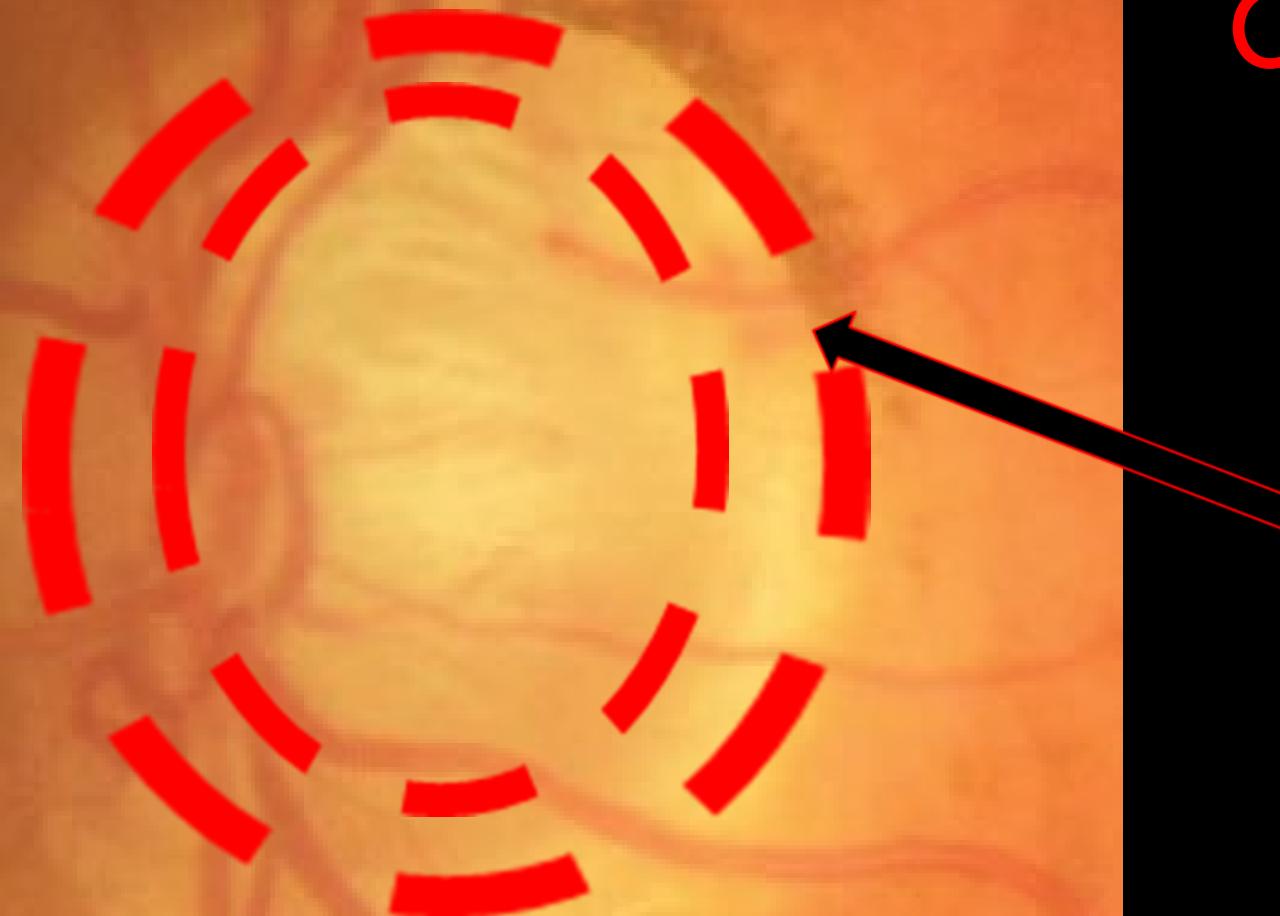
- 75 y/o Caucasian male
- V/A = 20/25- OU
- IOP's low 20's
- Vague family history
- Weight 145 lbs.
- History of heart problems – bypass surgery



# Case 3

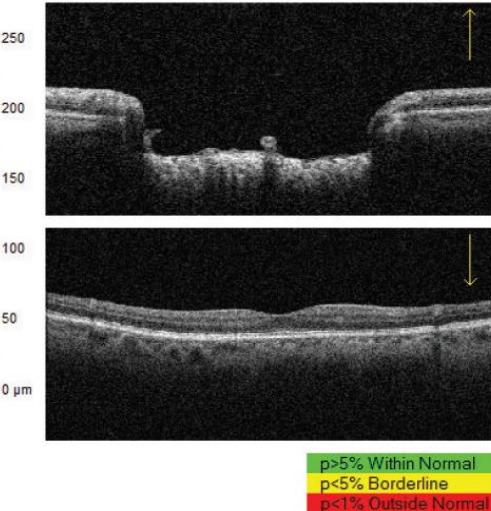
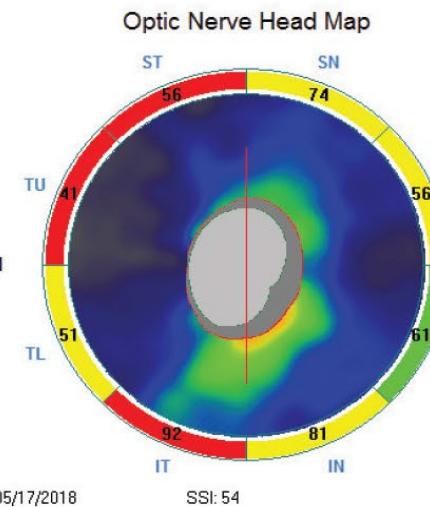
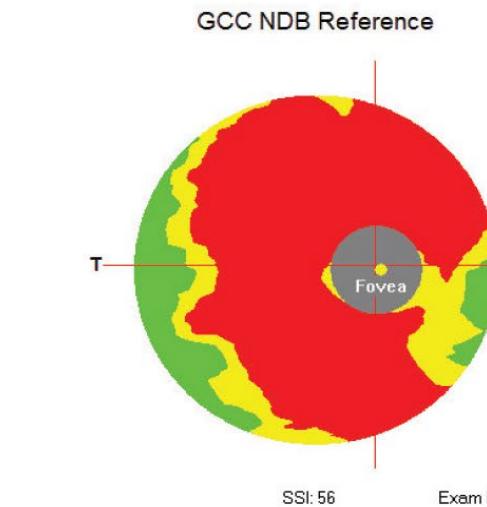


Case 3



# Case 3

Right / OD



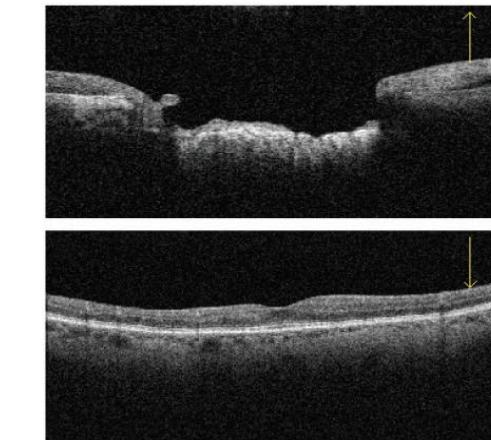
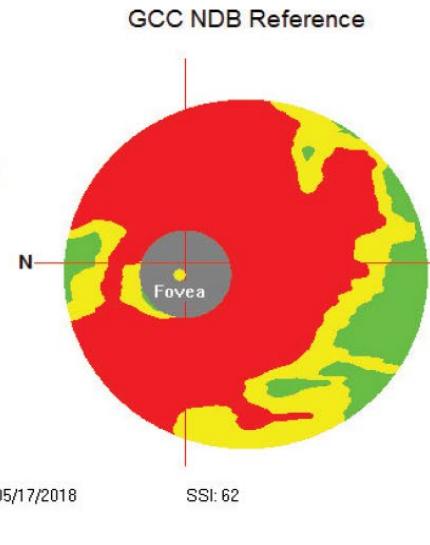
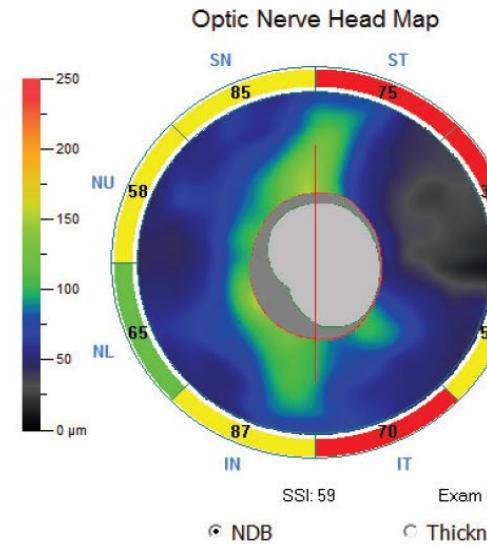
## Summary Parameters

	OD	OS	Inter Eye (OD-OS)
Avg RNFL Thickness	64	65	-1
Avg Superior RNFL	57	62	-5
Avg Inferior RNFL	71	69	2
Intra Eye (S-I)	-14	-7	N/A

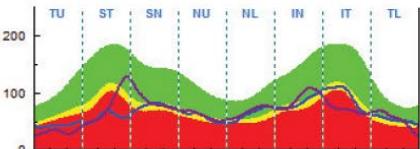
	OD	OS	Inter Eye (OD-OS)
Cup/Disc Area Ratio	0.69	0.70	-0.01
Cup/Disc V. Ratio	0.89	0.89	0.00
Cup/Disc H. Ratio	0.88	0.89	-0.01
Rim Area ( $\text{mm}^2$ )	0.79	0.90	-0.11
Disc Area ( $\text{mm}^2$ )	2.54	3.00	-0.46
Cup Volume ( $\text{mm}^3$ )	0.600	0.742	-0.142

	OD	OS	Inter Eye (OD-OS)
Total	67.53	66.13	1.40
Superior	63.65	62.49	1.16
Inferior	71.39	69.76	1.63
Intra Eye (S-I)	-7.74	-7.27	N/A
FLV (%)	8.541	10.366	-1.825
GLV (%)	28.114	29.141	-1.027

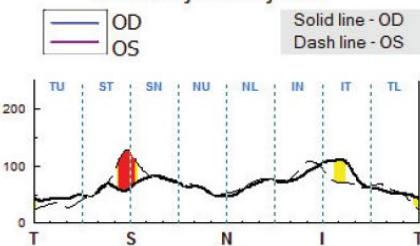
Left / OS



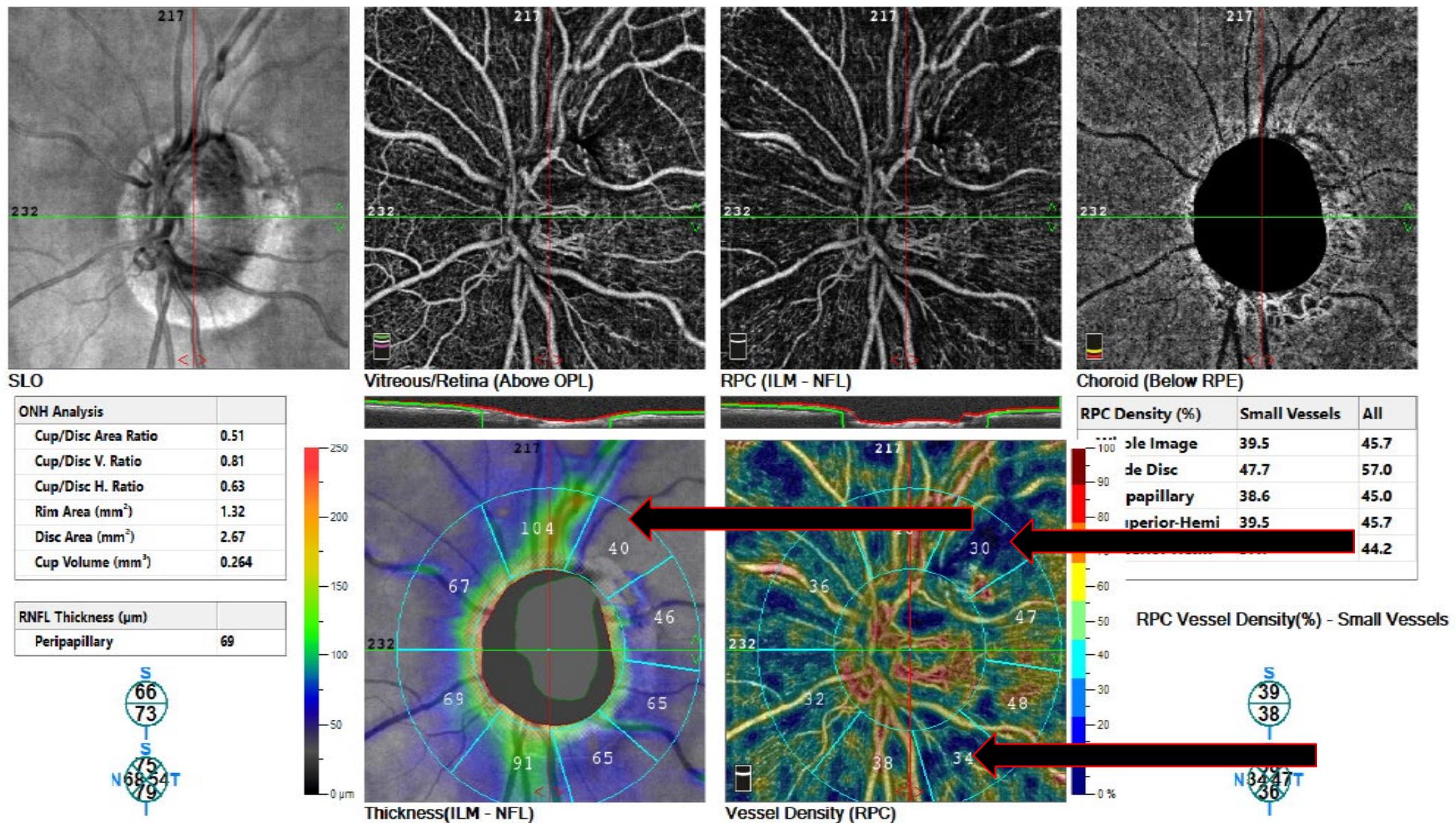
## TSNIT NDB Reference



## TSNIT Symmetry Plot



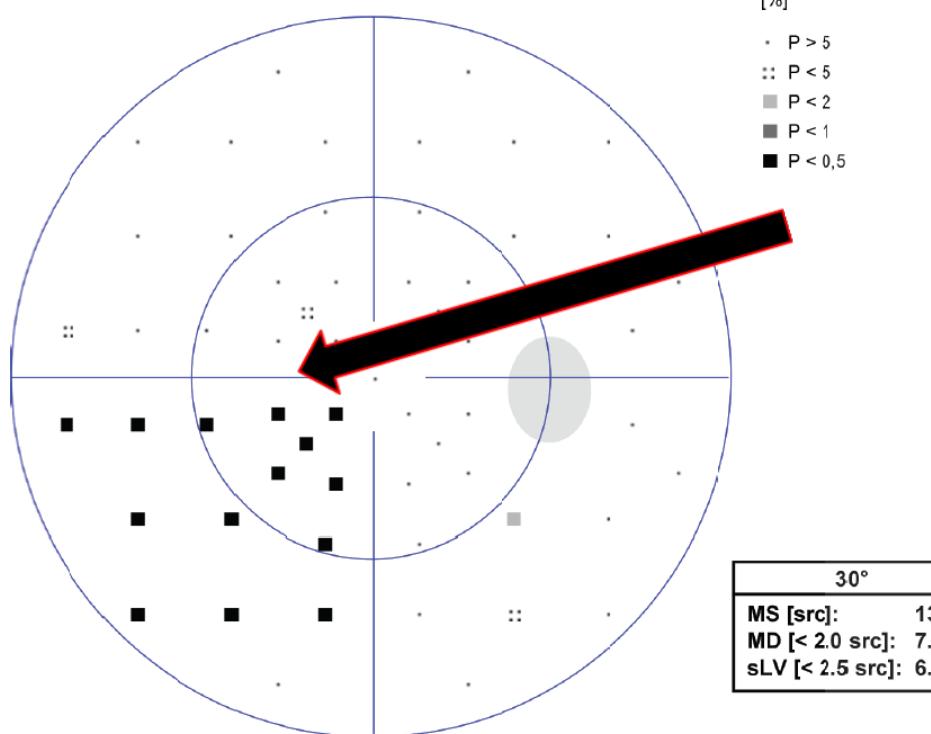
# Case 3



# Case 3

Right eye (OD) / 05/17/2018 / 09:21:55

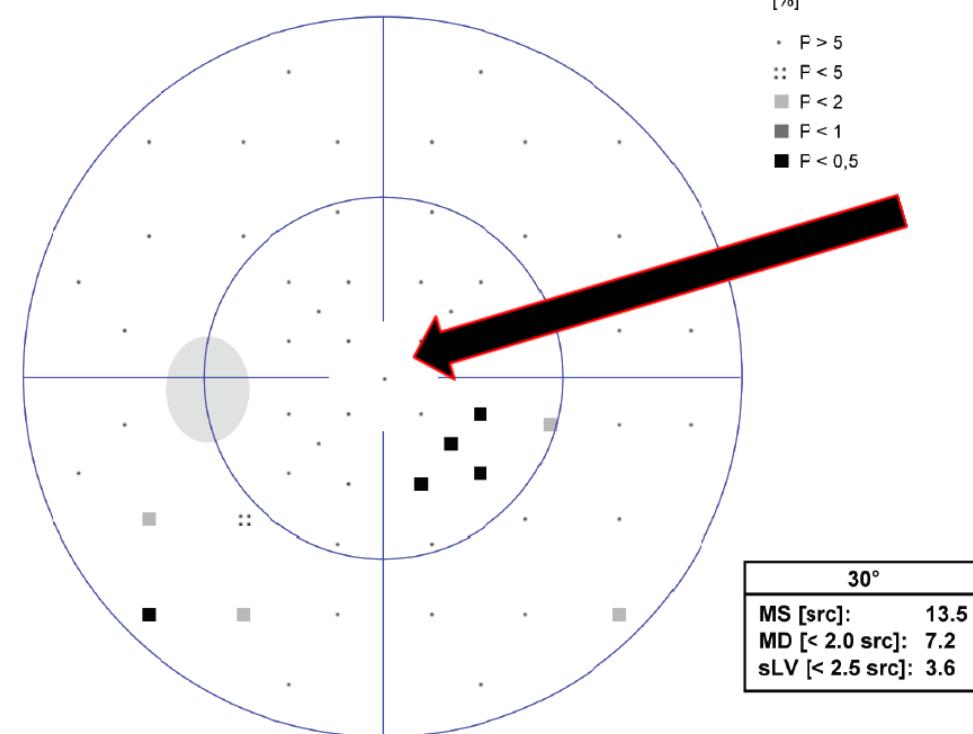
Corrected probabilities



Programs: G P Pulsar / 200 TOP Questions / repetitions: 69 / 0  
 Parameters: 100 / 200 asb 500 ms Duration: 03:16  
 Catch trials: 1/7 (14%) +, 0/7 (0%) - RF: 7.1  
 Trial lens : VA [m]:  
 Pupil [mm]: 2.4 IOP [mmHg]:  
 NV: T54 V2.1

Left eye (OS) / 05/17/2018 / 09:25:39

Corrected probabilities



Programs: G P Pulsar / 200 TOP Questions / repetitions: 69 / 0  
 Parameters: 100 / 200 asb 500 ms Duration: 03:00  
 Catch trials: 0/7 (0%) +, 0/7 (0%) - RF: 0.0  
 Trial lens : VA [m]:  
 Pupil [mm]: 4.5 IOP [mmHg]:  
 NV: T54 V2.1

No glaucoma?

Glaucoma light?

**Diagnosis?**

Glaucoma medium?

Glaucoma dark?



What's your plan?

Observe?

Treat?

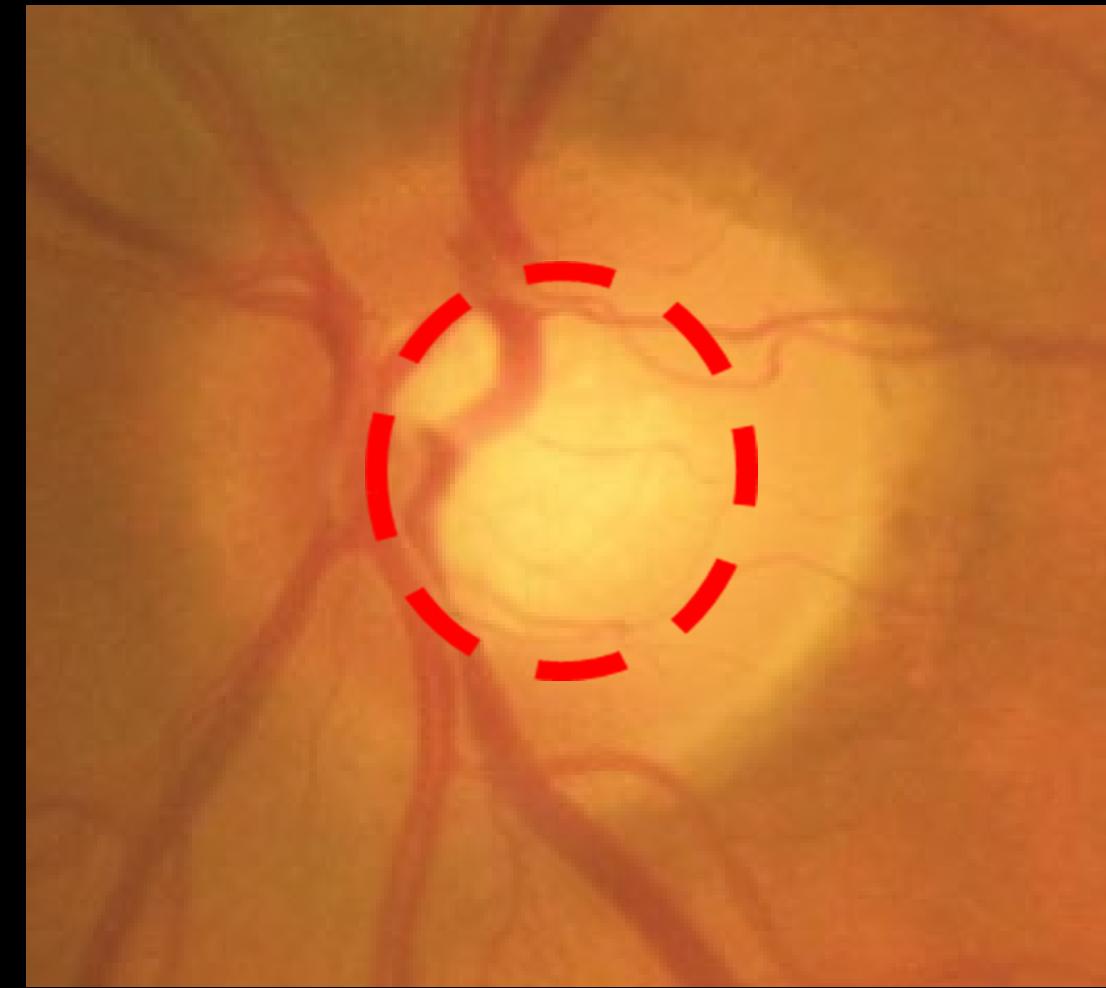
64 y/o Caucasian male

When do YOU  
“chicken out”?

- IOP = 29, 30
- Positive family history POAG
- History of well controlled Epilepsy
- Open angles flat iridies light pigment
- Small nerves



# Case 4









No glaucoma?

Glaucoma light?

**Diagnosis?**

Glaucoma medium?

Glaucoma dark?



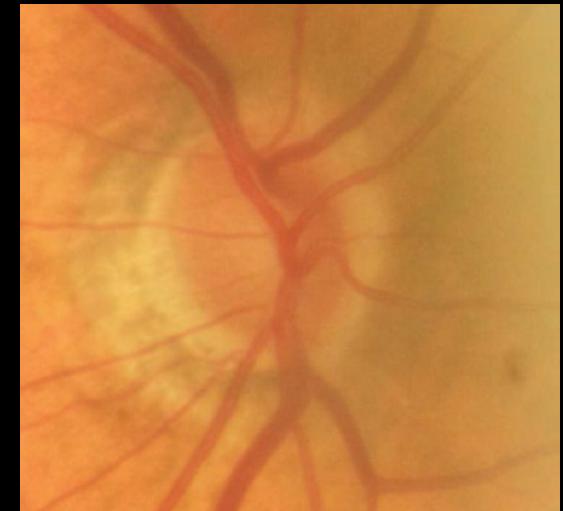
What's your plan?

Observe?

Treat?

# Case 5

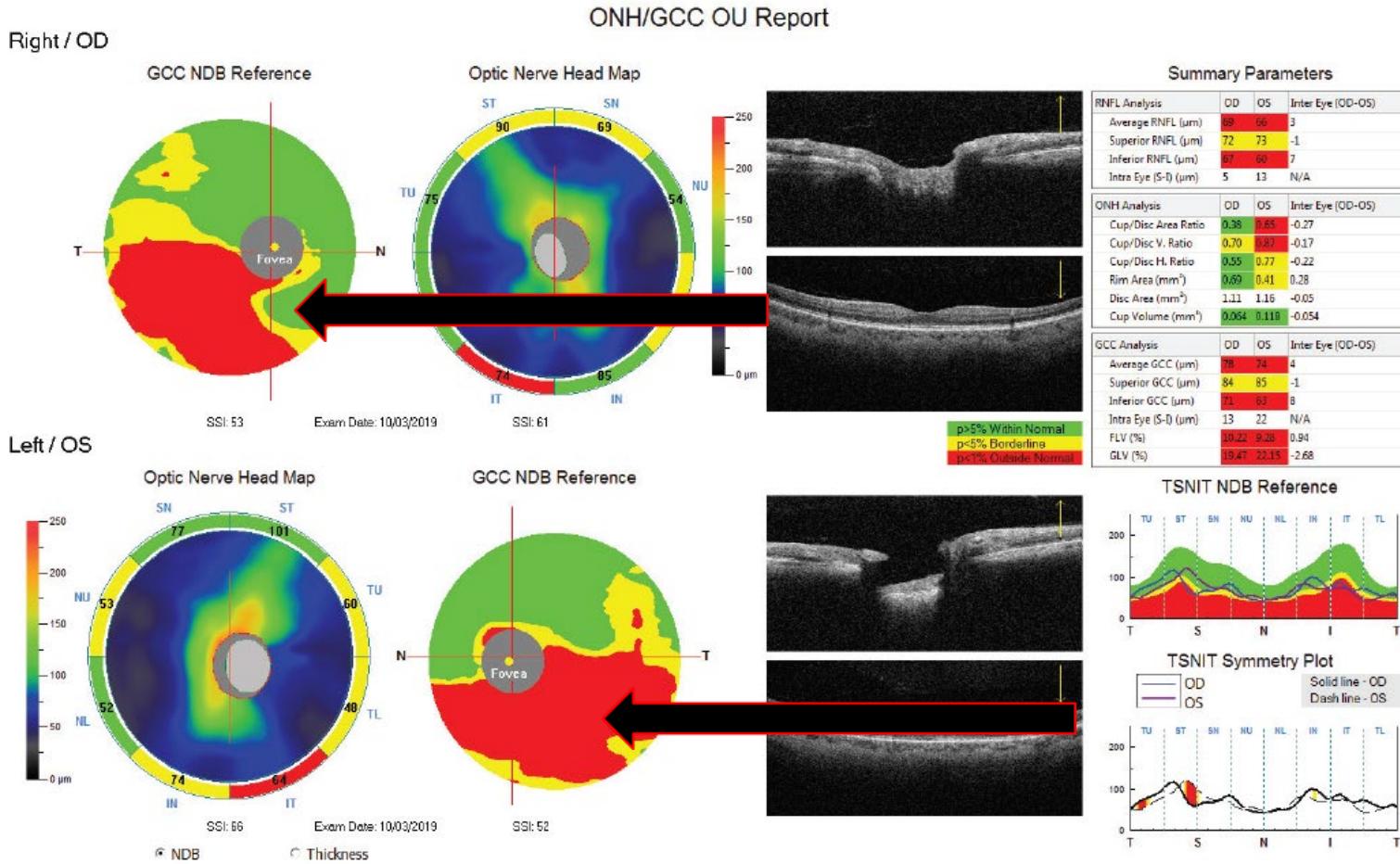
- Slender 65 y/o Caucasian female
- -700 OU = 20/20-
- IOP max = 21mm Hg
- B/P – 101 / 64
- Glaucoma history sisters and mother
- Small deceptive nerves



Case 5

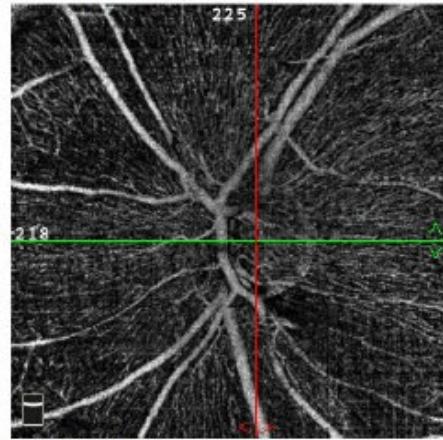
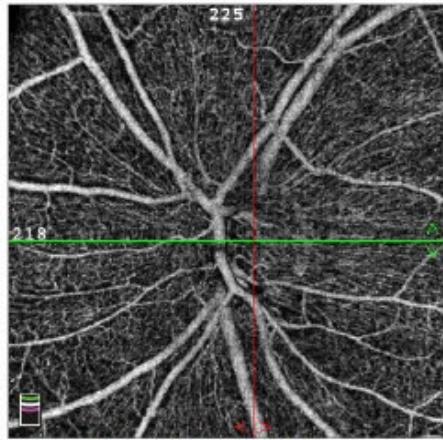
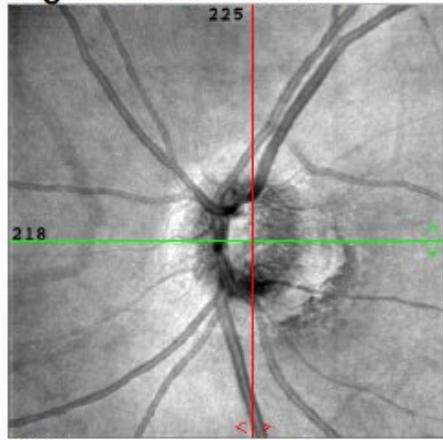


# Case 5

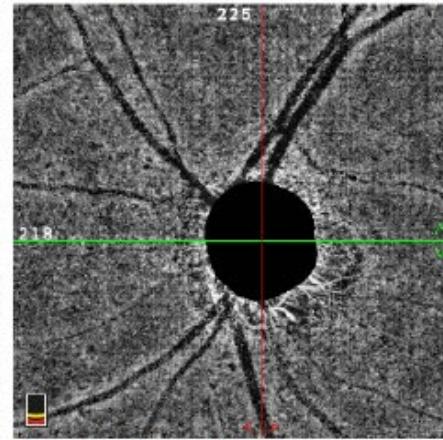


# Case 5

## Angio Disc QuickVue



Scan Quality 8/10



Left / OS

Exit

Print

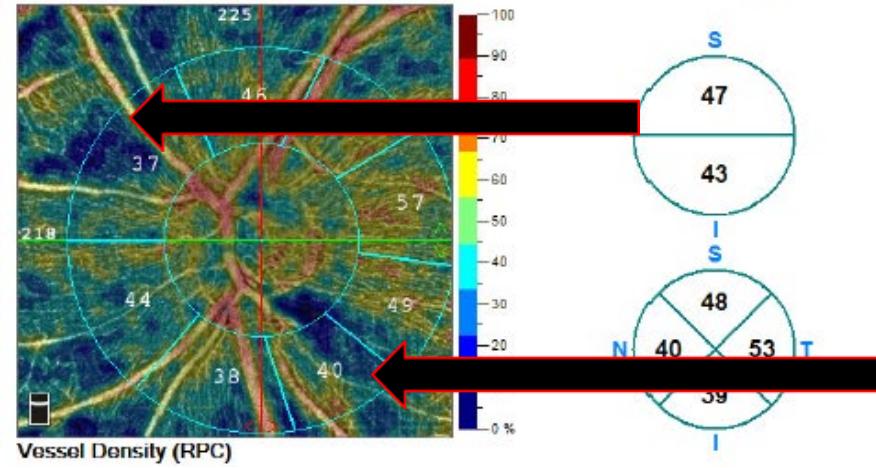
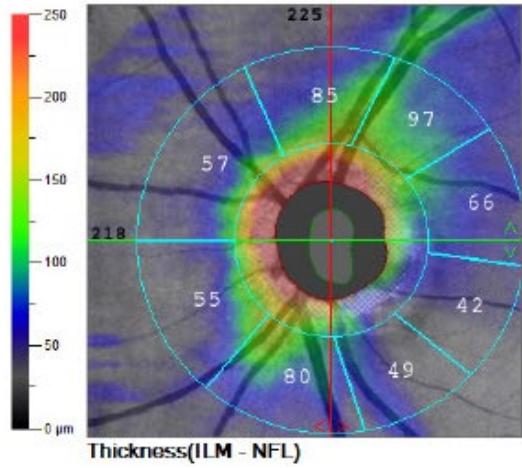
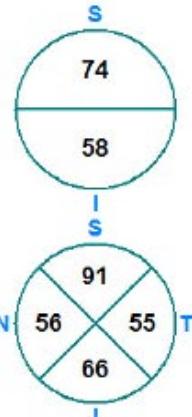
OverVue

Show Lines

SLO

ONH Analysis	
Cup/Disc Area Ratio	0.27
Cup/Disc V. Ratio	0.66
Cup/Disc H. Ratio	0.40
Rim Area (mm <sup>2</sup> )	0.82
Disc Area (mm <sup>2</sup> )	1.11
Cup Volume (mm <sup>3</sup> )	0.039

RNFL Thickness (μm)	
Peripapillary	66



Show Bnd

Angio Overlay

Auto Zoom

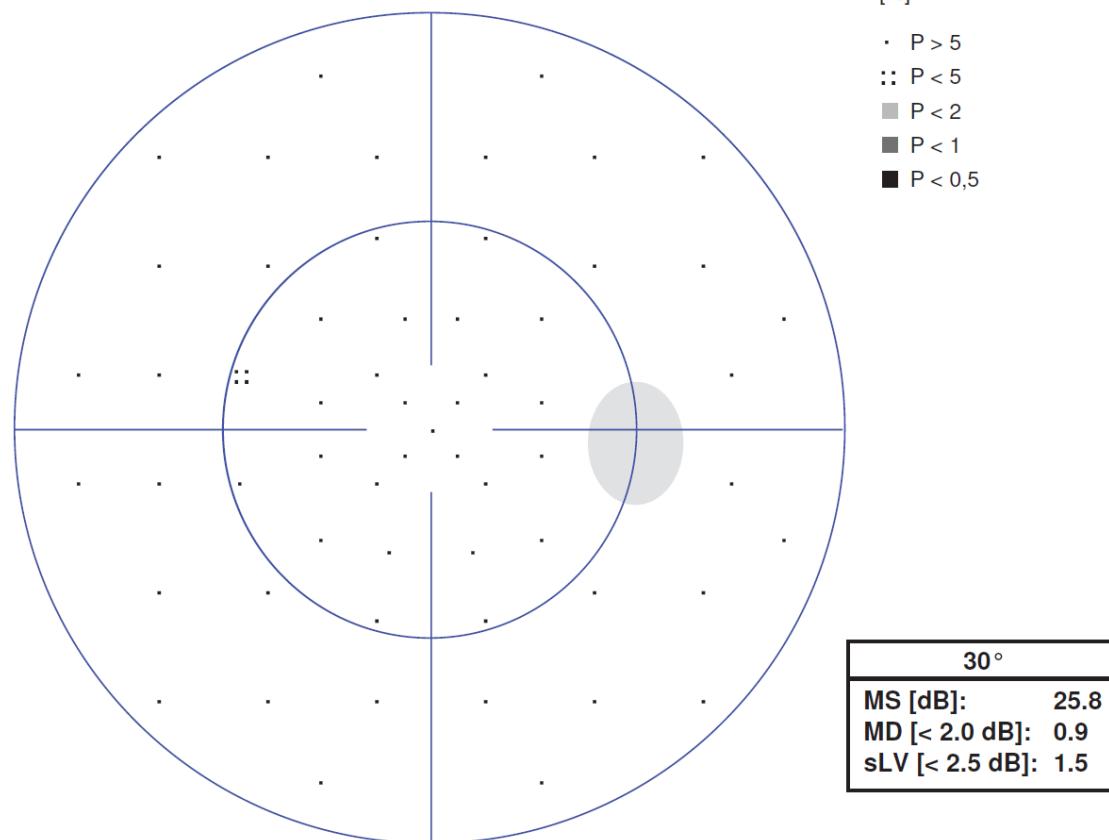


Overlay

# Case 5

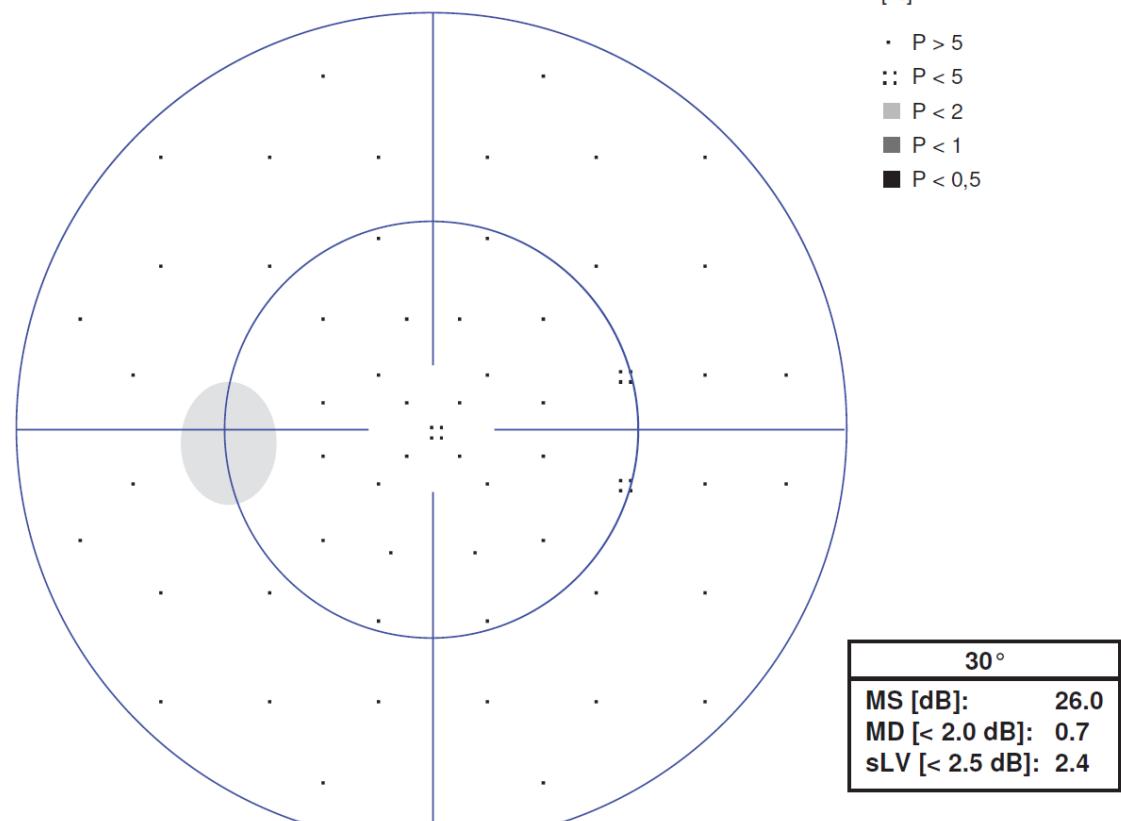
Right eye (OD) / 10/03/2019 / 12:38:32

Corrected probabilities



Left eye (OS) / 10/03/2019 / 12:43:53

Corrected probabilities



No glaucoma?

Glaucoma light?

**Diagnosis?**

Glaucoma medium?

Glaucoma dark?



What's your plan?

Observe?

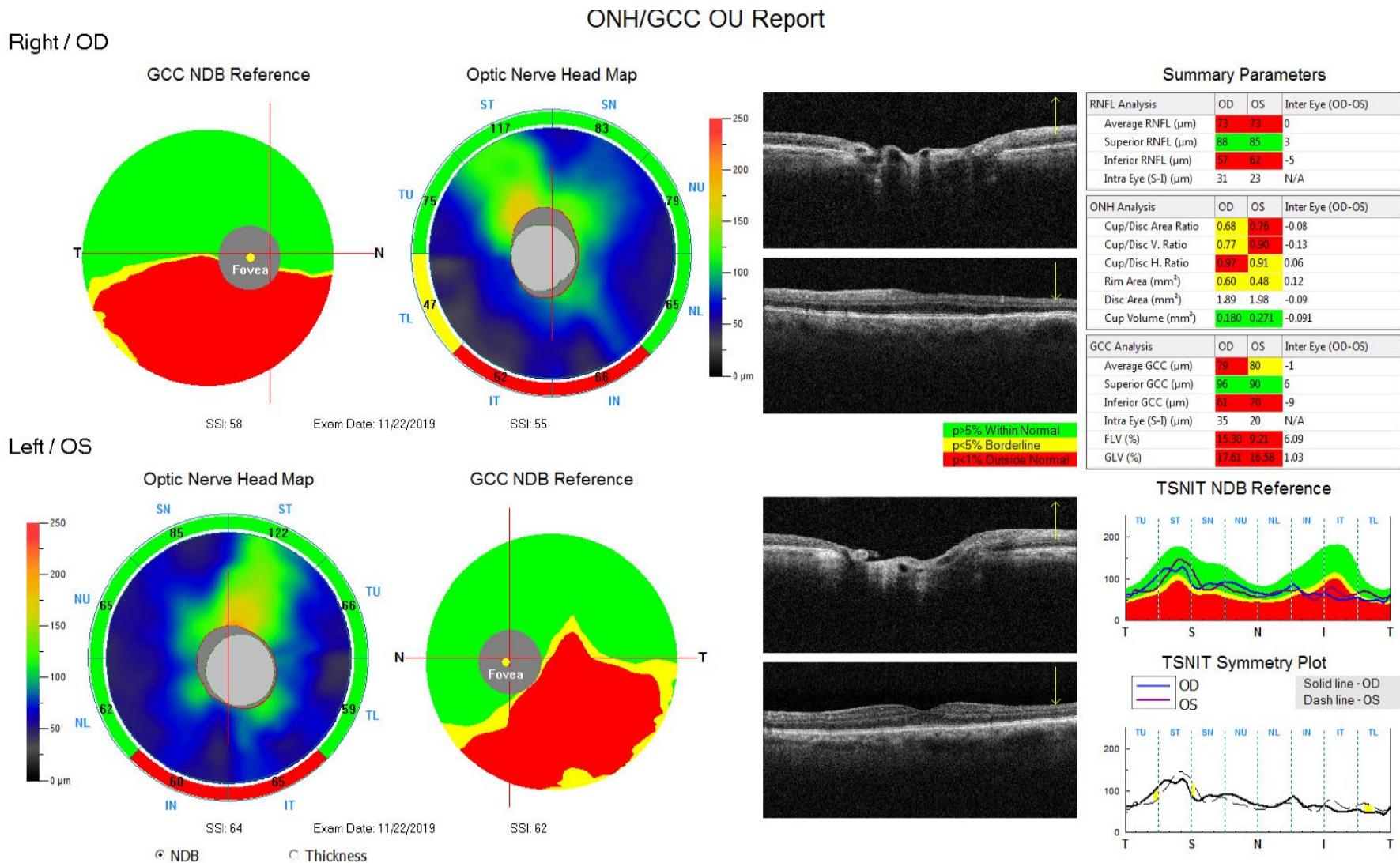
Treat?

## Case 6

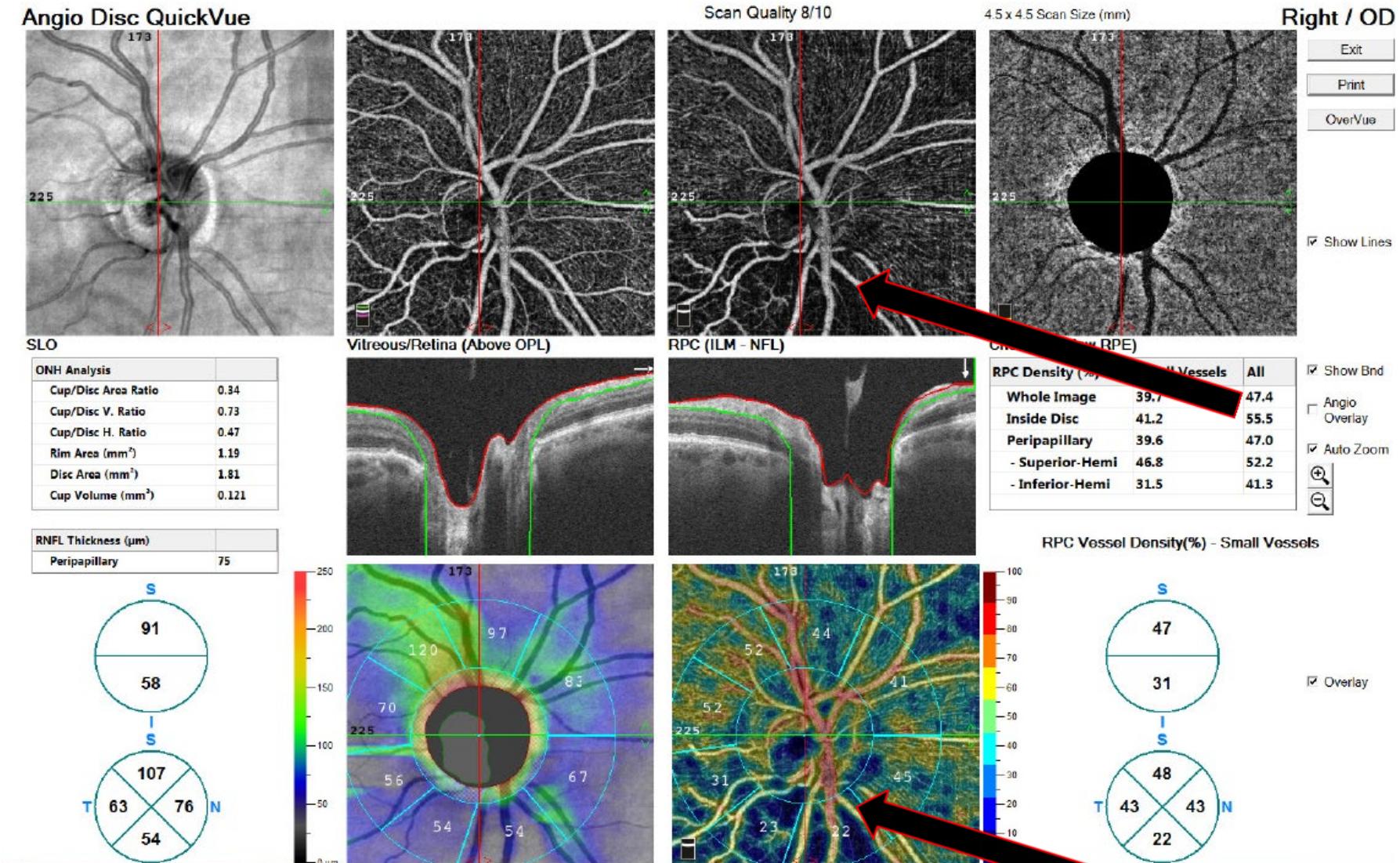


- 82 y/o Caucasian female
- Untreated IOP's high 20's
- Unknown family history

# Case 6



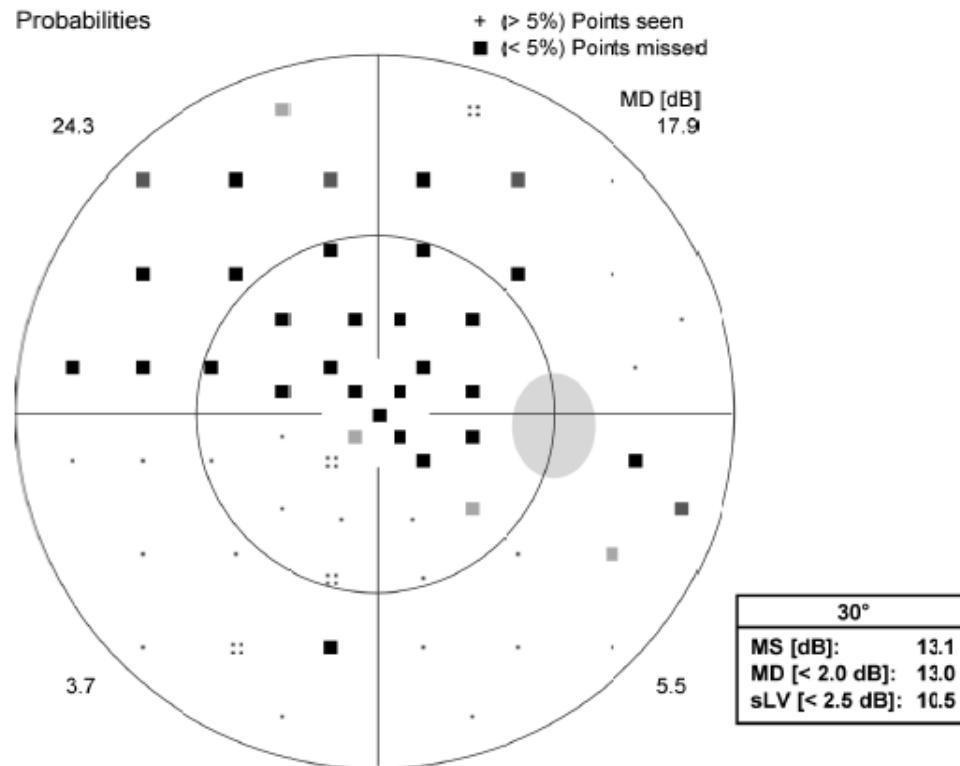
# Case 6



# Case 6

Right eye (OD) / 11/22/2019 / 11:42:17

Probabilities

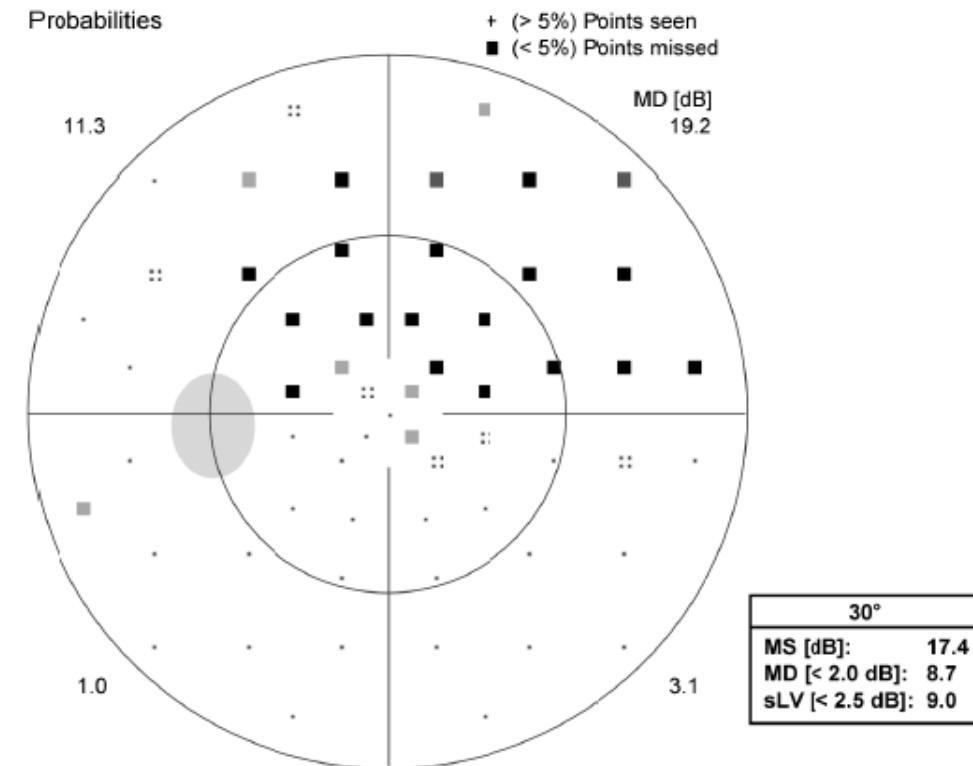


Programs: G Standard White/White / TOP Questions / repetitions: 69 / 0  
 Parameters: 31.4 / 4000 asb III 100 ms Duration: 02:47  
 Catch trials: 2/7 (29%) +, 0/7 (0%) - RF: 14.2  
 Trial lens: Pupil [mm]: 5.2 VA [m]:  
 NV: T53 V2.1 IOP [mmHg]:

Comment:

Left eye (OS) / 11/22/2019 / 11:45:56

Probabilities



Programs: G Standard White/White / TOP Questions / repetitions: 69 / 0  
 Parameters: 31.4 / 4000 asb III 100 ms Duration: 02:14  
 Catch trials: 0/7 (0%) +, 3/7 (43%) - RF: 21.4  
 Trial lens: Pupil [mm]: 5.7 VA [m]:  
 NV: T53 V2.1 IOP [mmHg]:

Comment:

No glaucoma?

Glaucoma light?

**Diagnosis?**

Glaucoma medium?

Glaucoma dark?



What's your plan?

Observe?

Treat?

Don't be afraid to ...

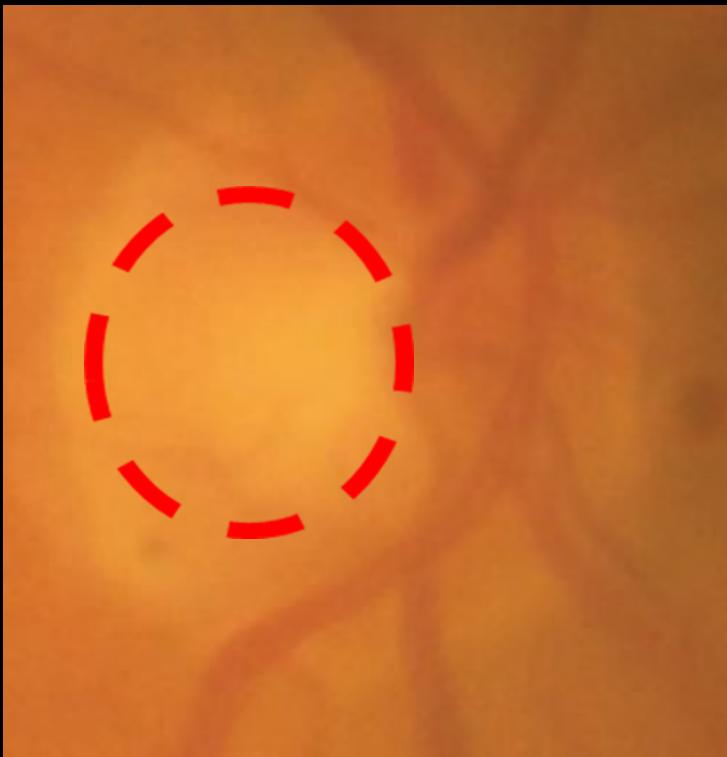
Make the eye **RED**.....



# Case 7

- 76-year-old Caucasian male
- Low hyperopia 20/25 best V/A
- 1+ cataract OU
- Brother and mother POAG
- Previous doctors noted high IOP – never treated
- IOP's 30, 29

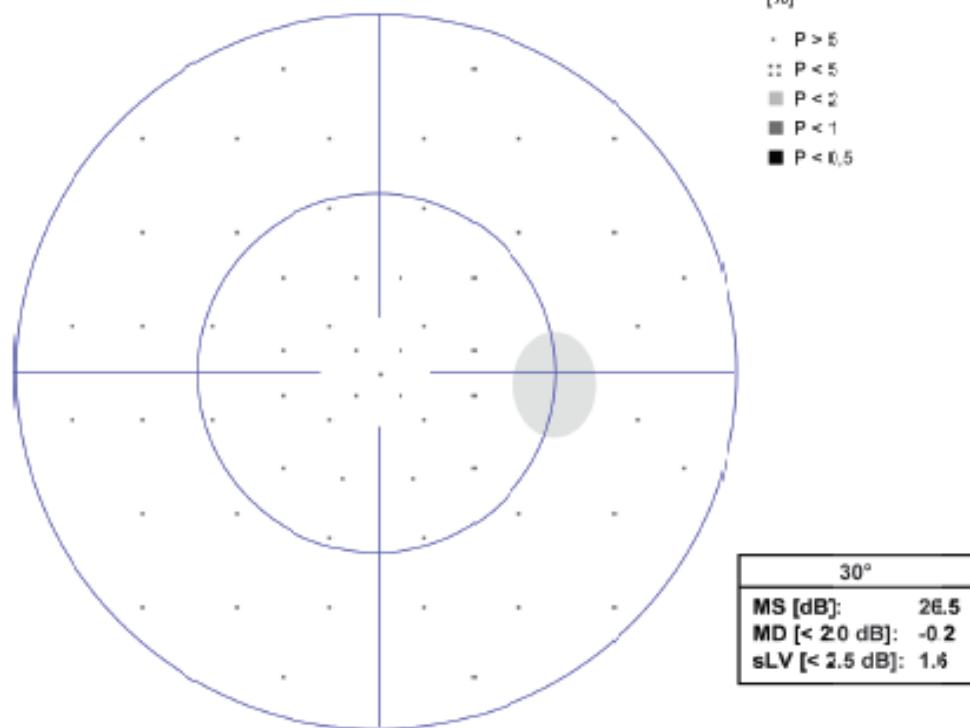
# Case 7



# Case 7

Right eye (OD) / 12/17/2019 / 10:19:29

Corrected probabilities

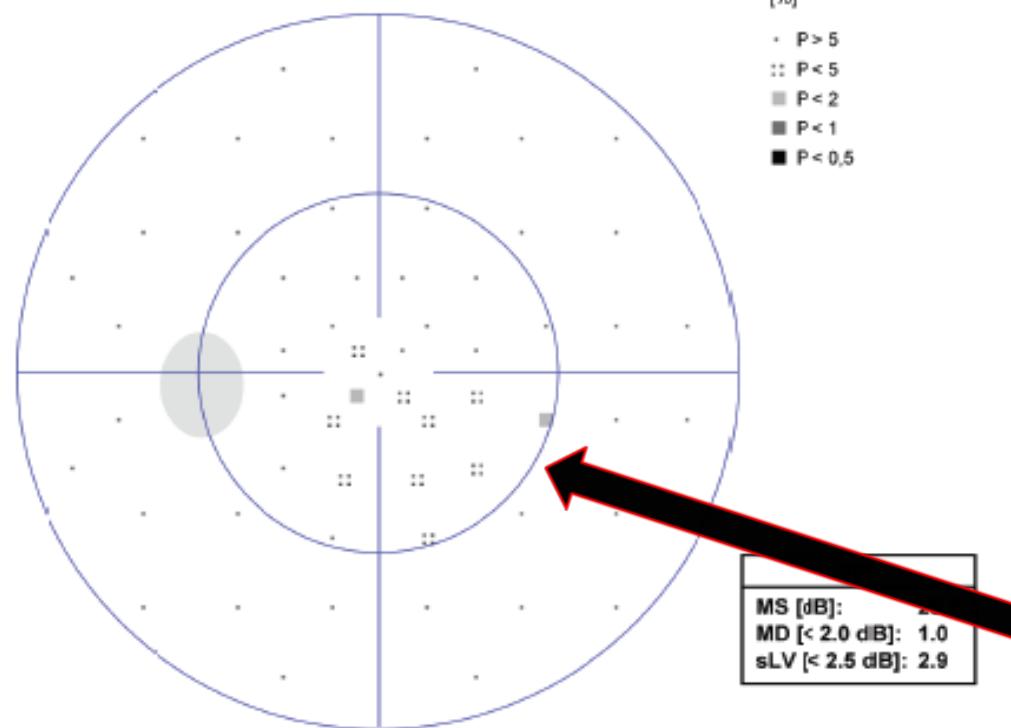


Programs: G Standard White/White / TOP Questions /repetitions: 69 / 0  
Parameters:31.4 / 4000 asb III 100 ms Duration: 02:07  
Catch trials:0/7 (0%) +, 0/7 (0%) - RF: 0.0  
Trial lens :  
Pupil [mm]: 3.7 VA [m]:  
NV: T53 V2.1 IOP [mmHg]:

Comment:

Left eye (OS) / 12/17/2019 / 10:22:03

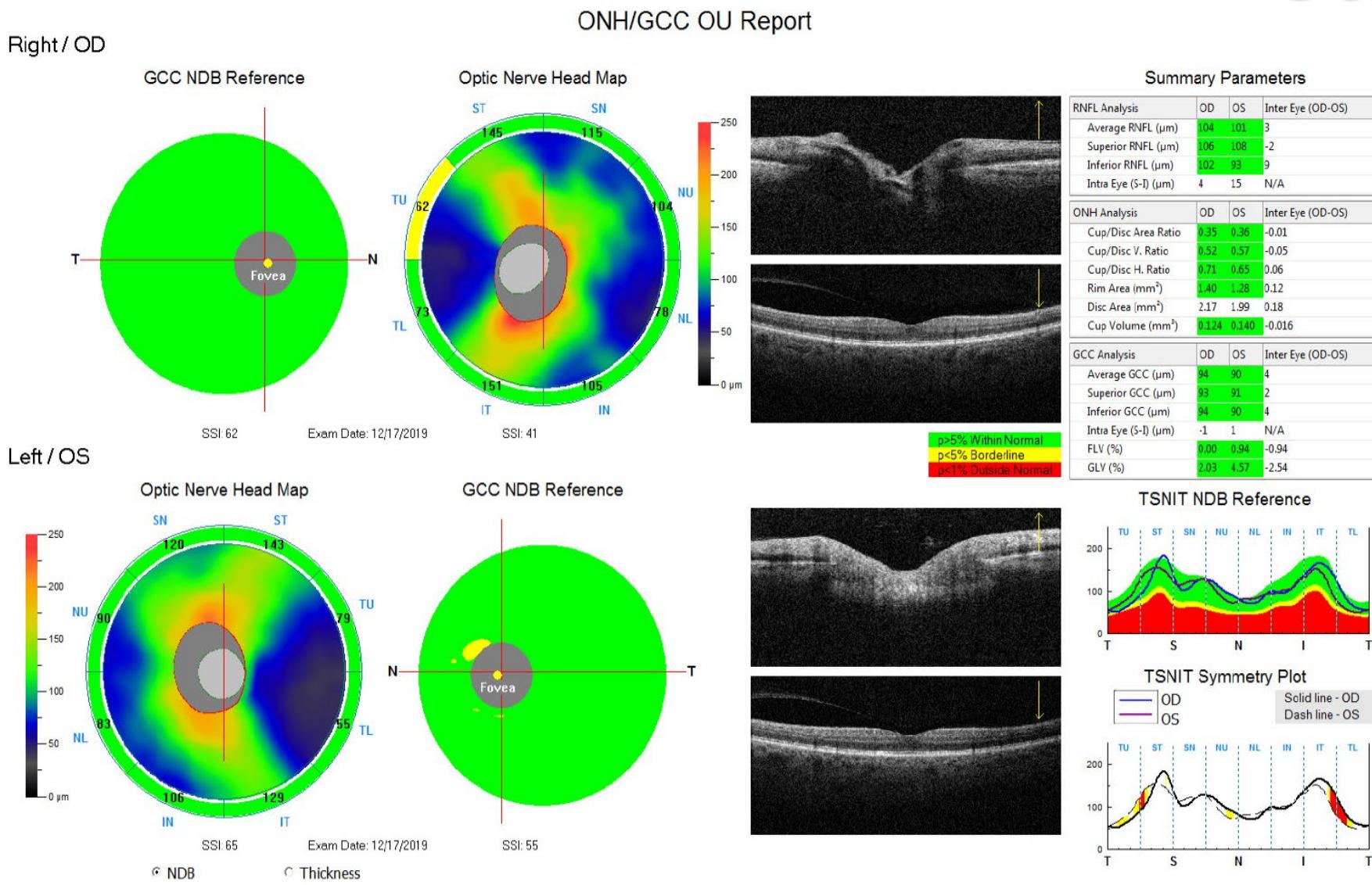
Corrected probabilities



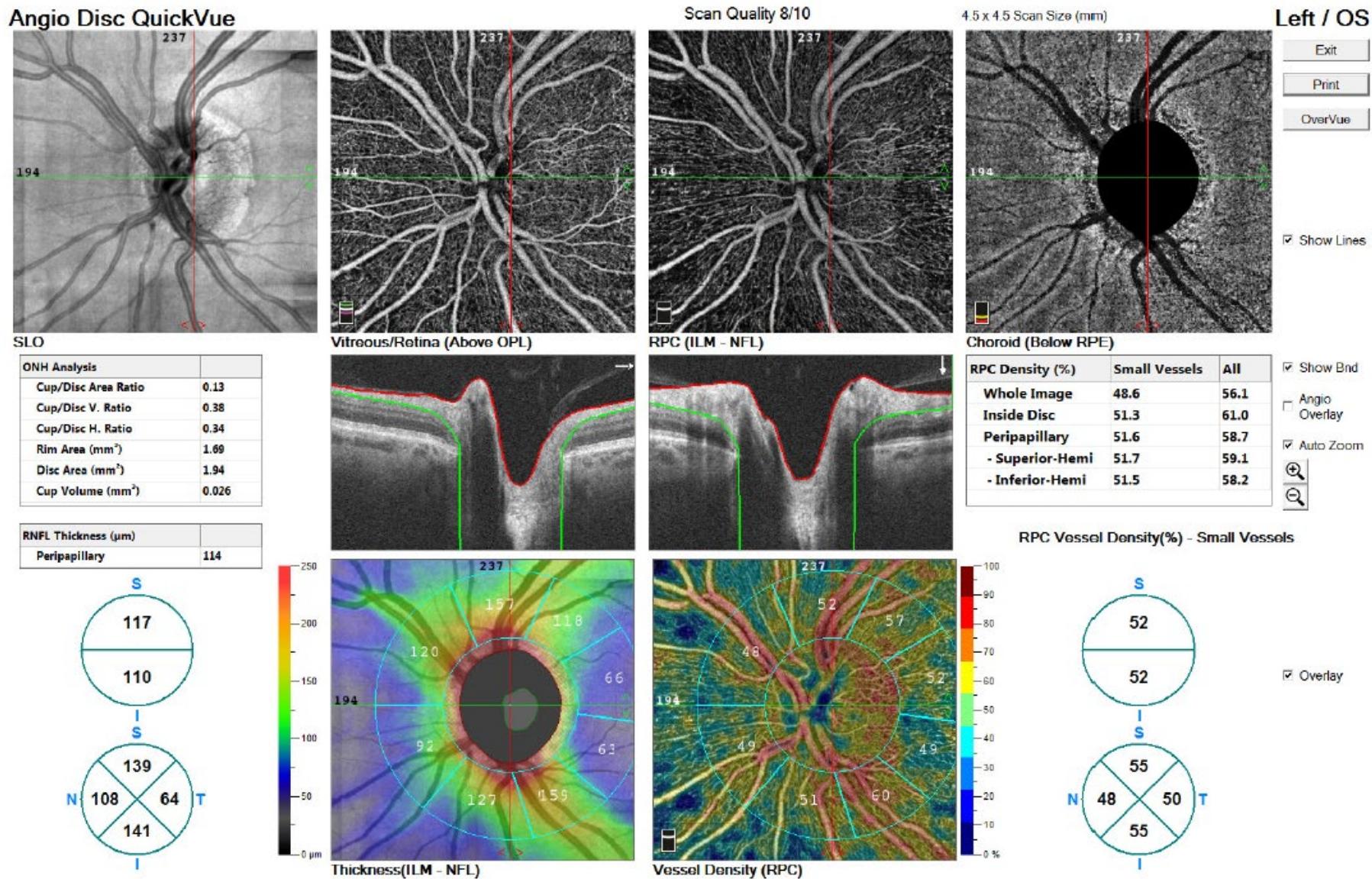
Programs: G Standard White/White / TOP Questions /repetitions: 71 / 1  
Parameters:31.4 / 4000 asb III 100 ms Duration: 02:16  
Catch trials:1/7 (14%) +, 0/7 (0%) - RF: 7.1  
Trial lens :  
Pupil [mm]: 3.9 VA [m]:  
NV: T53 V2.1 IOP [mmHg]:

Comment:

# Case 7



# Case 7



No glaucoma?

Glaucoma light?

**Diagnosis?**

Glaucoma medium?

Glaucoma dark?



What's your plan?

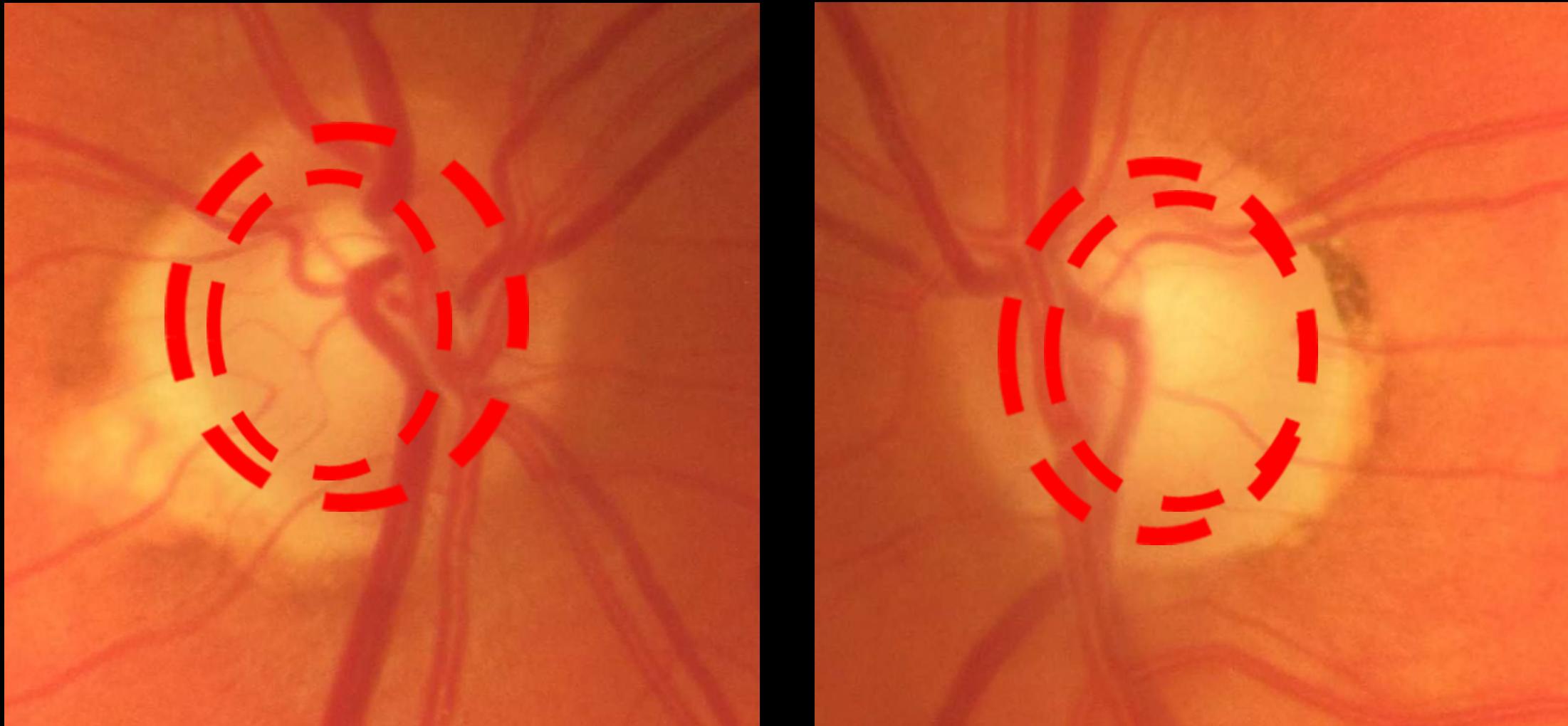
Observe?

Treat?

# Case 8

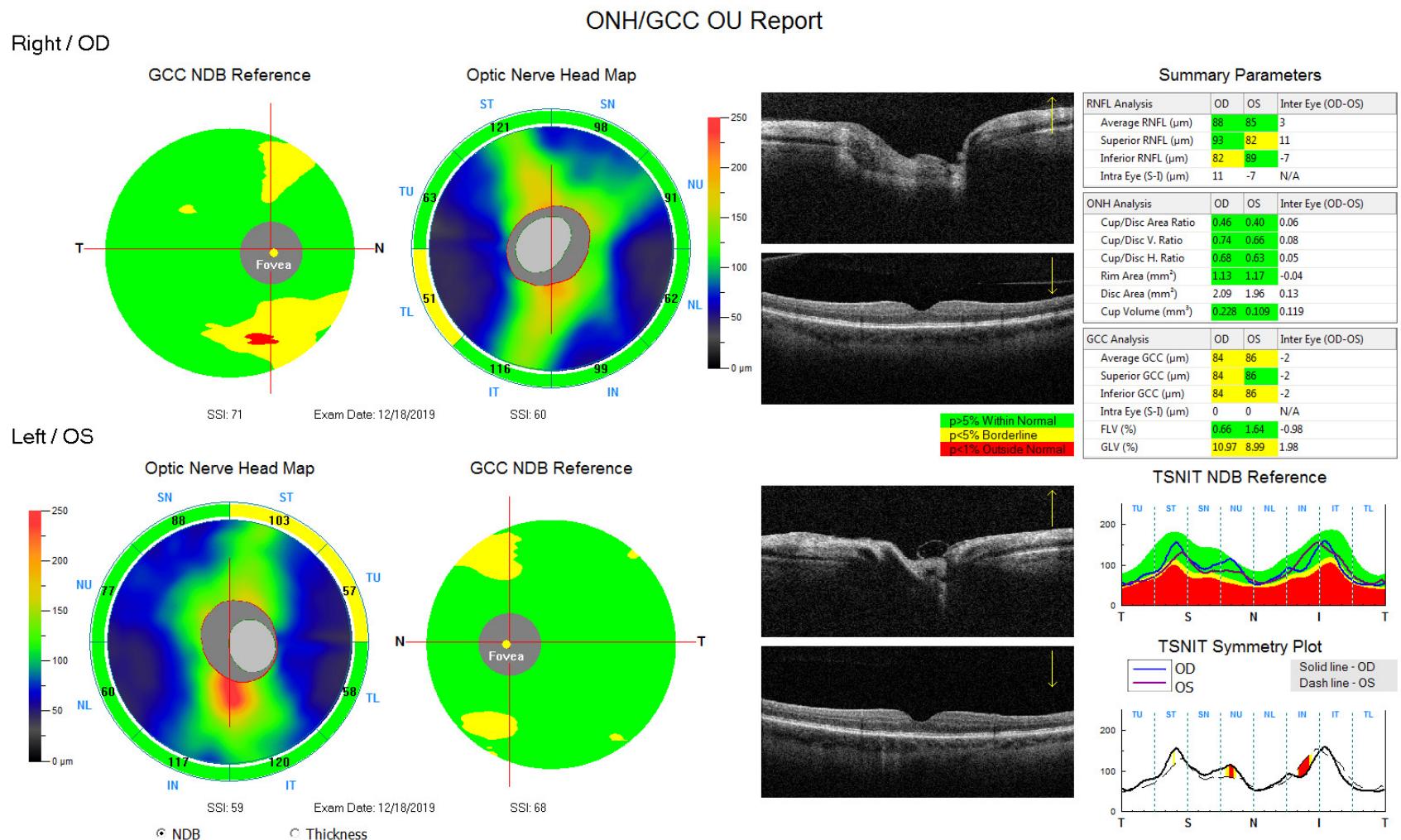
- 64 y/o Caucasian male
- T-2 diabetes – well controlled
- Low myopia 20/20- OU
- Faint cataract OU
- No family history of POAG
- IOP's 20, 21

# Case 8



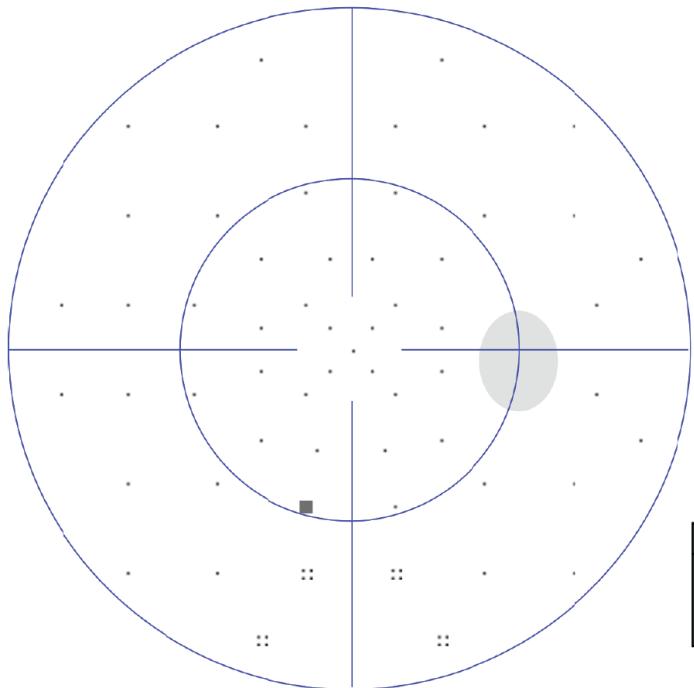
Harper's Point Eye Associates

# Case 8



# Case 8

Corrected probabilities



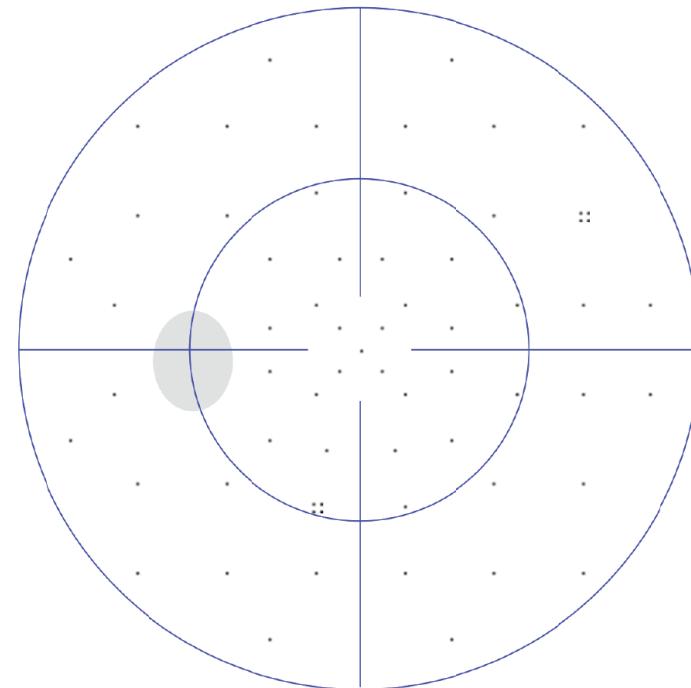
[%]

- P > 5
- :: P < 5
- P < 2
- P < 1
- P < 0,5

30°

MS [dB]:	26.6
MD [< 2.0 dB]:	0.3
sLV [< 2.5 dB]:	2.5

Corrected probabilities



[%]

- P > 5
- :: P < 5
- P < 2
- P < 1
- P < 0,5

30°

MS [dB]:	25.2
MD [< 2.0 dB]:	1.7
sLV [< 2.5 dB]:	2.4

Programs: G Standard White/White / TOP Questions / repetitions: 74 / 0  
 Parameters: 31.4 / 4000 asb III 100 ms Duration: 02:16  
 Catch trials: 0/7 (0%) +, 0/8 (0%) -  
 Trial lens : -1.0   
 Pupil [mm]: 2.7  
 NV: T53 V2.1

Programs: G Standard White/White / TOP Questions / repetitions: 71 / 0  
 Parameters: 31.4 / 4000 asb III 100 ms Duration: 02:14  
 Catch trials: 0/7 (0%) +, 0/7 (0%) -  
 Trial lens :   
 Pupil [mm]: 3.4  
 NV: T53 V2.1

No glaucoma?

Glaucoma light?

**Diagnosis?**

Glaucoma medium?

Glaucoma dark?



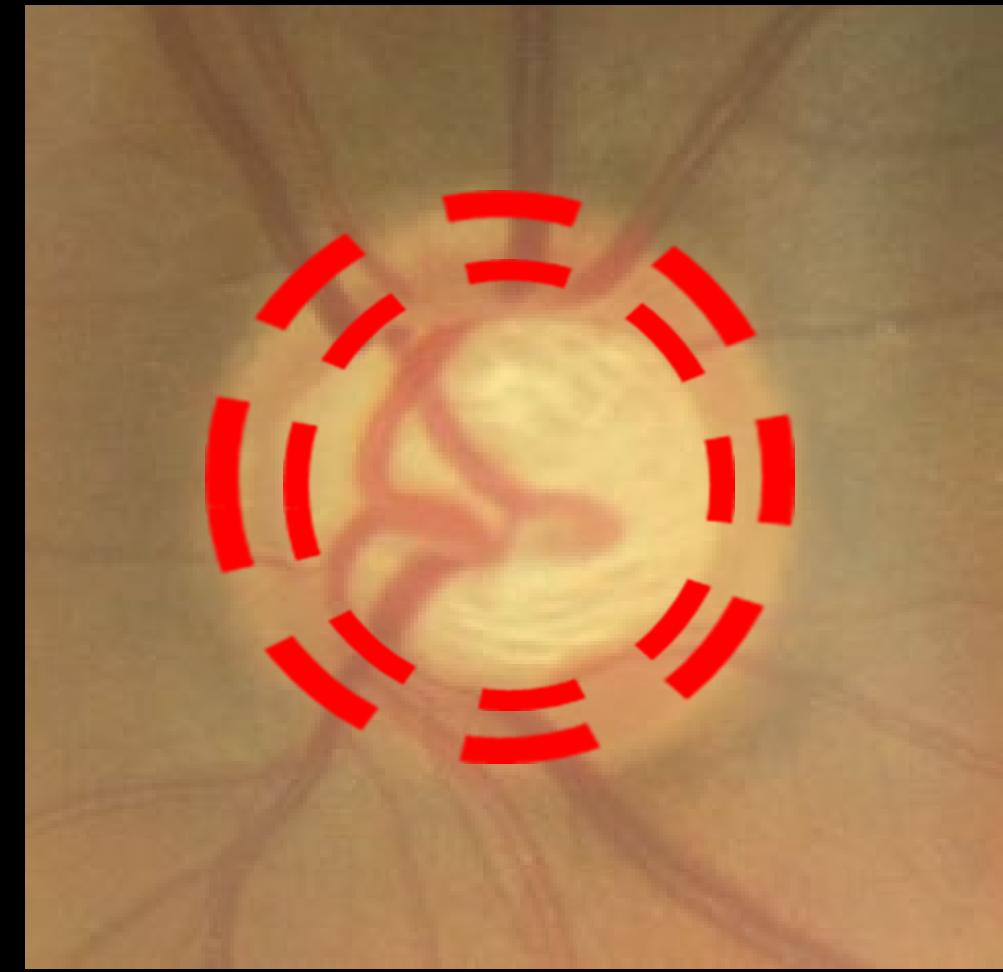
What's your plan?

Observe?

Treat?

# Case 9

- 64 y/o Guatemalan female
- Low hyperopia / presbyopia
- IOP's high teens
- Positive family history glaucoma
- Blood pressure about 90/60

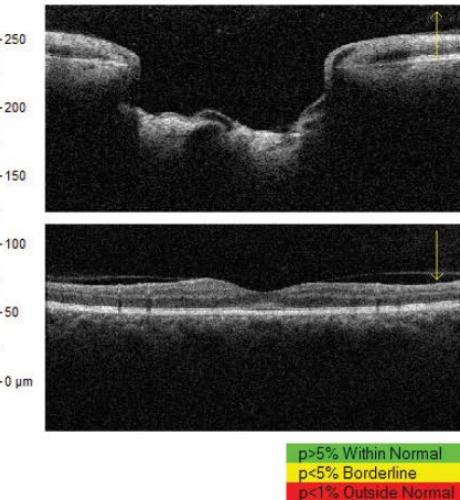
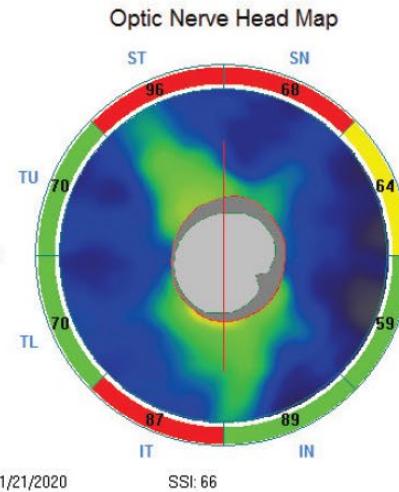
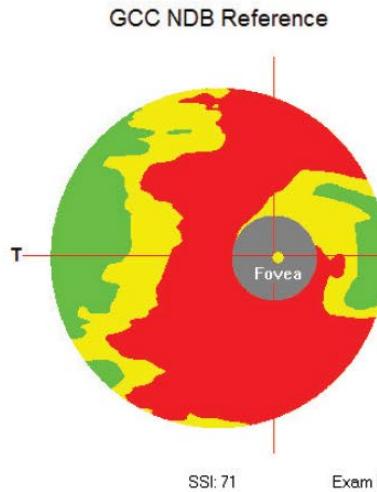


Harper's Point Eye Associates

# Case 9

## ONH/GCC OU Report

Right / OD



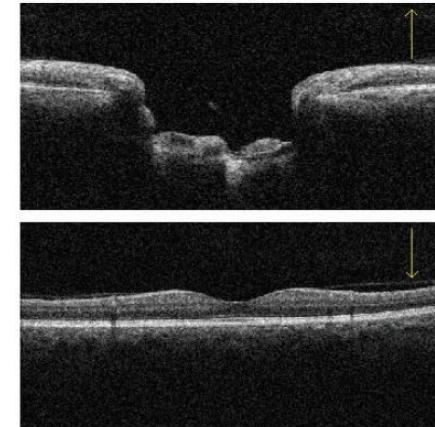
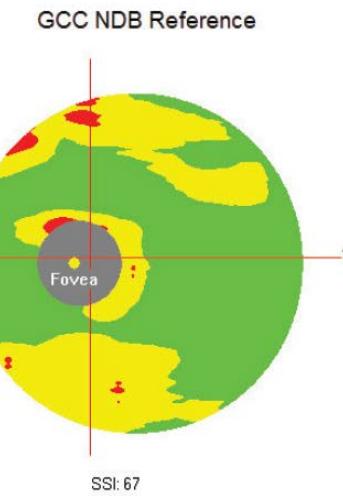
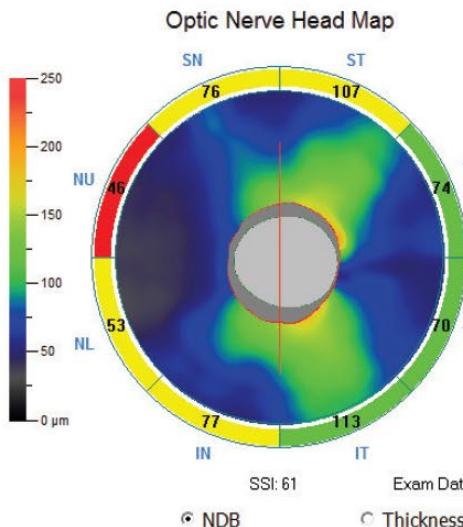
### Summary Parameters

RNFL Analysis	OD	OS	Inter Eye (OD-OS)
Average RNFL ( $\mu\text{m}$ )	75	77	-2
Superior RNFL ( $\mu\text{m}$ )	74	76	-2
Inferior RNFL ( $\mu\text{m}$ )	76	78	-2
Intra Eye (S-I) ( $\mu\text{m}$ )	-2	-2	N/A

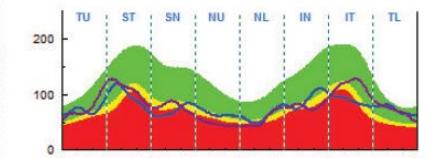
ONH Analysis	OD	OS	Inter Eye (OD-OS)
Cup/Disc Area Ratio	0.70	0.71	-0.01
Cup/Disc V. Ratio	0.85	0.78	0.07
Cup/Disc H. Ratio	0.94	0.95	-0.01
Rim Area ( $\text{mm}^2$ )	0.73	0.68	0.05
Disc Area ( $\text{mm}^2$ )	2.44	2.31	0.13
Cup Volume ( $\text{mm}^3$ )	1.066	0.997	0.069

GCC Analysis	OD	OS	Inter Eye (OD-OS)
Average GCC ( $\mu\text{m}$ )	70	82	-12
Superior GCC ( $\mu\text{m}$ )	73	81	-8
Inferior GCC ( $\mu\text{m}$ )	66	82	-16
Intra Eye (S-I) ( $\mu\text{m}$ )	7	-1	N/A
FLV (%)	7.07	2.77	4.30
GLV (%)	25.43	13.64	11.79

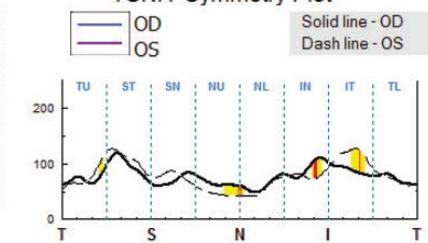
Left / OS



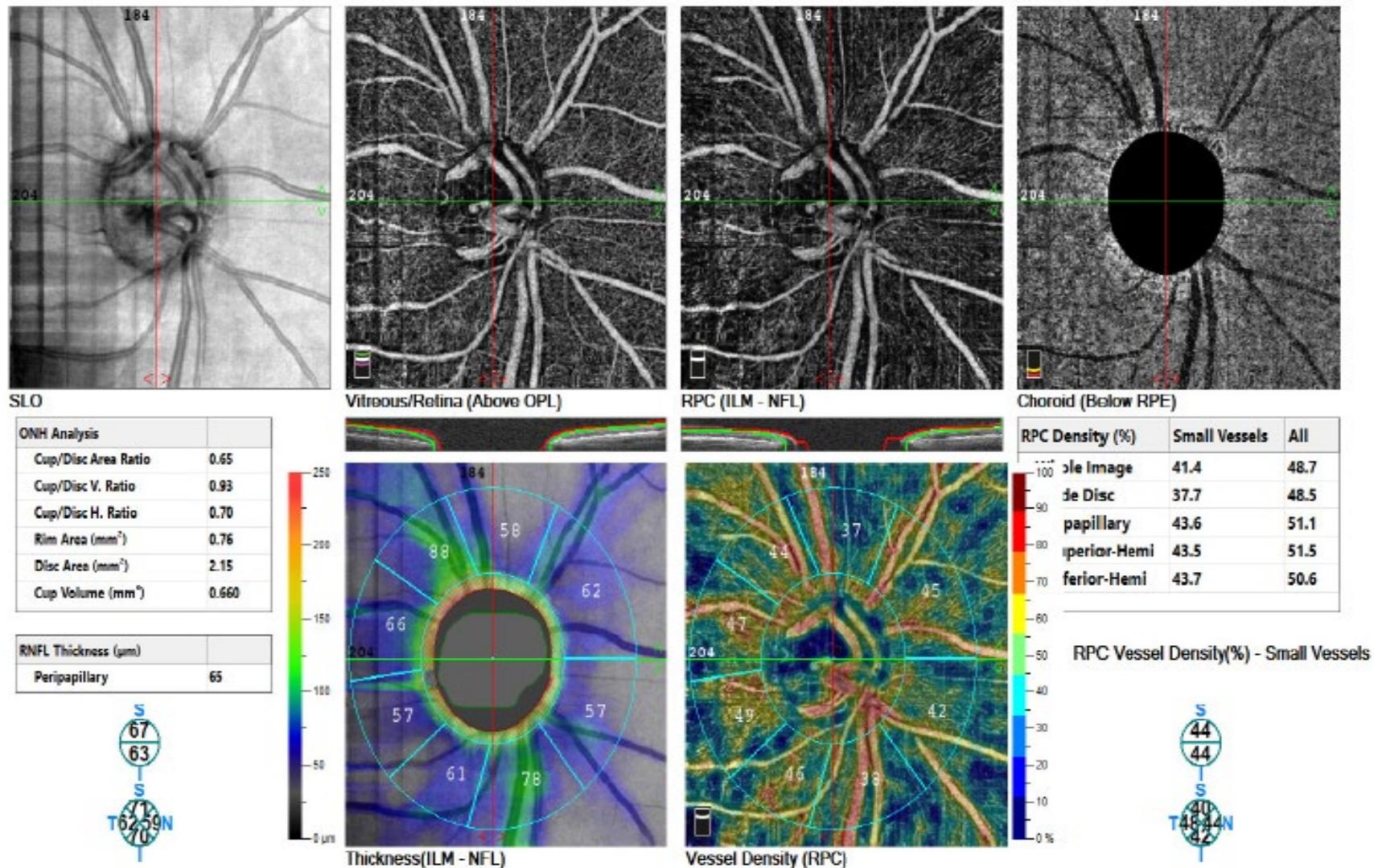
### TSNIT NDB Reference



### TSNIT Symmetry Plot

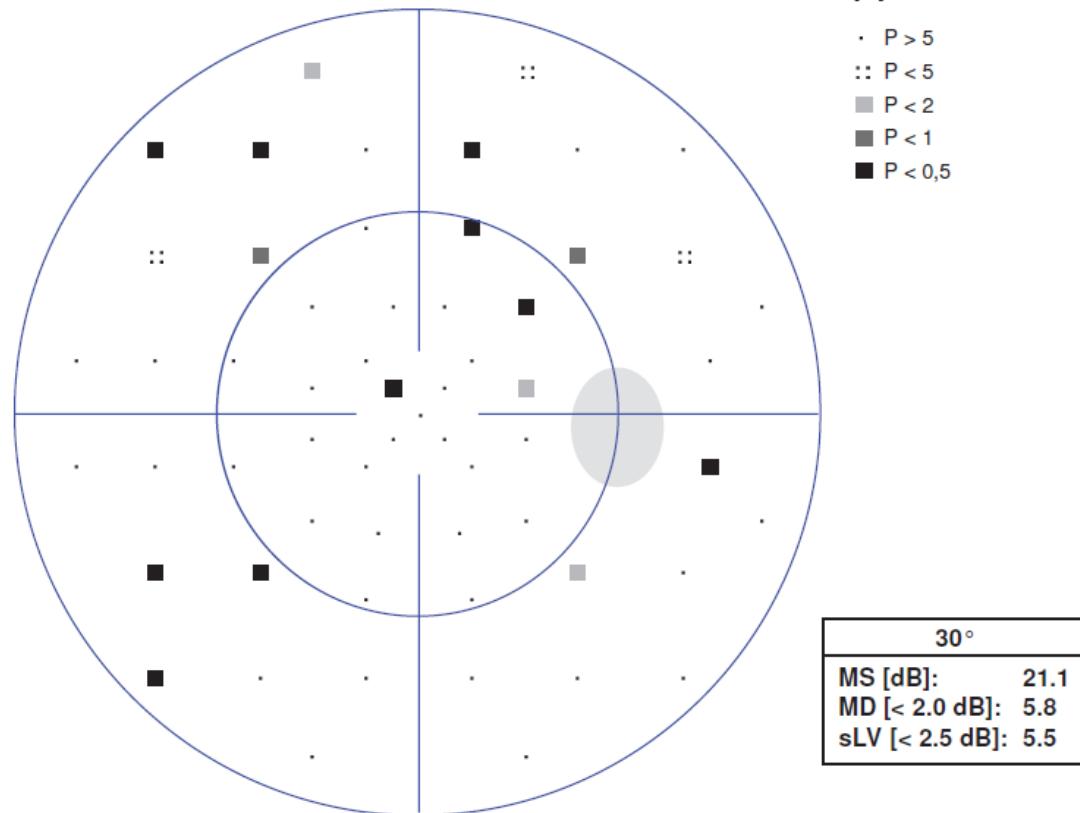


# Case 9



### Right eye (OD) / 01/21/2020 / 15:56:42

Corrected probabilities

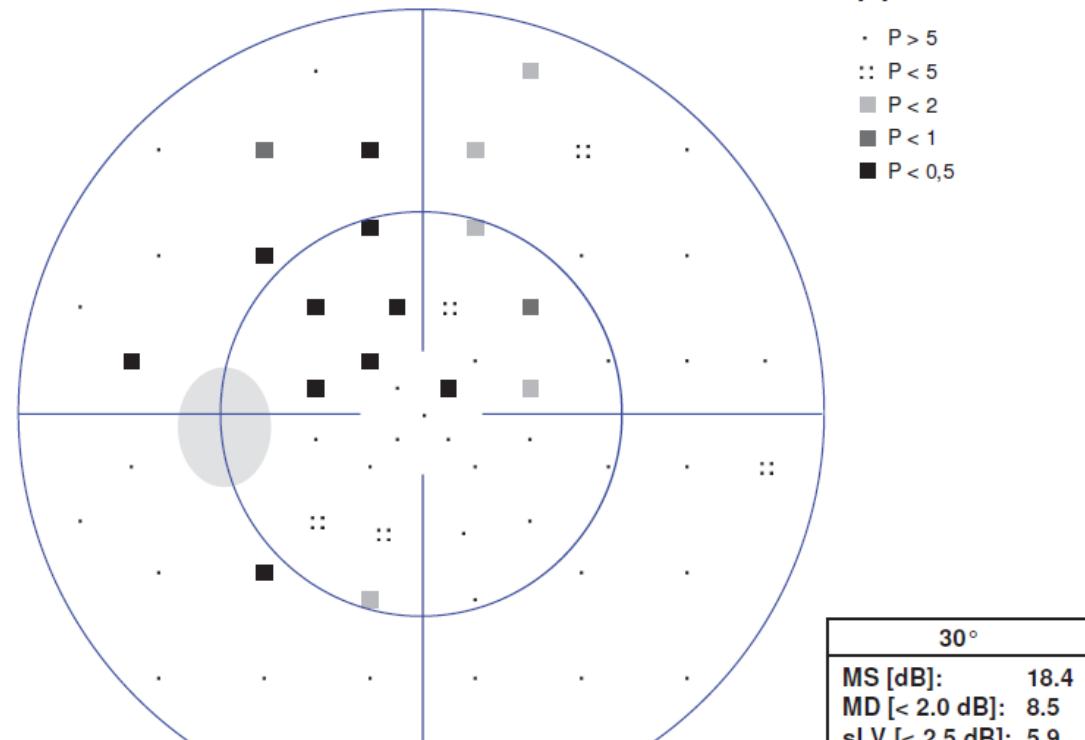


Programs: G Standard White/White / TOP Questions / repetitions: 85 / 16  
 Parameters: 31.4 / 4000 asb III 100 ms Duration: 02:46  
 Catch trials: 0/4 (0%) +, 2/5 (40%) - RF: 22.2  
 Refraction S/C/A:  
 Pupil [mm]: 0.0 VA [m]:  
 NV: T31 V1.0 IOP [mmHg]:

Comment:

### Left eye (OS) / 01/21/2020 / 16:10:53

Corrected probabilities



Programs: G Standard White/White / TOP Questions / repetitions: 71 / 2  
 Parameters: 31.4 / 4000 asb III 100 ms Duration: 02:20  
 Catch trials: 0/3 (0%) +, 1/4 (25%) - RF: 14.2  
 Refraction S/C/A:  
 Pupil [mm]: 0.0 VA [m]:  
 NV: T31 V1.0 IOP [mmHg]:

Comment:

What's your plan?

Observe?

Treat?

No glaucoma?

Glaucoma light?

**Diagnosis?**

Glaucoma medium?

Glaucoma dark?





Thank you!

Elliot M. Kirstein, OD, FAAO

Barber's Point  
Eye Associates