Ocular Blood Flow and Glaucoma - 2018

Elliot M. Kirstein, OD, FAAO Harper's Point Eye Associates Glaucoma and Diabetes Eye Institute

Cincinnati, Ohio

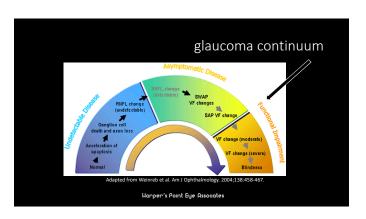
Financial Interests

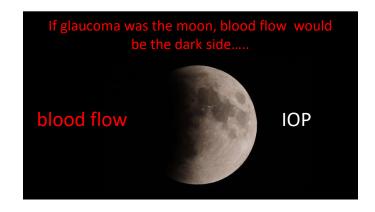
- Alcon
- Optovue
- Reichert
- Haag-Streit

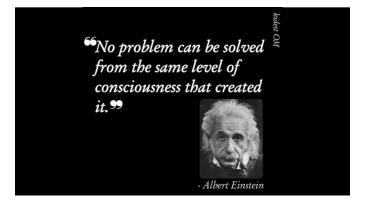
"The excavation of the disc in glaucoma is not a purely mechanical result of exalted pressure; it is, in part at least, an atrophic condition which, though primarily due to pressure, includes vascular changes and impaired nutrition of the substance of the optic disc... which may possibly progress even though all excessive pressure be removed".

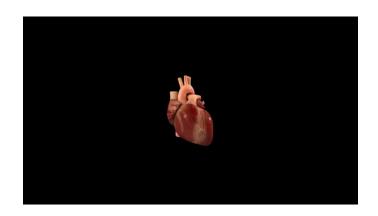
Priestly Smith, 1885

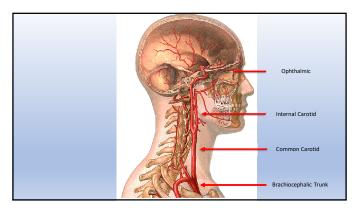


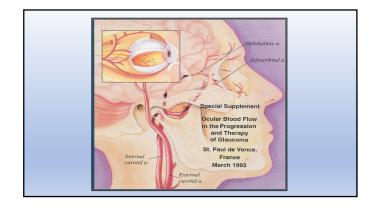


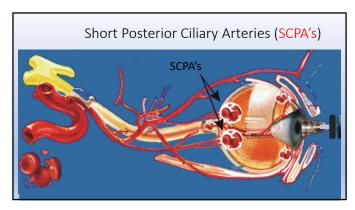


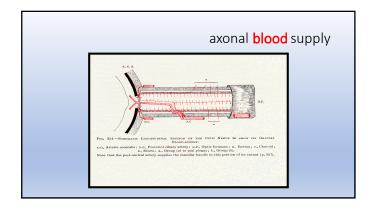


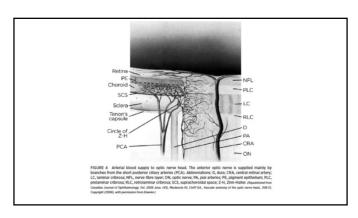


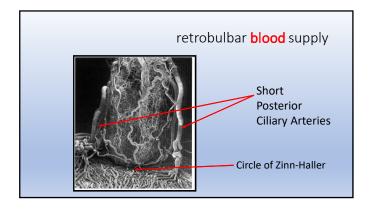


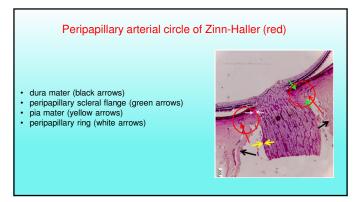


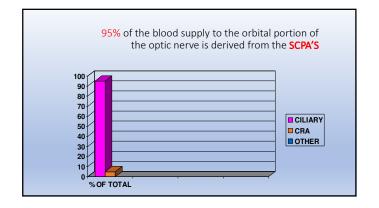


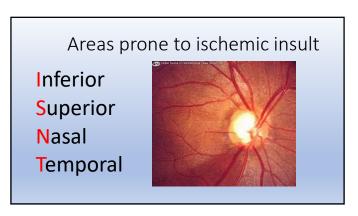










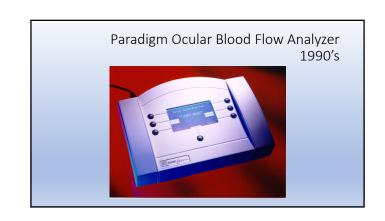


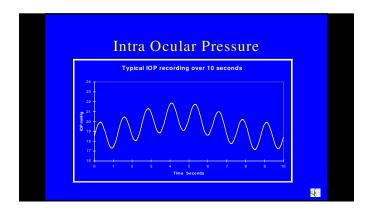
Vascular Factors in Glaucoma

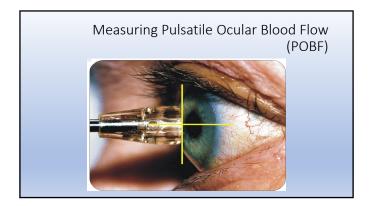
- Cardiovascular deficiencies / low blood pressure
- Physical limitations of vascular architecture
- IOP induced hypo perfusion
- Vasospasm
- Nocturnal systemic hypotensive episodes
- Limitations of autoregulation

The system which attempts to mitigate variations in intraocular pressure and systemic blood pressure to fulfill ongoing axonal metabolic requirements.

- Aging?Heredity?
- Acquired?
- Possible over action of Endothelin-1
- Possible under action of Nitric Oxide
- Vasospasm or migraine







History of Pulsatile Ocular Blood Flow Analysis

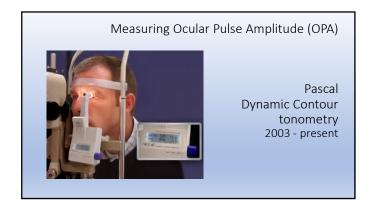
Maurice Langham, David Massey (OBF Labs, U.K.) - mid 1980's

Malcolm Redman, David M, Silver, PhD (OBF Labs, U.K.) - mid 1990's

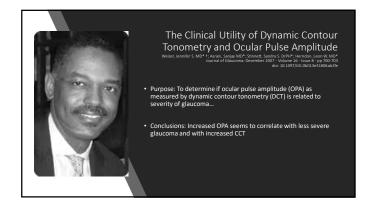
David M, Silver, PhD (Paradigm Medical, Salt Lake City) - 1995 - 2003

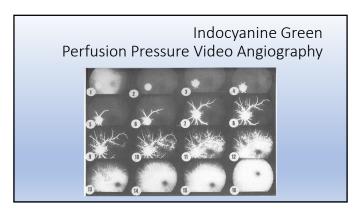
POBF and Normal Tension Glaucoma

- 236 patients with NTG and 109 with suspicious discs compared to 777 normal controls. (1998 Investigative Ophthalmology – R. A. Hitchings, Moorfields Eye Hospital)
- Conclusion: Suspicious optic disc parameters that correlate with low POBF may be a marker for glaucoma





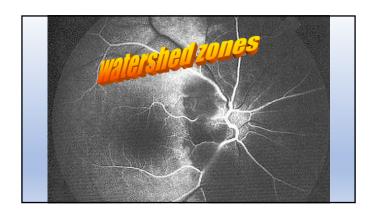


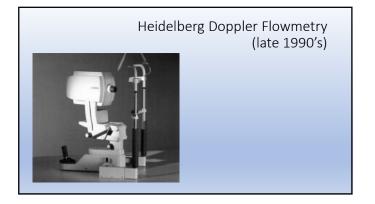


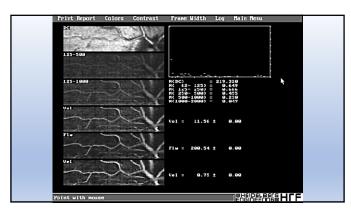
Watershed Zones

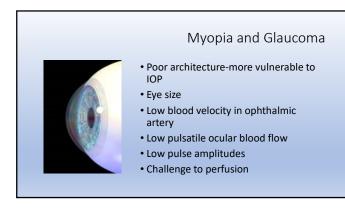
- The Circle of Zinn-Haller provides the significant source of blood to the orbital portion of optic nerve axons.
- The architecture of the Circle of Zinn-Haller or damage to that area can leave certain areas poorly perfused and, thereby, more prone to ischemic insult.

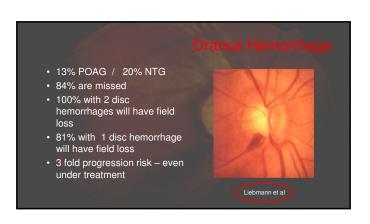
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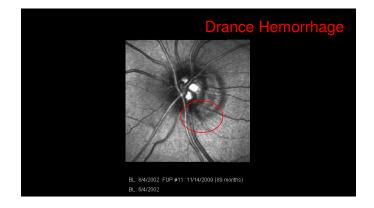


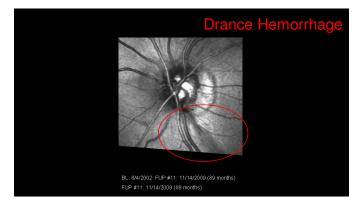




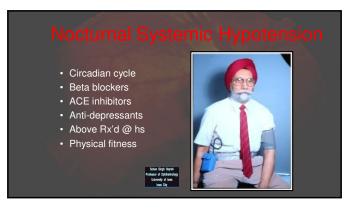


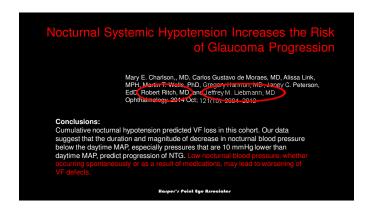


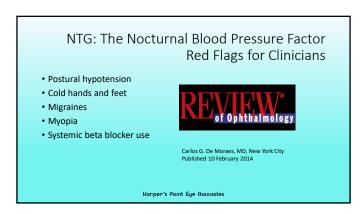


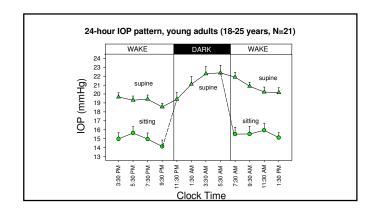












Diastolic Perfusion Pressure (DPP) • Diastolic Blood pressure – IOP = DPP • Risk increases 6X below 55

Harper's Point Eye Associates

Perfusion and Progression: Studies

- <u>Baltimore Eye Survey</u> 6X excess of POAG in lowest category of Perfusion
- Egna-Newmarkt Study Lower Diastolic Perfusion Pressure associated with increase frequency od POAG
- <u>Barbados Eye Study</u> Increased 4 year risk of POAG at lower perfusion pressure
- <u>Proyecto Ver Study</u> Increased POAG with lower diastolic perfusion pressure

Classification of Blood Pressure - 2018: Four new BP categories based on the average of two or more in-office readings.

- Normal: < 120 mm Hg Systolic BP and < 80 mm Hg Diastolic BP
- Elevated: 120-129 mm Hg SBP and < 80 mm Hg DBP
- Stage 1 Hypertension: 130-139 mm Hg SBP or 80-89 mm Hg DBP and
- Stage 2 Hypertension: ≥ 140 mm Hg SBP or ≥ 90 mm Hg DBP



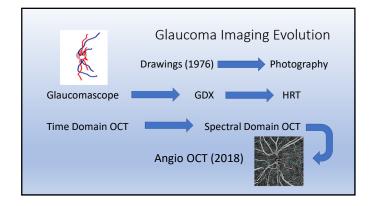


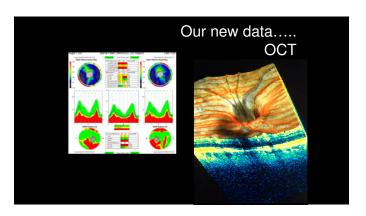


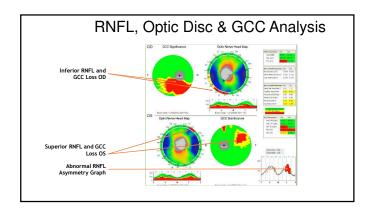


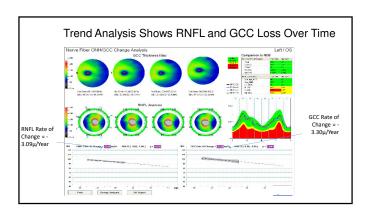








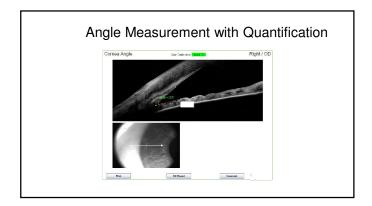


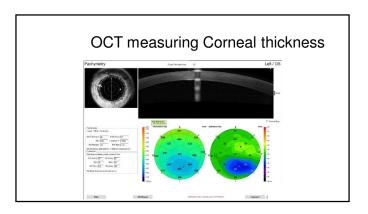


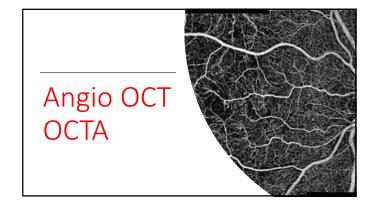
OCT best for early and moderate disease

- Plasticity of fields with early loss
- OCT "Floor Effect" at about 50 microns

OCT perks

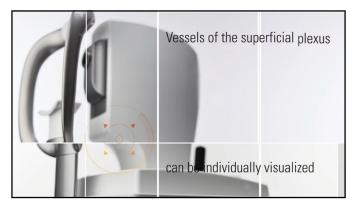


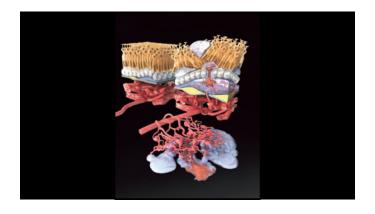


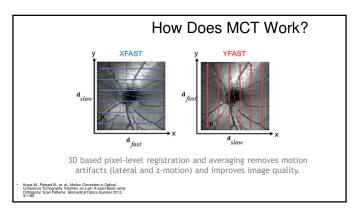


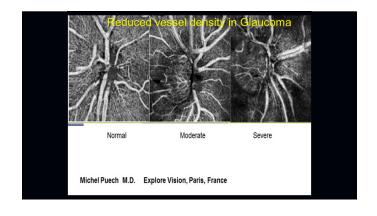


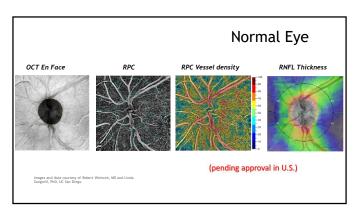


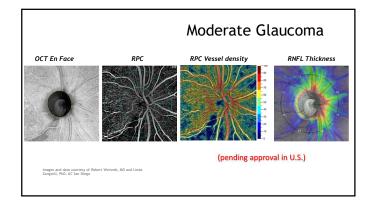


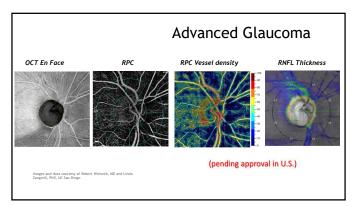


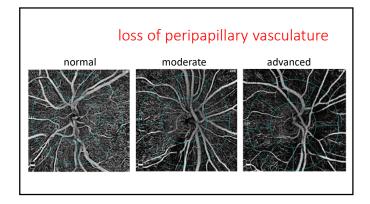


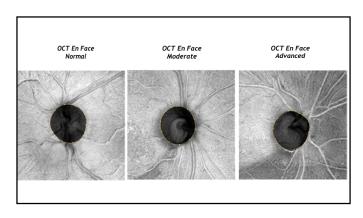


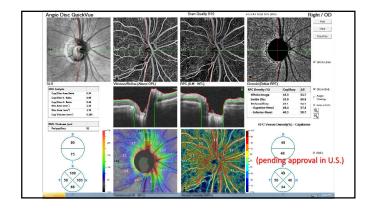


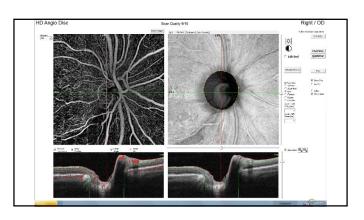


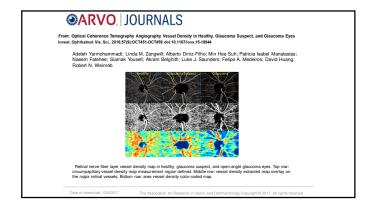


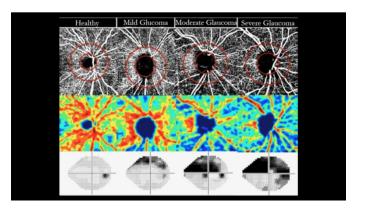


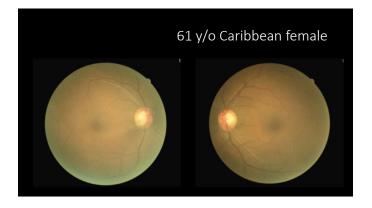


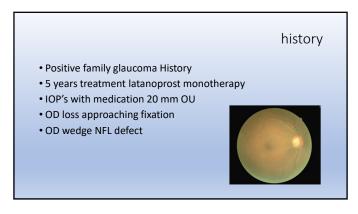


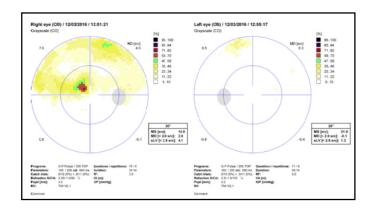


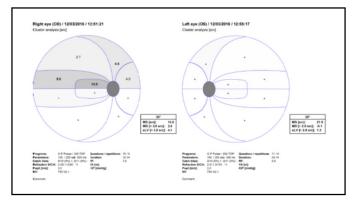


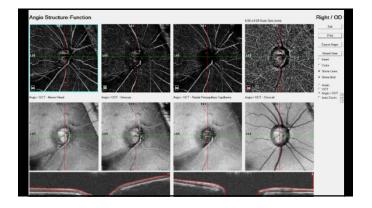


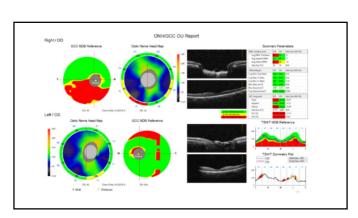


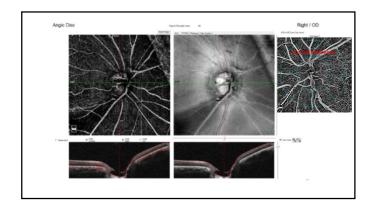


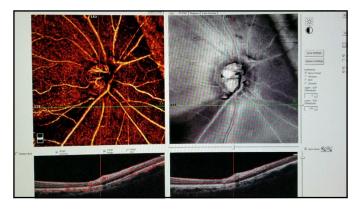






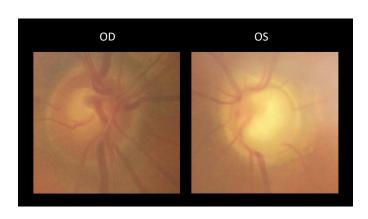


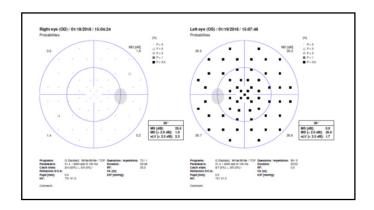


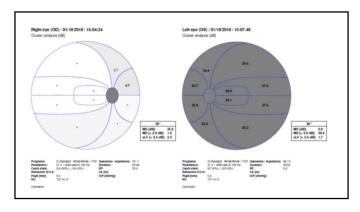


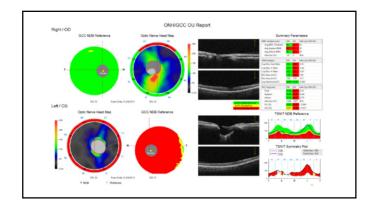
66 y/o Indian male

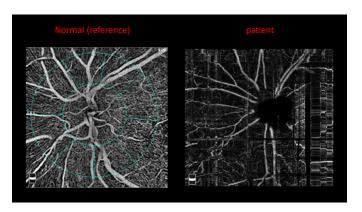
Initial DCT IOP 25, 36
Iatanoprost, dorzolamide
SLT – 6 years ago
treatment started OS only 2 years ago
Intolerant to B blockers, and brimonidine



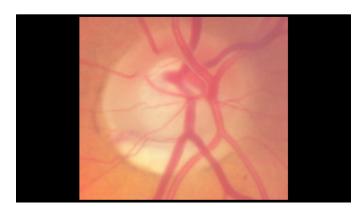


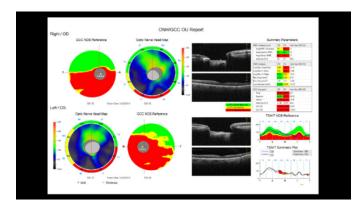


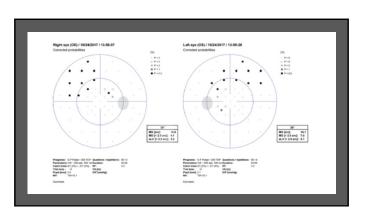


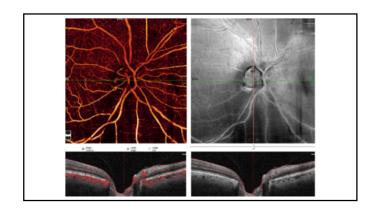


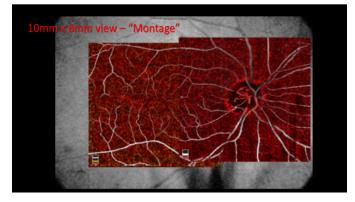


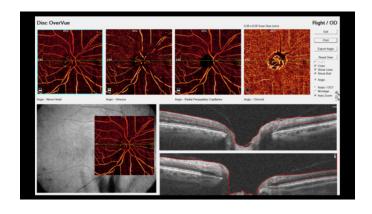


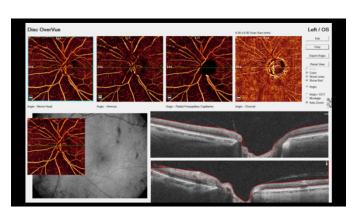


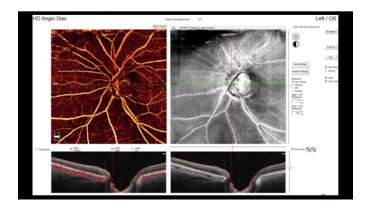


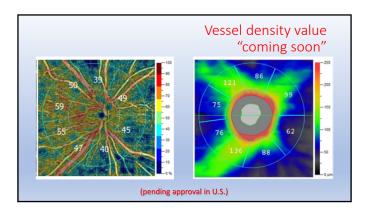


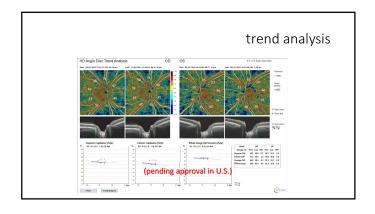




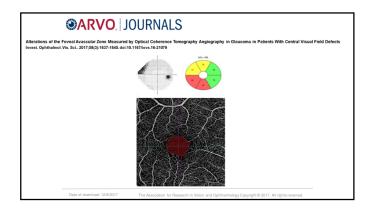














Now that we can measure it, how can we change it?

- Decrease IOP significantly
- Measure Diastolic Perfusion Pressure
- Look for over treatment of high blood pressure
- Counsel hydration / lifestyle
- Consider topical medications which may augment blood flow



1990's





Alon
Harris,
M.Sc.,
Ph.D.
Letter Professor of
Opholulmology,
Professor of
Physiology and
Bosphysiz,
Director, Glaucoma
Research and
Diagnostic Center

"I think that the only medications that have a rationale to improving blood flow when applied topically are carbonic anhydrase inhibitors"

1990's

THE EFFECTS ON IOP AND OCULAR BLOOD FLOW (OBF) OF 0.2% BRIMONIDINE

Vetrugno M, Gigante G, Cantatore F, Cardia L

Dept. of Ophthalmology - University of Bari, Italy

Conclusions: brimonidine is effective in the therapy of glaucoma in that it combines hypotensive efficacy and choroidal perfusion increase around the optic nerve head.



THE ROYAL COLLEGE OF OPHTHALMOLOGISTS

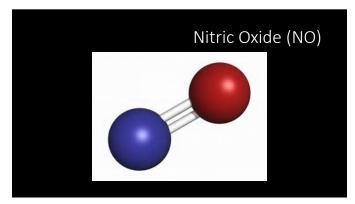
February 1999

The effect of once-daily latanoprost on intraocular pressure and pulsatile ocular blood flow in normal tension glaucoma.

Conclusions: Once-daily treatment with 0.005% latanoprost provides a significant and stable IOP reduction in the majority of NTG patients after short-term treatment. This is accompanied by a significant increase in POBF.







Nitric Oxide in Medicine

- Nitroglycerin discoverd by the Italian chemist Ascanio Sobrero
- Ascanio also noted that it relieved headaches
- Alfred Nobel experimented with nitroglycerine and developed dynamite
- Lauder Brunton, a distinguished British physician, had found in 1867 that organic nitrates were effective in relieving pains in angina pectoris Alfred Nobel established the prizes in 1895



NO in non-ocular pathophysiology

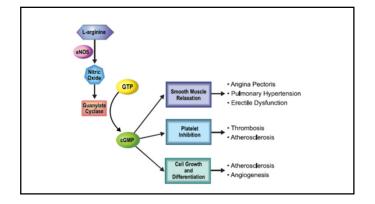
- eNOS reduces production of NO which then reduces the production of cGMP.
- cGMP dysregulation plays a role in many human disease process related to vasoconstriction and / or vasospasm

NO in non-ocular pathophysiology

- Angina pectoris
- Pulmonary hypertension
- Erectile dysfunction
- Thrombosis
- Atherosclerosis

Increasing cGMP levels treats

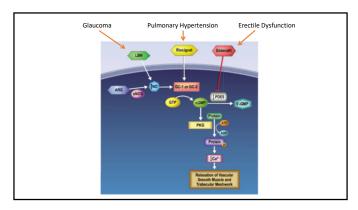
- Erectile dysfunction
- Asthma
- Pulmonary atrial hypertension
- Myocardial failure
- Endotoxic shock



Bausch & Lomb / Nicox latanoprostene bunod VYZULTA

- Preclinical studies have shown that NO plays a role in controlling IOP in normal eyes by increasing aqueous humor outflow through the trabecular meshwork and Schlemm's canal.
- Studies have also demonstrated that patients with glaucoma have reduced levels of NO signaling in their eyes, providing a rationale for the therapeutic value of NO-releasing molecules for patients with open-angle glaucoma or ocular hypertension.





Latanoprostene Bunod 0.024% in Subjects With Openangle Glaucoma or Ocular Hypertension:
Pooled Phase 3 Study Findings

Weinreb, Robert N. MD; Liebmann, Jeffrey M. MD; Martin, Keith R. MD, Kaufman, Paul L. MD]; Vittitow, Jason L. PhD

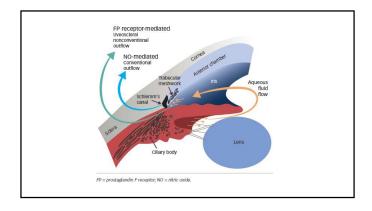
Journal of Glaucoma: January 2018 - Volume 27 - Issue 1 - p 7-15

Conclusions: In this pooled analysis of subjects with OAG and OHT, LBN 0.024% qd provided greater IOP-lowering compared with timolol 0.5% bid and maintained lowered IOP through 12 months. LBN demonstrated

a safety profile comparable to that of prostaglandin analogs.

Bausch & Lomb / Nicox - latanoprostene bunod "VYZULTA"

- Showed greater IOP reduction compared with latanoprost, with the differences reaching 1.23 mm Hg
- 52-Week Safety Study: VYZULTA™ Reduced Mean IOP to 14.4 mm Hg in Subjects with Mean Low Baseline IOP of 19.6 mm Hg



Latanoprostene Bunod Reduces trabecular meshwork cell contractility and increases outflow compared with latanoprost May increase blood flow to the axonal bed

Nitric Oxide Pipeline

- •Bimatoprost + NO donator
- •CAI + NO donator

RHOPRESSA®

(netarsudil ophthalmic solution .02%) Aerie Pharmaceuticals, Inc.

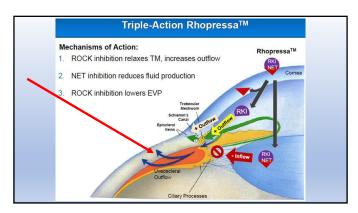
(approved and coming in March 2018)

Rhopressa

(netarsudil ophthalmic solution .02%)

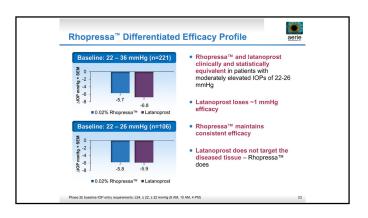
- •Rho kinase inhibition ("ROCK" inhibitor)
- •QD dosing
- Complimentary to prostaglandins
- •Reduction of epi scleral venous pressure





•Patients treated with once-daily
Rhopressa® experienced a
reduction of IOP ranging from 3.9
mmHg to 4.1 mmHg⁴

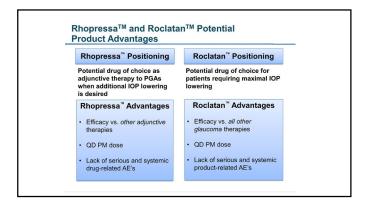
•Patients treated with twice-daily
timolol experienced a reduction of
IOP ranging from 3.5 mmHg to 4.6
mmHg





Pipeline

• Roclatan – rho kinase inhibitor + PGA (possible 2018)



References:

- 1. Vyzulta™ [prescribing information]. Bridgewater, NJ: Bausch & Lomb Incorporated; 2017.
- I. vyZulta* [prescribing information], progewater, NJ: Bausch & Comb incorporated; 2017.
 Weinreb RN, Grassellati Sforzolini B, Vittitow J, Liebmann J. Latanoprostene bunod 0.024% versus Timolol maleate 0.5% in subjects with open-angle glaucoma or ocular hypertension: the APOLLO Study. Ophthalmology. 2016;128(5):965-973.
 Medeiros FA, Martin KR, Peace J, et al. Comparison of latanoprostene bunod 0.024% and timolol maleate 0.5% in open-angle glaucoma or ocular hypertension: the LUNAR study. Am J Ophthalmol. 2016;168:250-259.

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Thank You!