

Glaucomatous-Type Field Loss Not Due to Glaucoma

Sherry J. Bass, OD, FAAO
SUNY College of Optometry
New York, NY

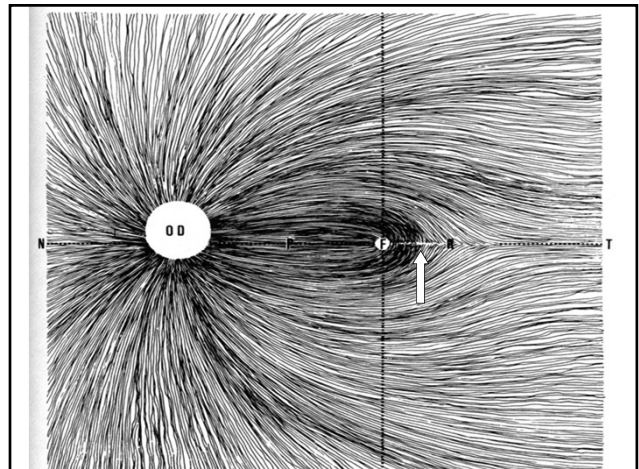
Glaucoma on the Brain!

- Yes, we see lots of glaucoma
- Not every field that looks like glaucoma *is due to glaucoma!*
- If you misdiagnose glaucoma, you could miss other sight-threatening and life-threatening disorders



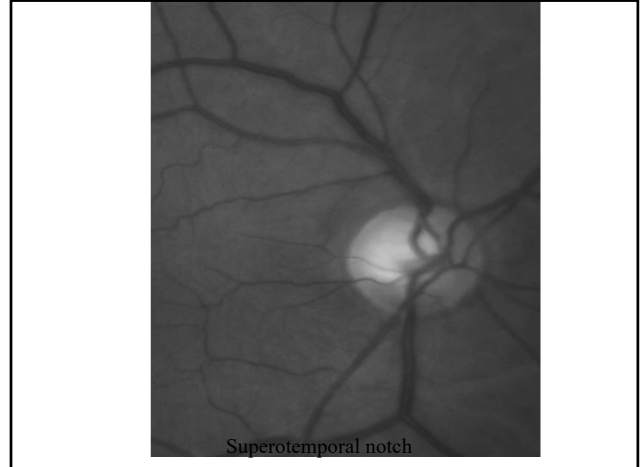
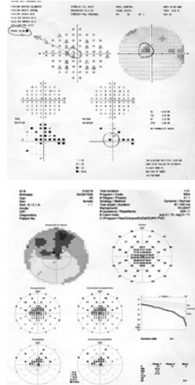
Types of Glaucomatous Visual Field Defects

- Paracentral Defects
- Nasal Step Defects
- Arcuate and Bjerrum Defects
- Altitudinal Defects
- Peripheral Field Constriction to Tunnel Fields



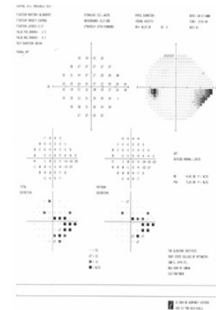
Visual Field Defects in Very Early Glaucoma

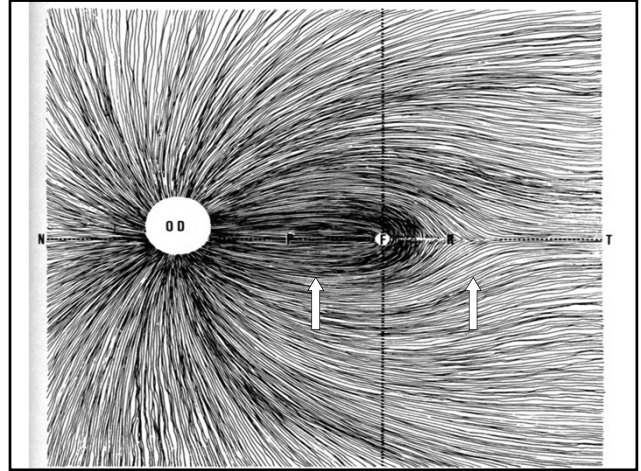
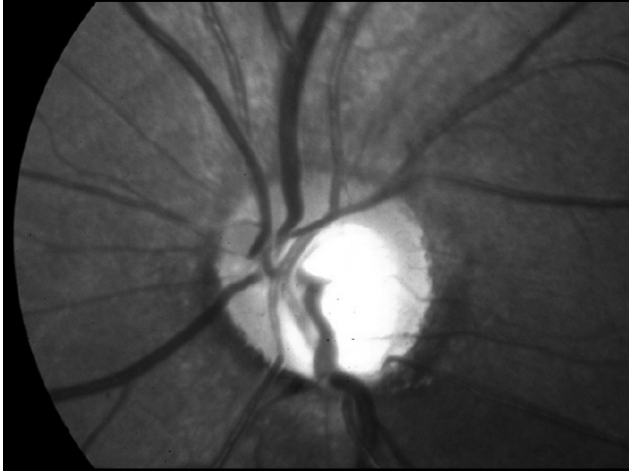
- Paracentral loss
 - Early superior/inferior temporal RNFL and rim loss: short axons
 - Arcuate defects above or below the papillomacular bundle
 - Arcuate field loss in the nasal field close to fixation



Visual Field Defects in Early Glaucoma

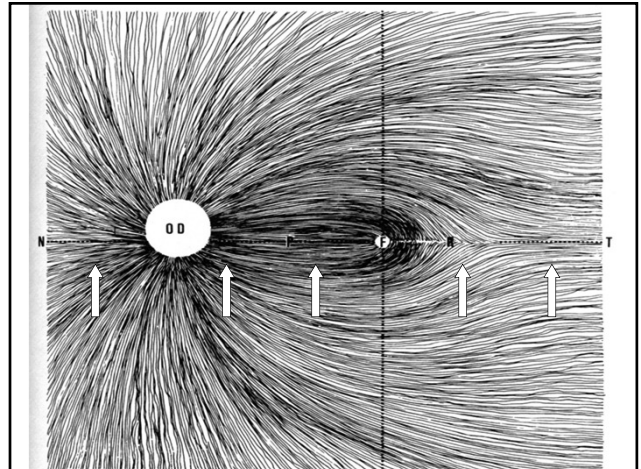
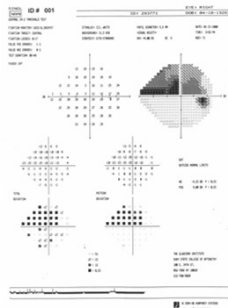
- Nasal step
 - More widespread RNFL loss and rim loss in the inferior or superior temporal rim tissue : longer axons
 - Loss stops abruptly at the horizontal raphe
 - "Step" pattern





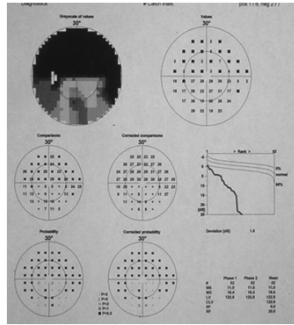
Visual Field Defects in Moderate Glaucoma

- Arcuate scotoma-Bjerrum scotoma
 - Focal notches in the inferior and/or superior rim tissue that reach the edge of the disc
 - Denser field defects
 - Follow an arcuate pattern connected to the blind spot

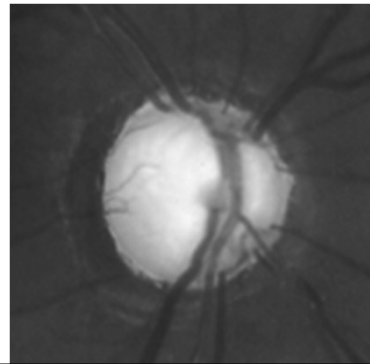


Visual Field Defects in Advanced Glaucoma

- Dense Altitudinal Loss
 - Progressive loss of superior or inferior rim tissue

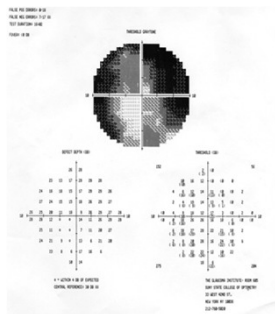


End-Stage Glaucoma



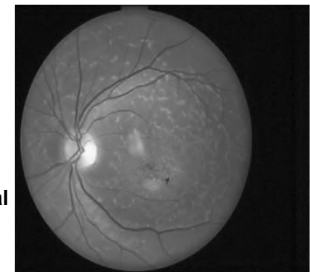
End-Stage Glaucoma

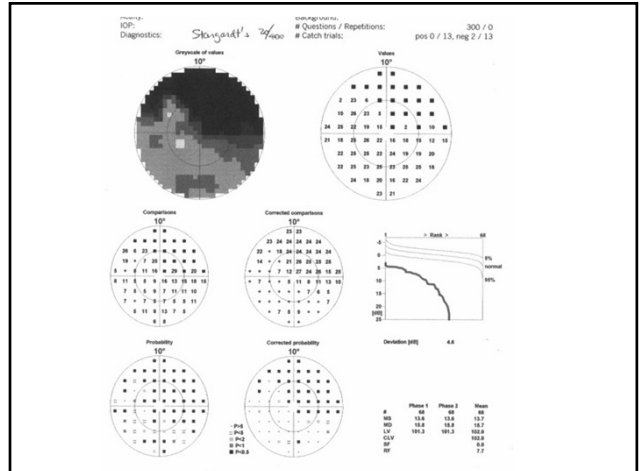
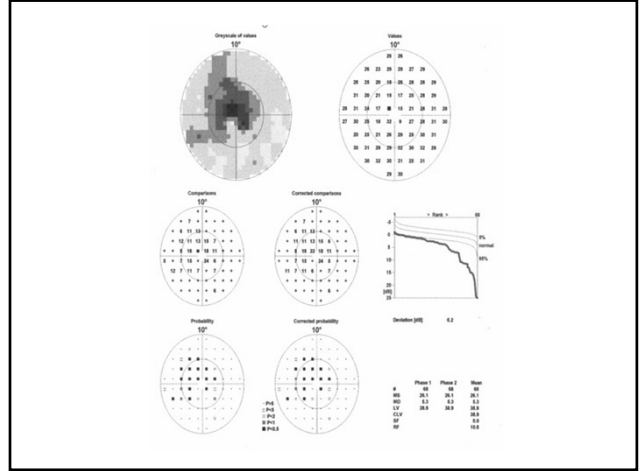
- Peripheral constriction
 - Loss of temporal rim tissue
 - Temporal "islands" due to remaining nasal rim tissue
- Loss of papillomacular bundle
 - Shrinking central field and visual acuity decrease



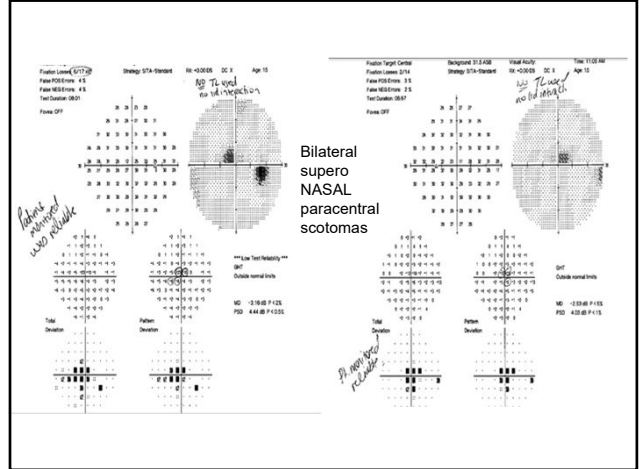
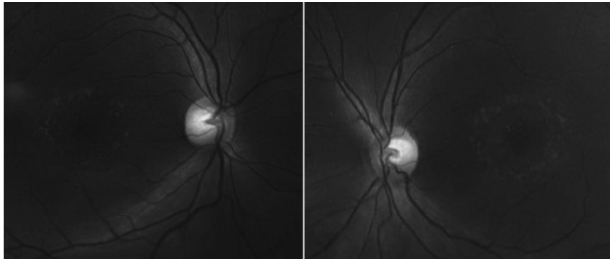
Non-Glaucomatous Etiology of Paracentral Field Loss

- Hereditary macular diseases
 - Stargardt's macular degeneration
 - Cone dystrophy
- Field defects are
 - **superior paracentral**
- Superior eccentric fixation

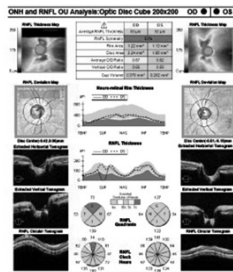




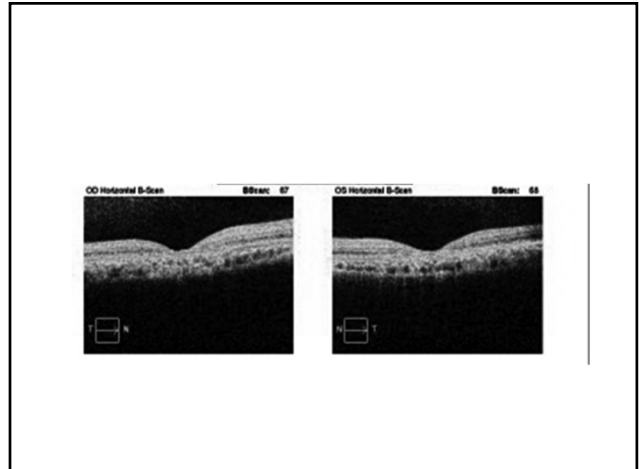
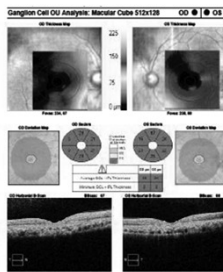
IOPs= 19mm OD and 20 mm OS with BCVA 20/70 OD and OS



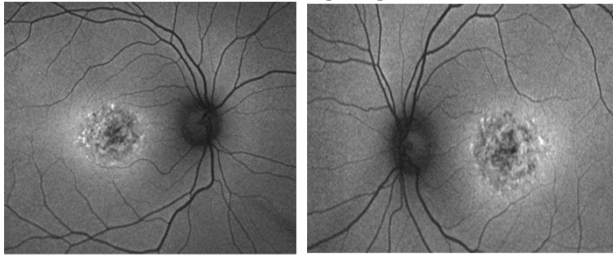
OCT RNFL



GCA



Fundus Autofluorescence Imaging



STARGARDT DISEASE

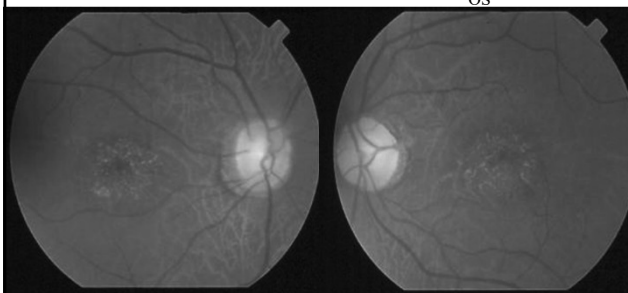
AMD/Glaucoma Suspect

- 59 y-o- black male
- Complains of “recent” difficulty with reading despite maximal add power
- VA = 20/50 OD and OS
- IOPs OD: 20mm OS: 21mm
- Referred for consult as an AMD/GL suspect

59 y-o black male

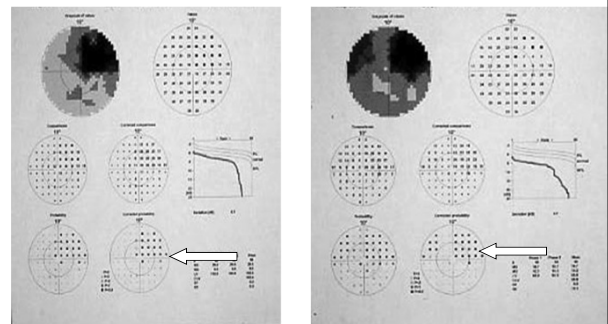
OD

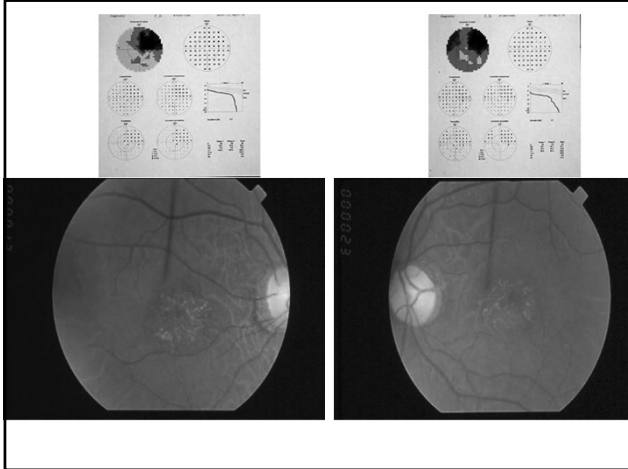
OS



OD

OS



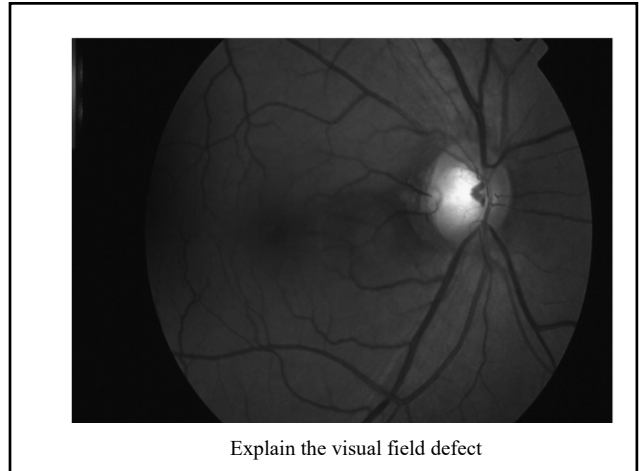
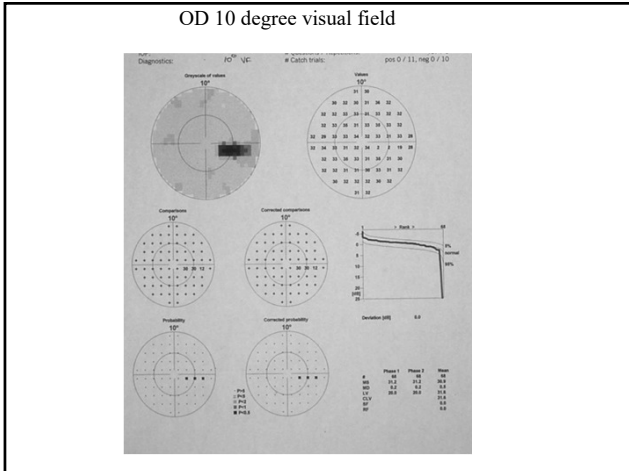
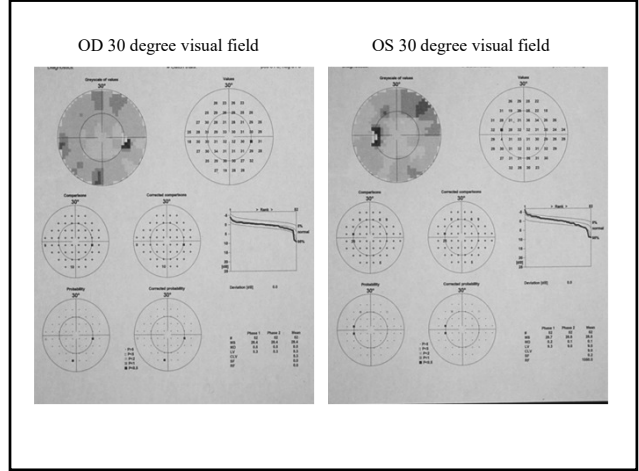
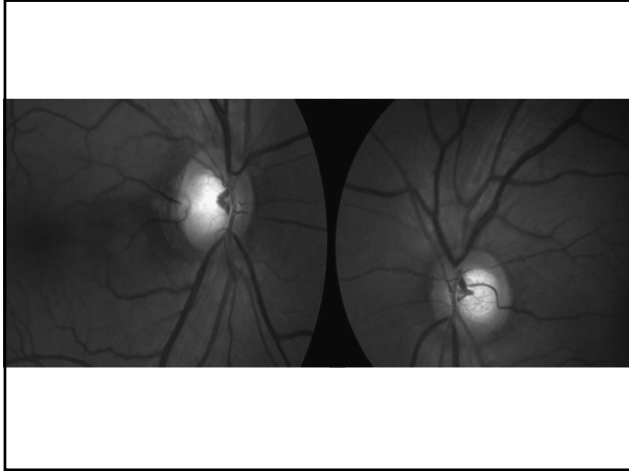


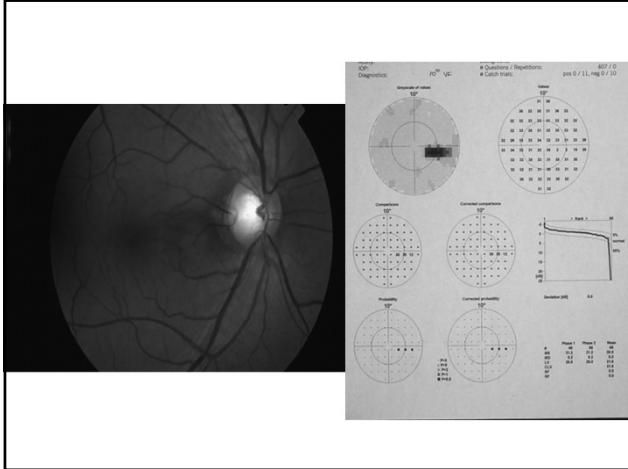
- Fails color vision test
- AMD “rare” in blacks!
- Diagnosis: **Cone Dystrophy**
 - Symmetry of retinal findings
 - Superior paracentral scotomas
 - ERG: abnormal cone responses

Another Non-Glaucomatous
Etiology of Paracentral Field Loss

Referral for Glaucoma

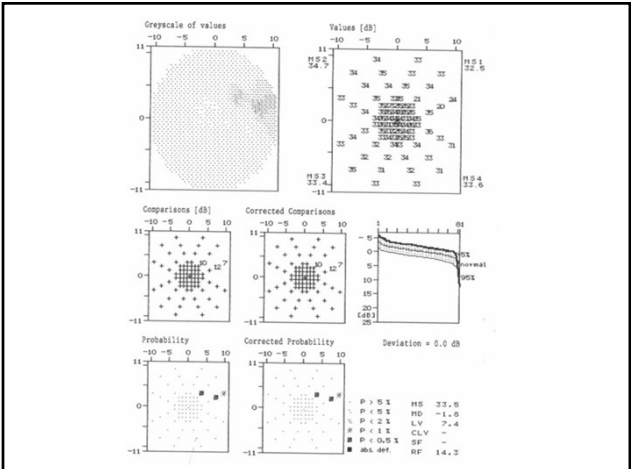
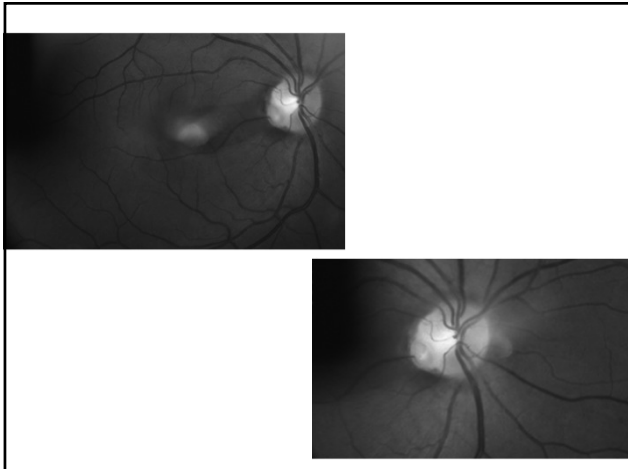
- 24 y-o black male
- Glaucoma suspect due to
 - Large C/Ds
 - Elevated IOPs (low 20's) OD and OS





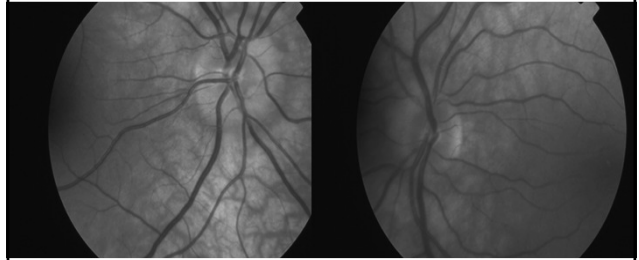
Non-Glaucomatous Etiology of Paracentral Field Loss

- Congenital Optic Nerve Head Anomalies
 - Optic pits
 - Incomplete colobomas
 - Cause paracentral field defects along the papillomacular bundle



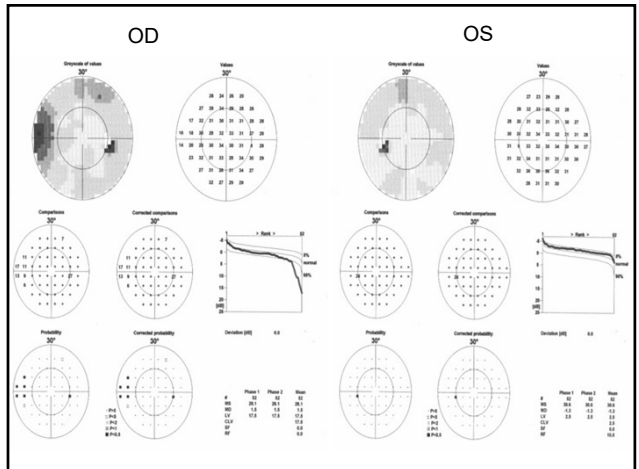
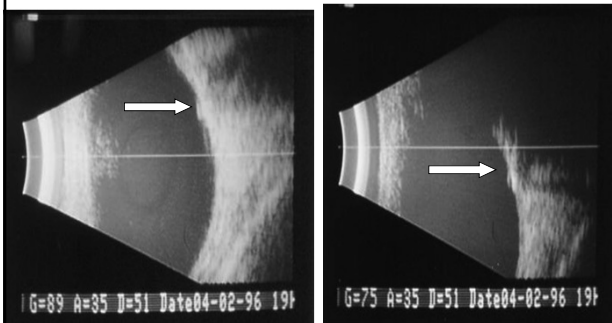
Non-Glaucomatous Etiologies of Nasal Field Defects

23 y-o white female presents for routine exam



Gain = 89

Gain = 75



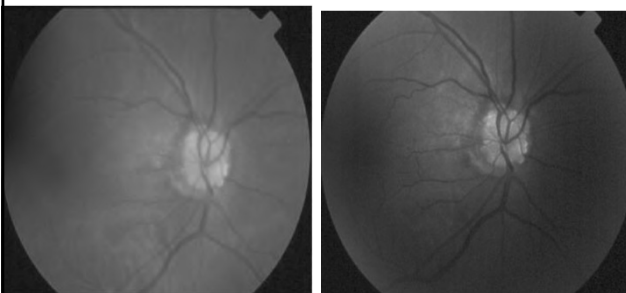
Non-Glaucomatous Etiologies of Nasal Field Defects: Disc Drusen

- Hyaline deposits in the ONH
- Buried in younger patients
 - Blurred disc borders
 - Pseudopapilledema
- Interfere with axoplasmic transport
- Cause optic neuropathy
- Associated with nasal field loss

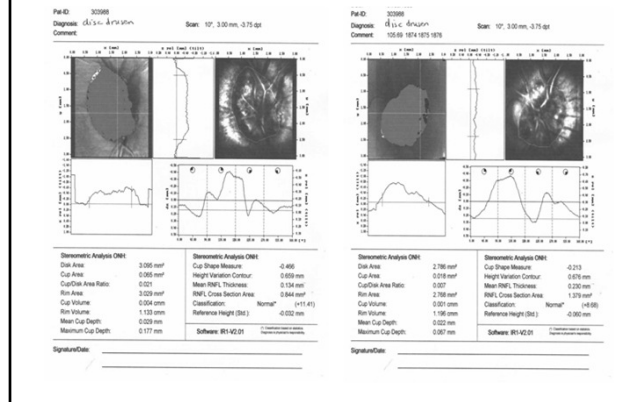
Screening Patient Glaucoma Suspect

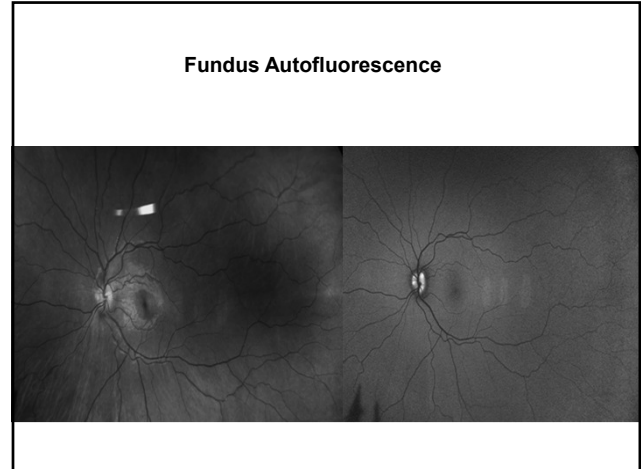
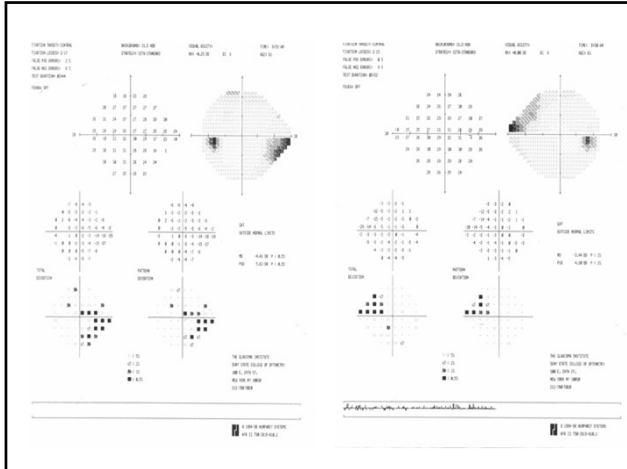
- 66 y.o female presents at a vision screening
- Asymptomatic
- BCVA 20/20 OD and OS
- IOPs
 - OD: 26mm Hg
 - OS: 24mm Hg

IOPs= 26mm OD and 24mm OS



HRT: No Cup-No Red



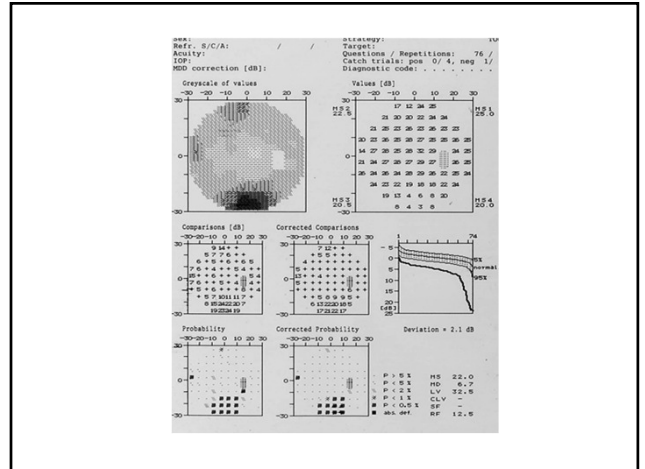
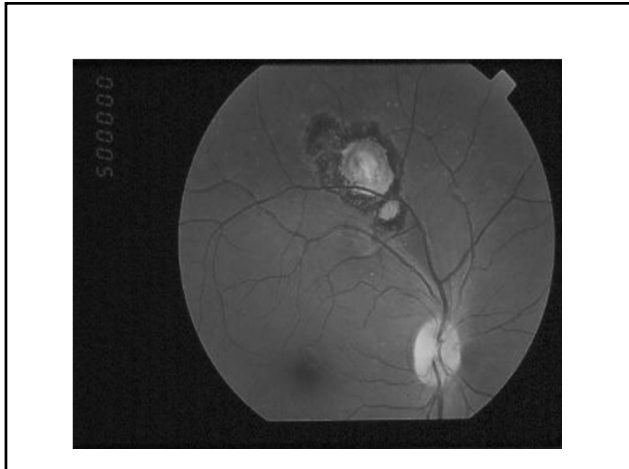
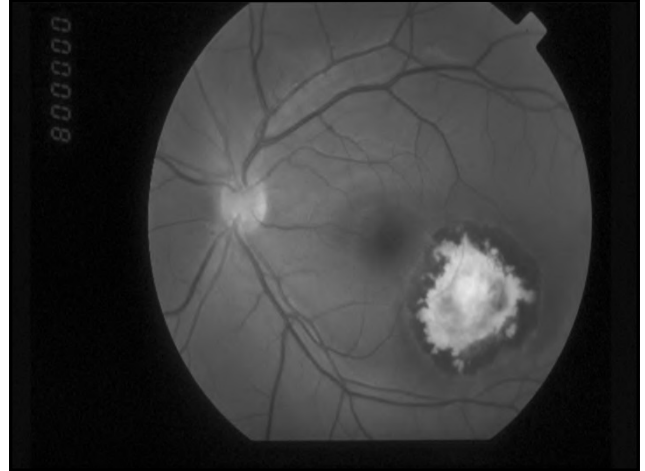
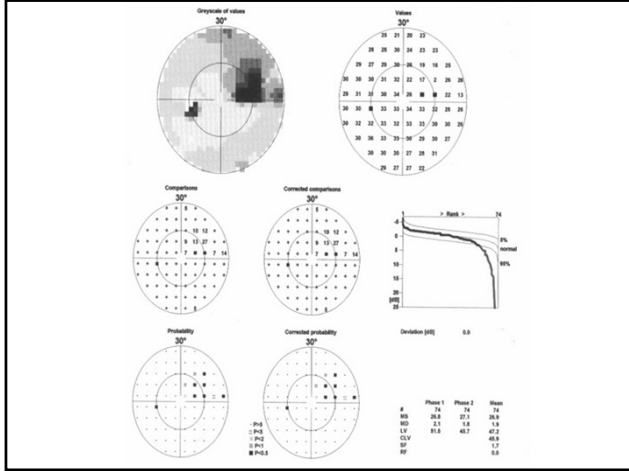


Glaucoma? Disc Drusen?

- Can't treat the drusen
- Can treat the elevated IOP
- Reduce at least one insult to the optic nerve head
 - Lower the IOP

Case

- 39 y-o black female
- Presents for routine exam
- IOPs are
 - OD=22 mm
 - OS=23 mm
- VF: OD full, OS=nasal step-like defect

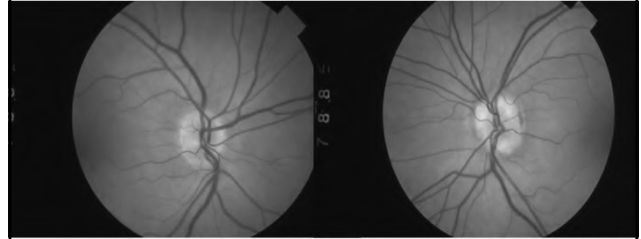


Non-Glaucomatous Etiologies of Arcuate Field Defects

63 y-o white male with elevated IOPs and
pseudoexfoliative glaucoma

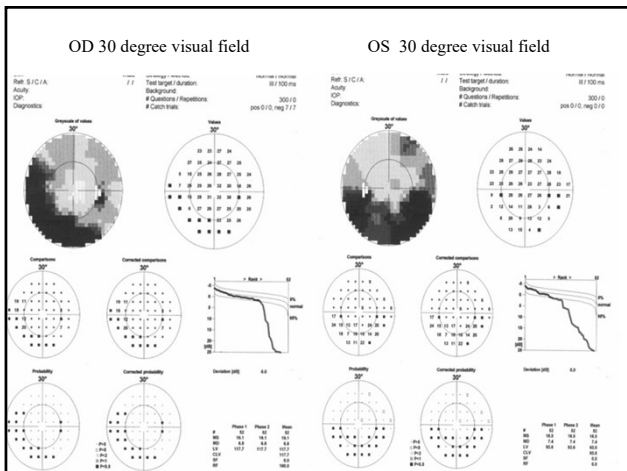
OD

OS



OD 30 degree visual field

OS 30 degree visual field



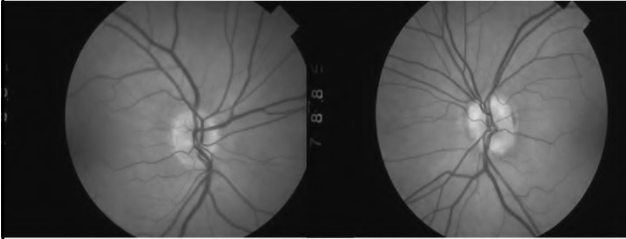
Non-Glaucomatous Etiologies of Arcuate Field Defects

● Optic Disc Drusen

63 y-o white male with elevated IOPs

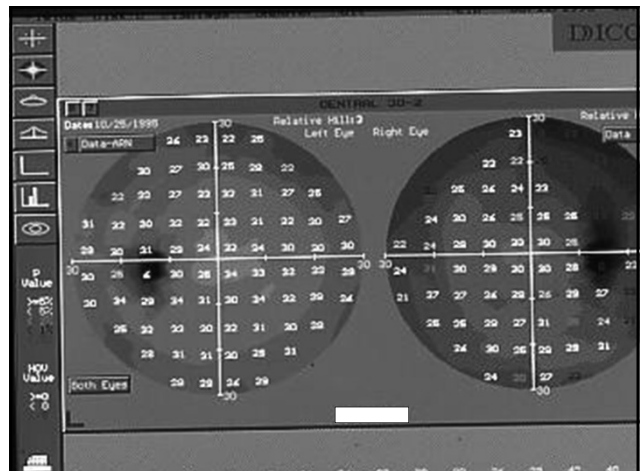
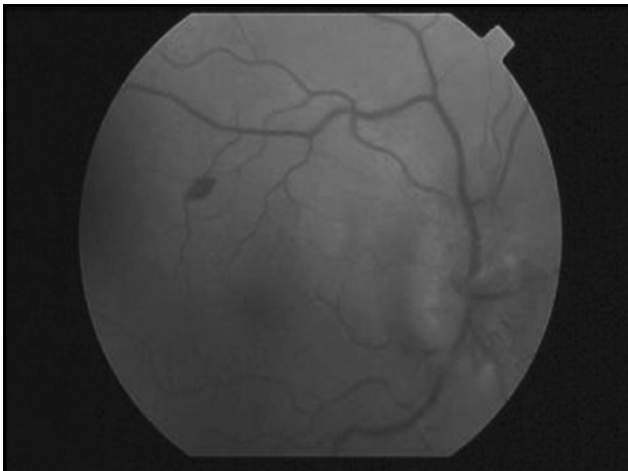
OD

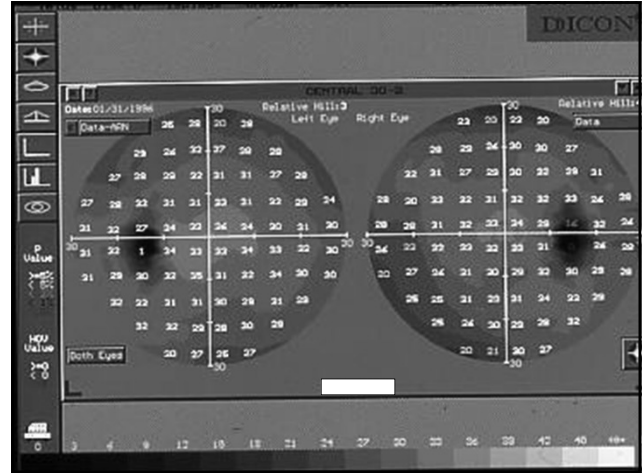
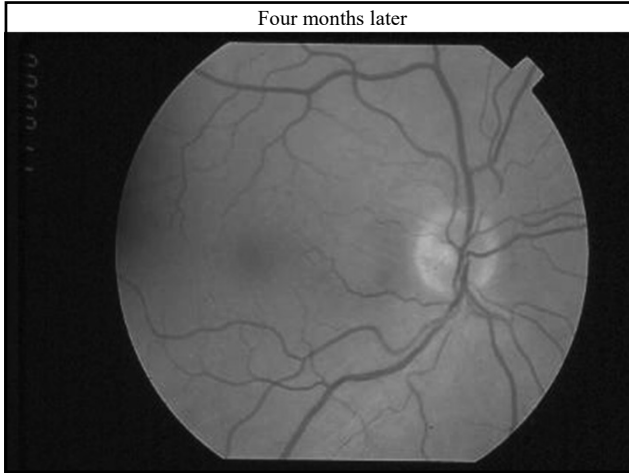
OS



Diabetic Patient

- 36 y-o white female with Type I diabetes
- Uncontrolled blood sugar
- Presents with vague complaints of visual blur OD
 - BCVA 20/20 OD and 20/20 OS



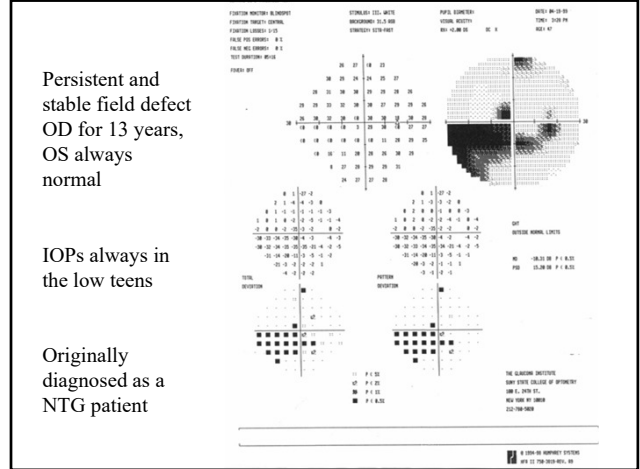
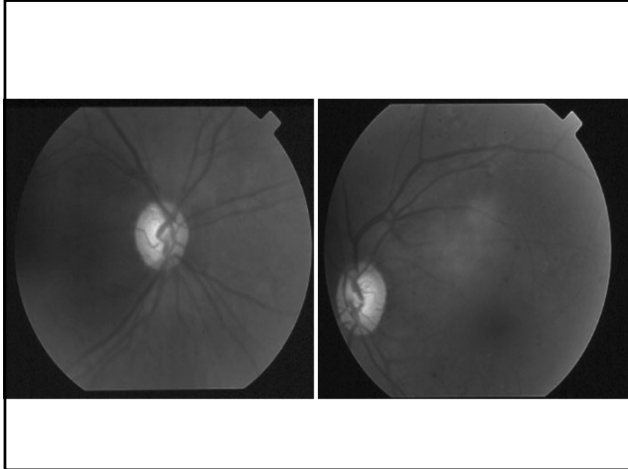


Non-Glaucomatous Etiologies of Arcuate Field Defects

Diabetic Papillopathy

- Ischemic event
- Unilateral or bilateral
- Blurred optic disc borders
- Reduced visual function –sometimes reversible
 - VA
 - VF
- Not a papillitis
- Not a papilledema





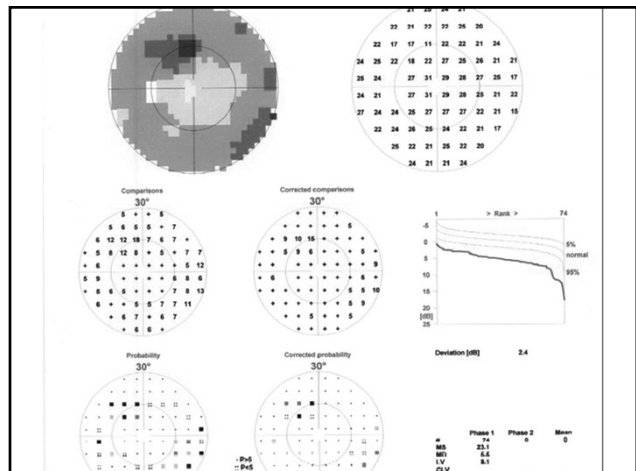
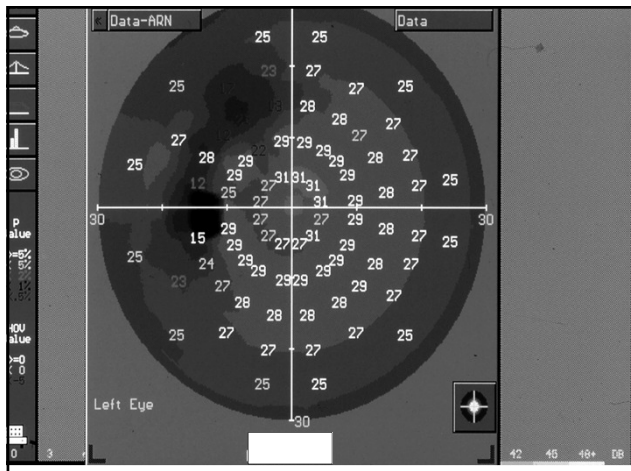
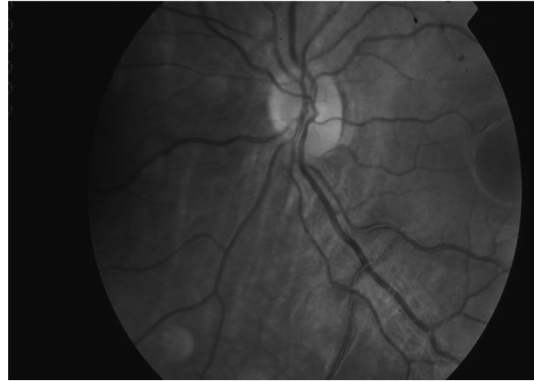
Non-Glaucomatous Etiologies of Arcuate Field Defects

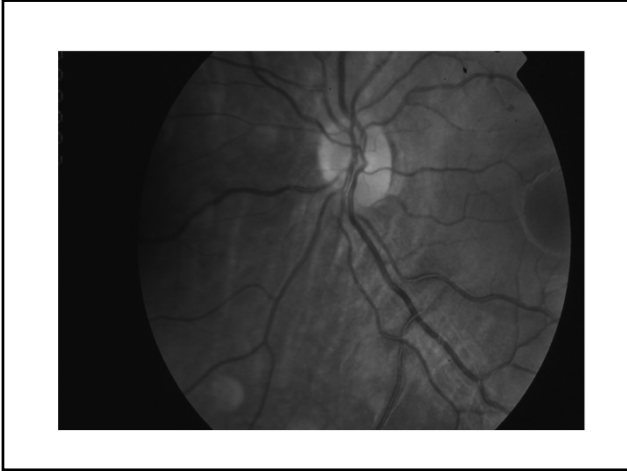
- Secondary Branch Retinal Artery Occlusions
 - Emboli
 - Cardiovascular disease
 - Uncontrolled diabetes
 - 2* self-injected drugs



Case

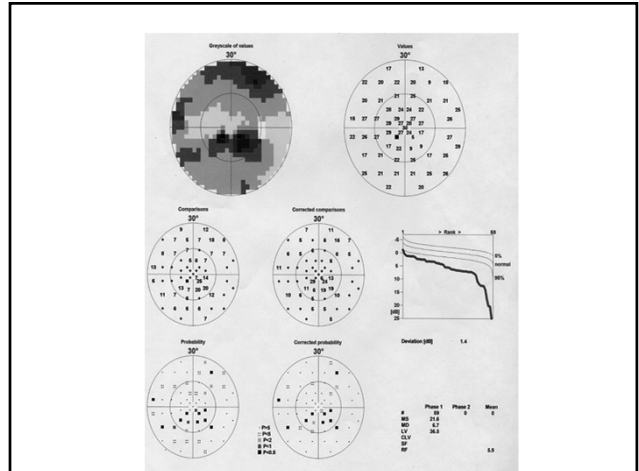
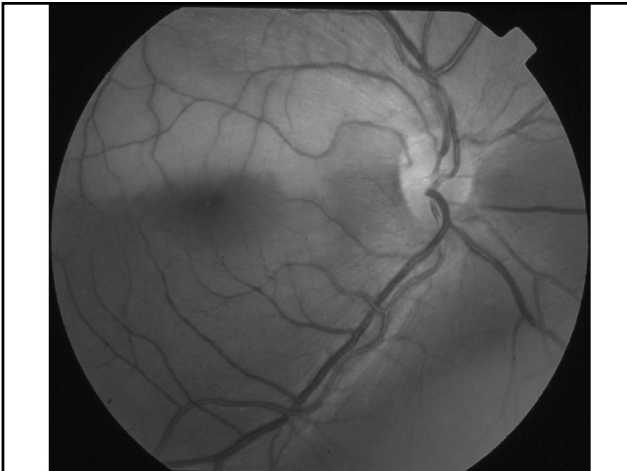
- 23 y-o white male presents for a routine eye exam
- c/o distance vision blur
- BCVA: 20/20 OD (-1.00 DS)
20/20 OS (-1.25 DS)





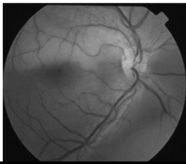
Case

- 43 year-old black male presents reporting a “darkness” in his right eye and an inferior shadow of 3 days onset
- Reports “good health”
- Left eye is normal



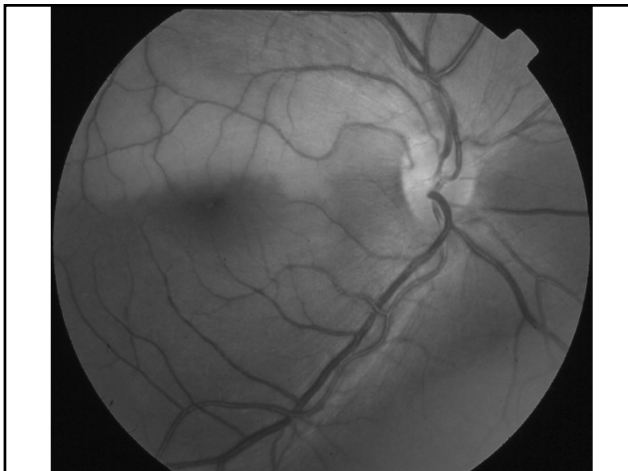
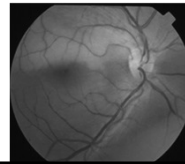
Your Call

- A. Glaucoma
- B. Branch retinal artery occlusion
- C. Branch retinal vein occlusion
- D. Cilioretinal artery occlusion



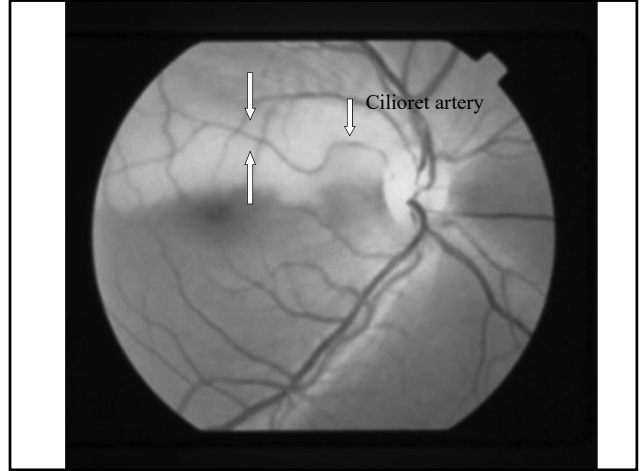
Your Call

- A. Glaucoma
- B. Branch retinal artery occlusion
- C. Branch retinal vein occlusion
- D. Cilioretinal artery occlusion



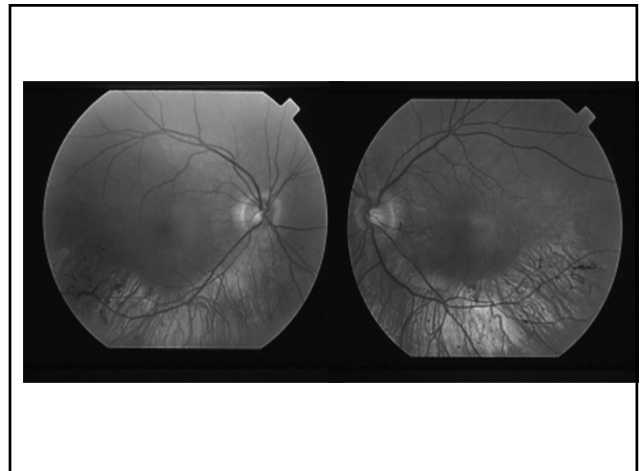
Cilioretinal Artery Occlusion

- Causes loss of VA in patients who have a cilioretinal artery (20% of the population have these arteries)
- Result in arcuate scotomas in the papillomacular bundle due to RNFL defects that mimic glaucomatous field loss

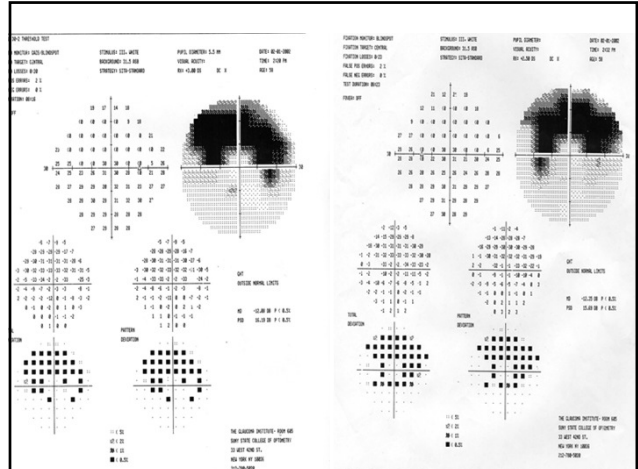
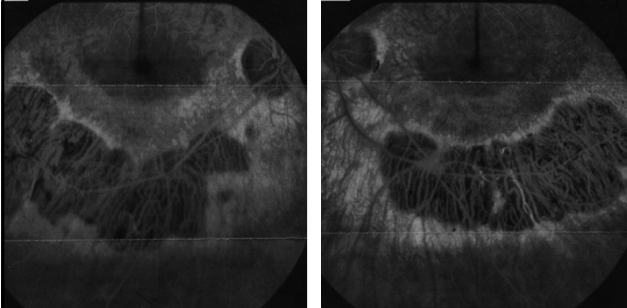


Case

- 58 y-o male presents for a routine exam
- Cc: "Needs new reading glasses"
- BCVA: OD: 20/20 OS: 20/20
- External exam: normal OU; IOPs normal
- Gross confrontations
 - Reports he sees examiner's fingers but not the fingertips in the superior field OD and OS

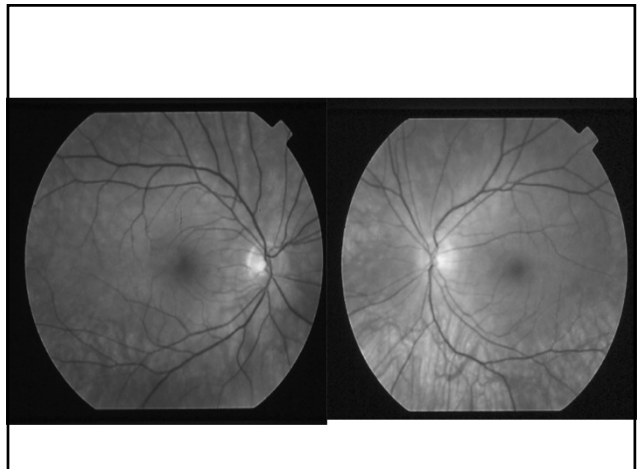


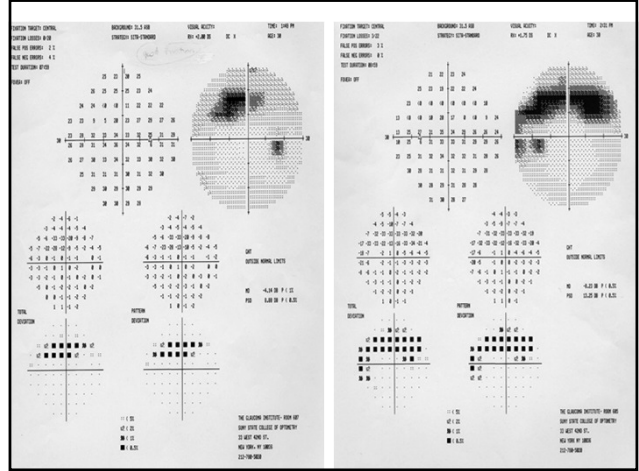
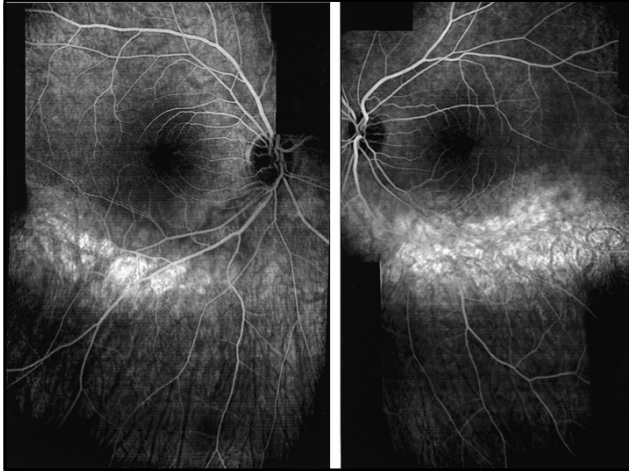
FLUORESCEIN ANGIOGRAPHY



Patient's Niece

- 33 y-o white female physician
- Field loss discovered 10 years ago
 - As a medical student, was always "testing" herself
- BCVA OD 20/20 OS 20/20





Dense Arcuate Glaucomatous Field Loss

- Must rule out photoreceptor involvement.
- Seen in “regional” or “sectoral” types of RP
- In the “affected” area, look for
 - Attenuated arterioles
 - Bone-spicule pigmentation
 - Abnormal multifocal ERGs
- Fundus Autofluorescent (FAF) abnormalities

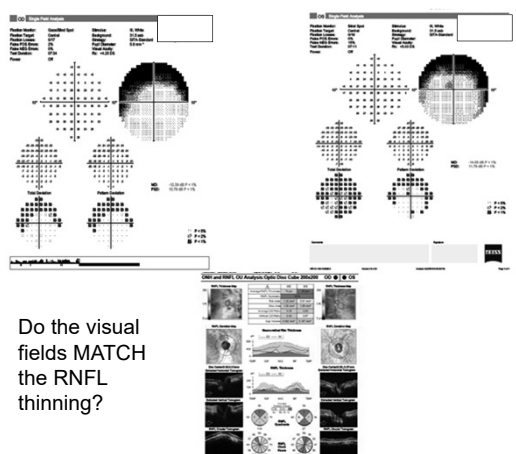
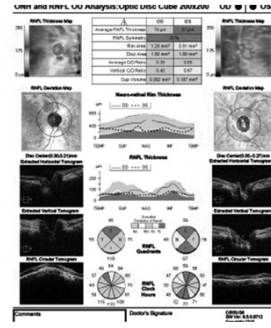
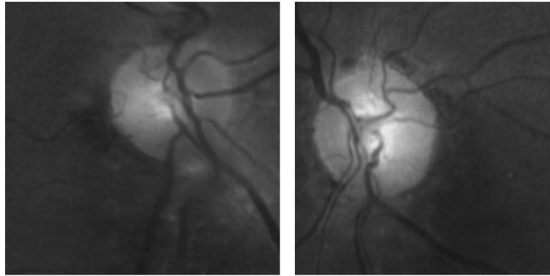
Worsening Glaucoma?

- 67 y/o BF
- Diagnosed with POAG based on one visit
 - IOPs OD=28 OS=38
- h/o CRVO OS
 - BCVA OD: 20/20 OS: 20/40
- IOPs maintained in mid-teens with meds
- C/D ratios: 0.3 OD and 0.4 OS
- Worsening visual fields
 - Had SLT
 - Trabeculectomy

Disc Photos

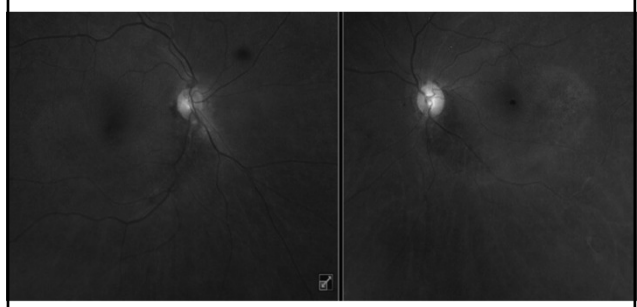
OD

OS

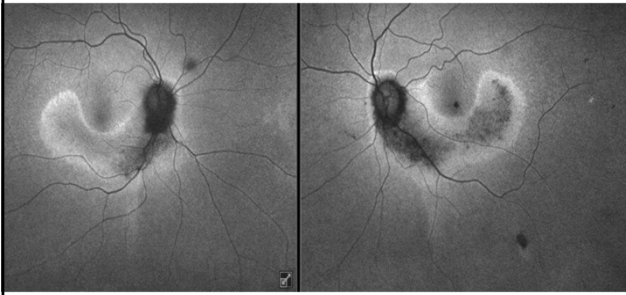


Do the visual fields MATCH the RNFL thinning?

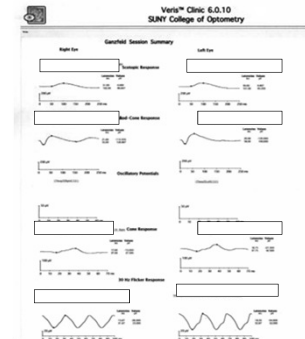
Color Photos



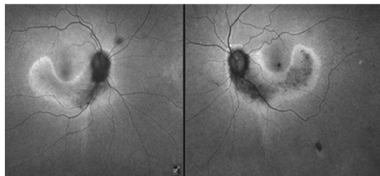
Fundus Autofluorescence



Full-Field Flash ERGs Mildly reduced amplitudes



Fundus Autofluorescence



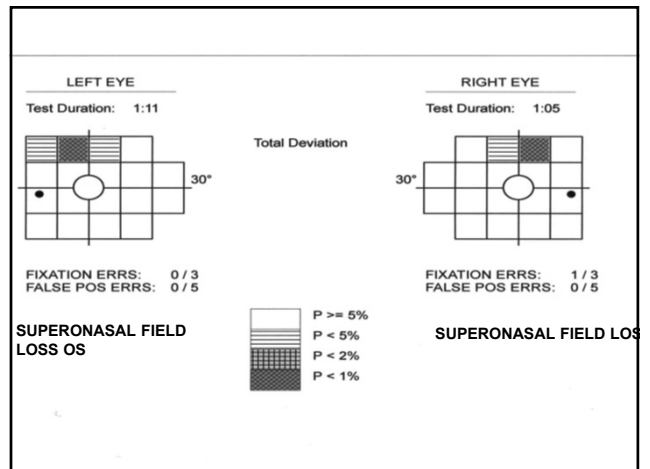
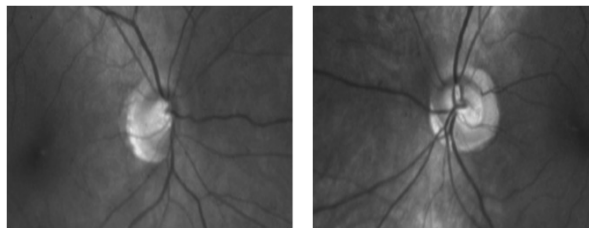
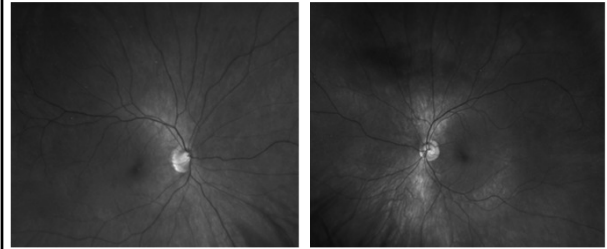
Rotate the VFs:
Now, do the VFs match the retina?

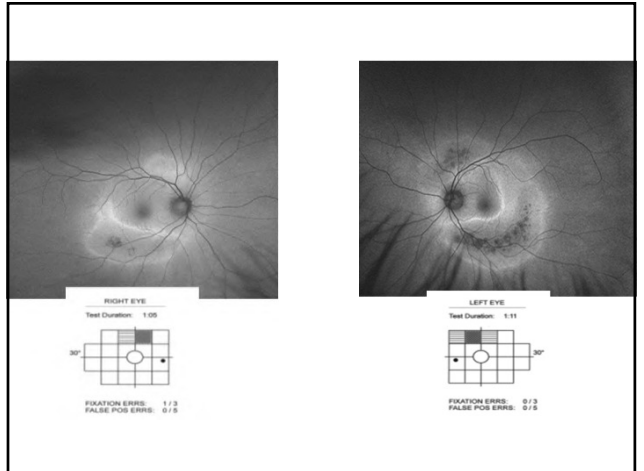
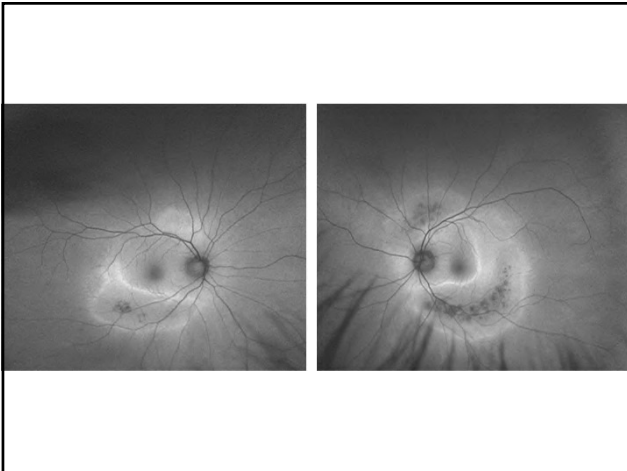
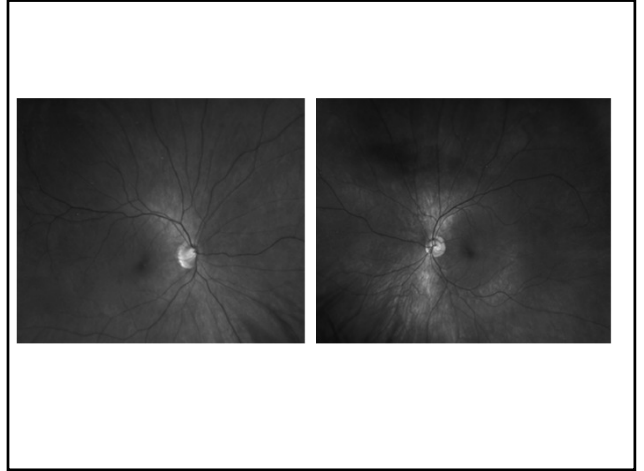
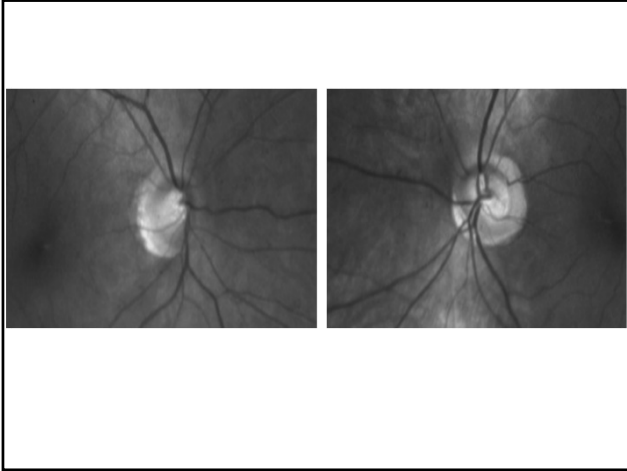


Pericentral Retinitis Pigmentosa,
NOT Worsening Glaucoma!

The “Northern Lights” Are Off!

- 52 y-o Norwegian patient
- c/o superior visual field loss
- Referred to an ophthalmologist who treated patient for glaucoma
- Patient on glaucoma meds for several years

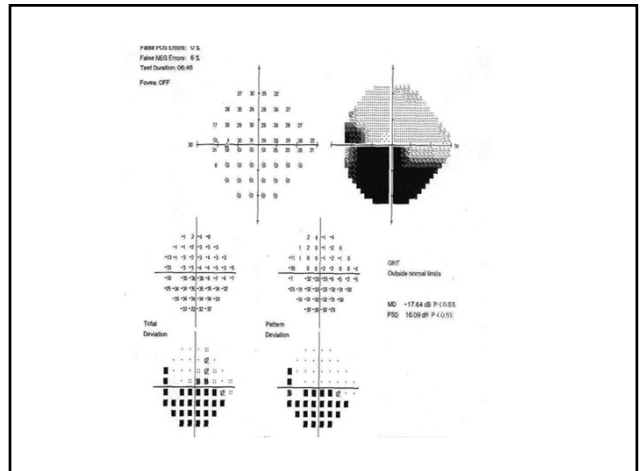
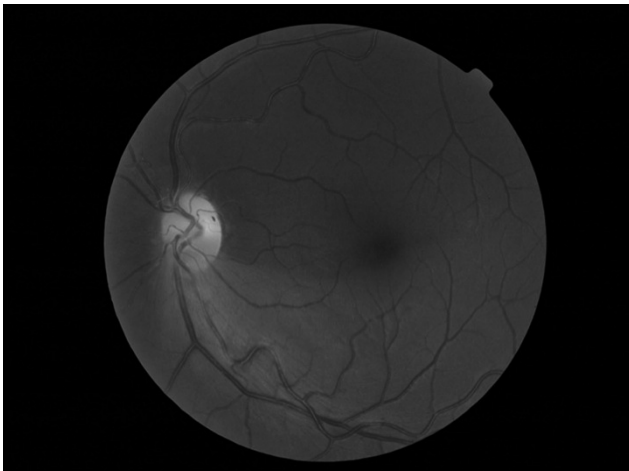
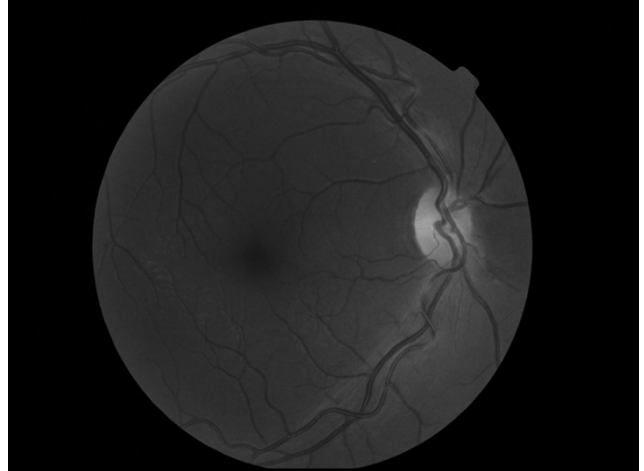


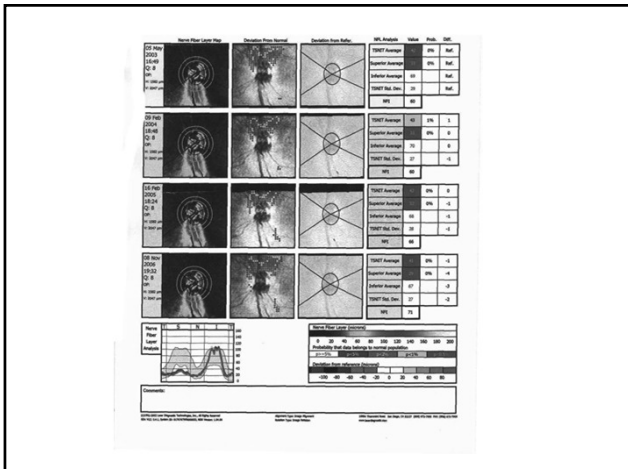
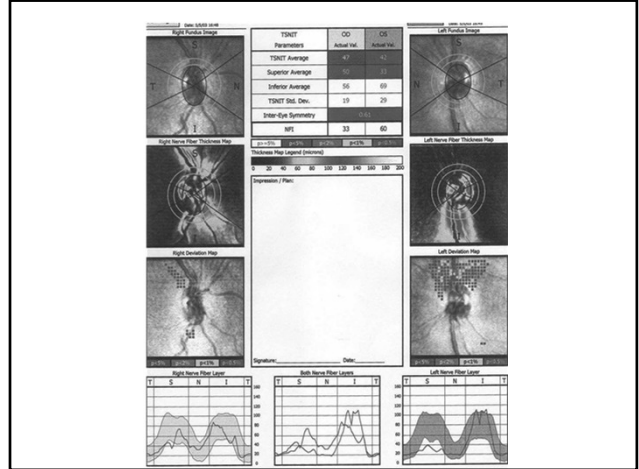
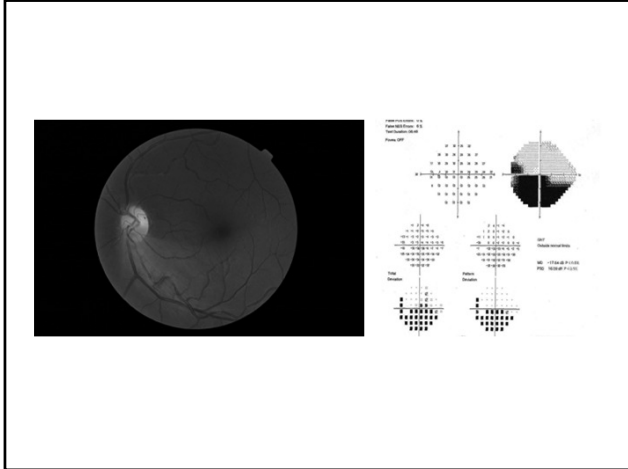


Case

Courtesy: David Horn, OD

- 38 year-old white female
- H/O Multiple Sclerosis
- Presents with 3 year h/o reduced VA in the OS
- BCVA= OD: 20/20 OS: 20/100



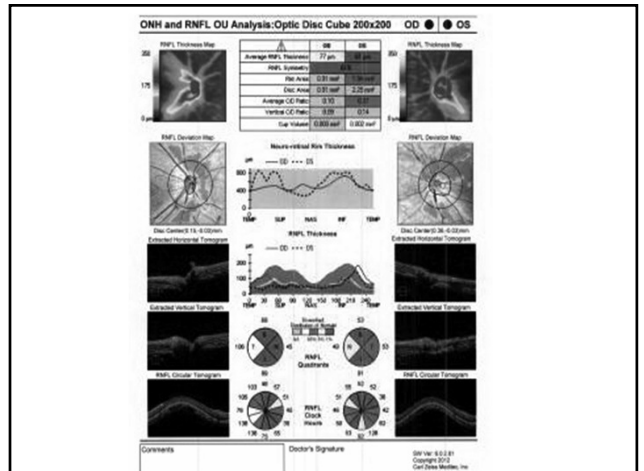
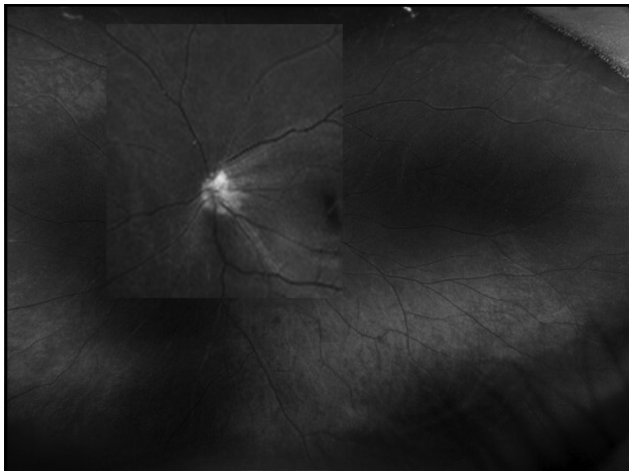
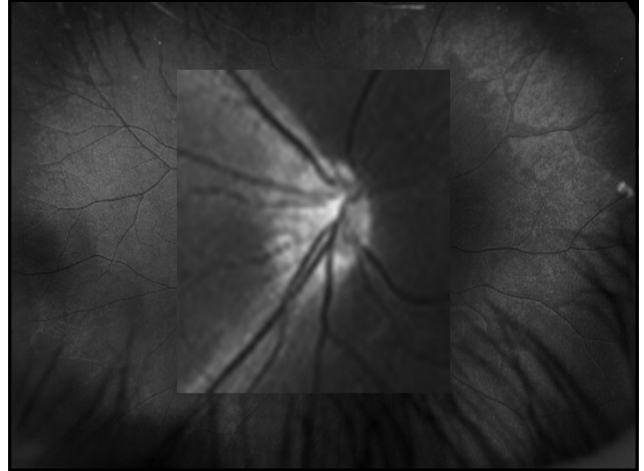


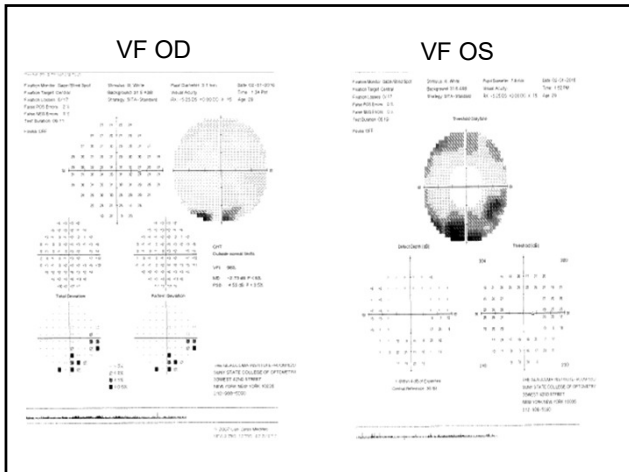
Visual Field Defects in Demyelinating Disease

- Very Variable /Some Asymptomatic
 - Central and paracentral scotoma
 - Superior depression
 - Arcuate scotoma
 - Quadrantanopsia and Hemianopsia
 - Peripheral constriction with blind spot enlargement
 - Scattered defects

Inferior Arcuate VF Defect

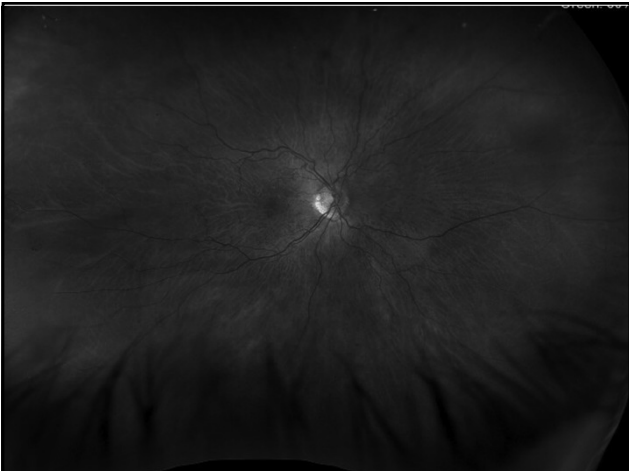
- 29 year-old Asian female
- History of long-standing inferior field loss OS
- No health history; ? Optic nerve "swelling" OS
- BCVA OD: 20/20 OS: 20/20
- IOPs 16mm OD 17mm OS
- C/Ds 0.2 OD 0.2 OS
- Pupils: 2+ APD OS
- No red desaturation OD or OS
- Normal MRI

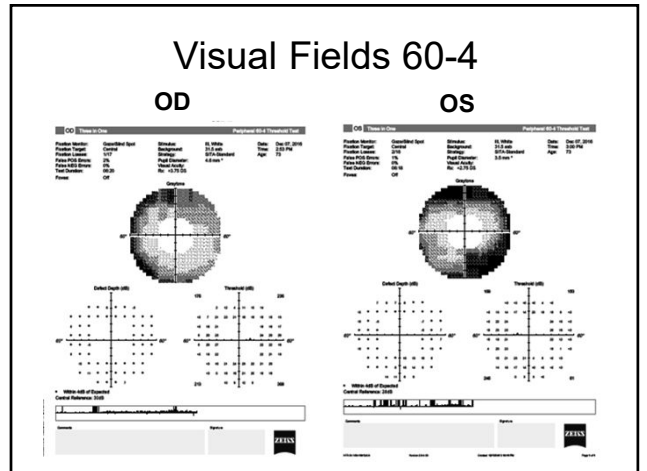
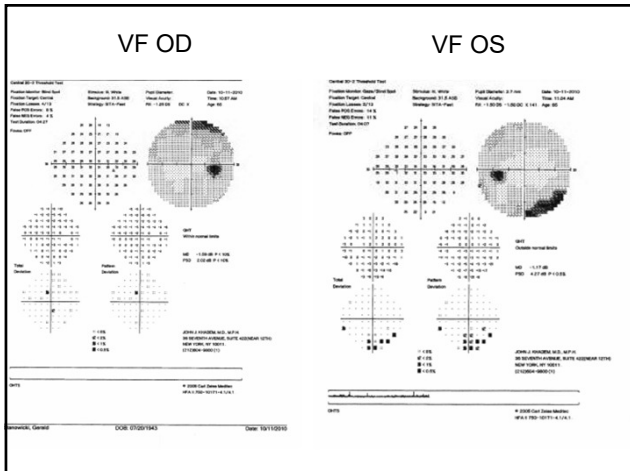
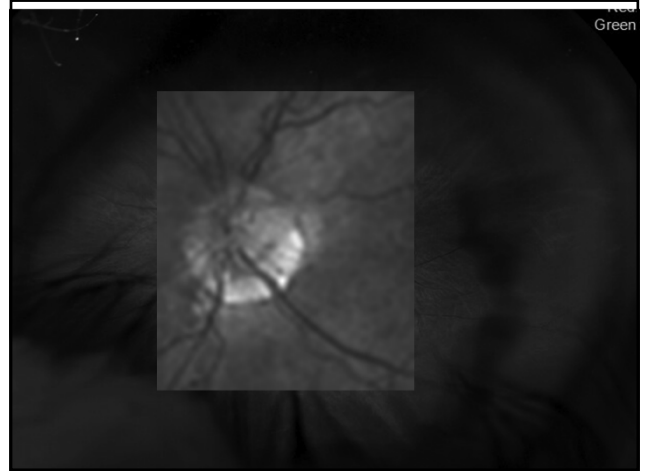
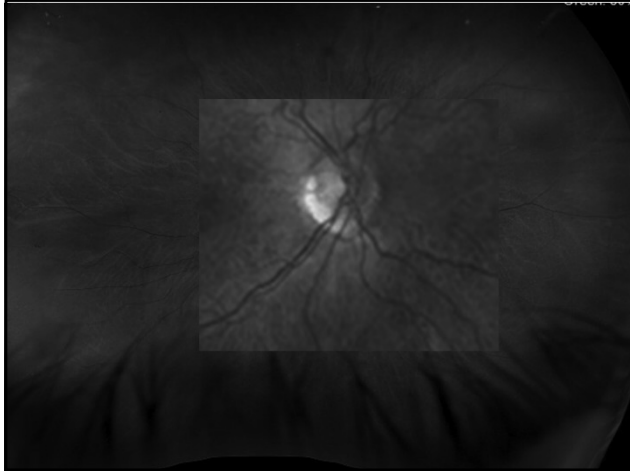


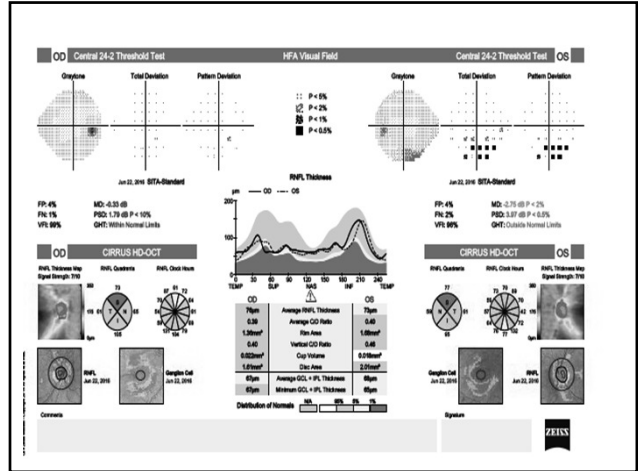
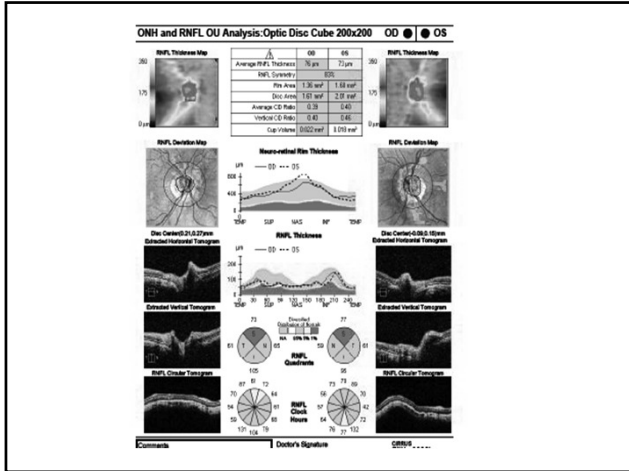


Optic Disc Hypoplasia
 Optic Disc Dysplasia
 OS > OD

- ### Inferior Visual Field Defect
- 73 year-old white male
 - Difficulty seeing at night
 - BCVA OD: 20/20 OS: 20/20
 - T Max 16mm OD 16 mm OS
 - Pachs: 583 microns OU
 - C/D 0.1 OD 0.1 OS
 - Outside practitioner suspected glaucoma based on VF and OCT
 - Treated with Timolol 0.5% BID OU; D/C'd on own

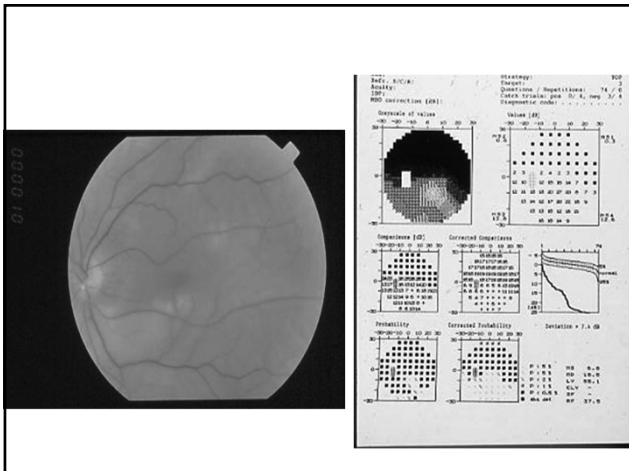
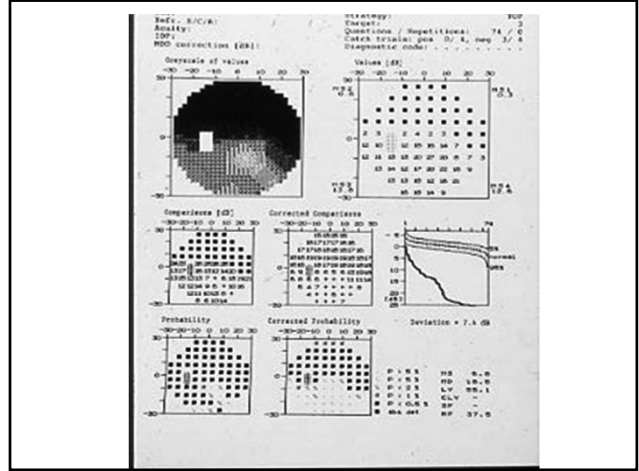
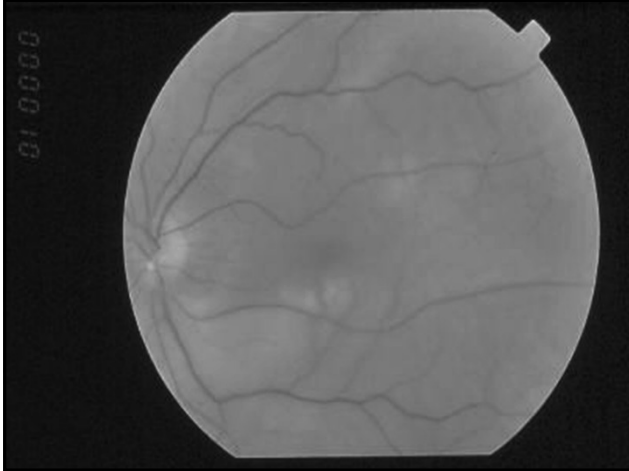




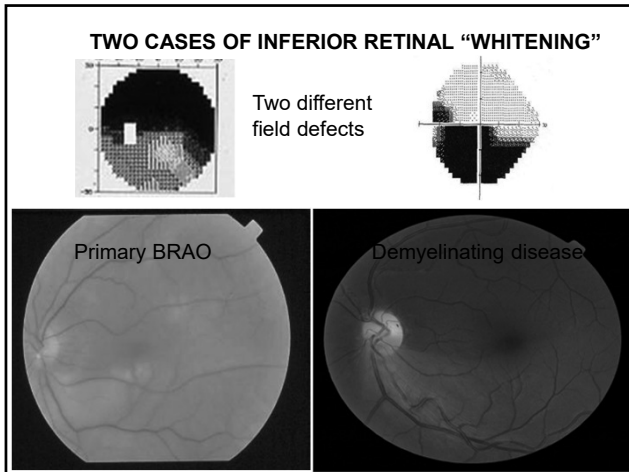


Optic Nerve Hypoplasia
 Optic Nerve Dysplasia
 OS>OD

- ### Non-Glaucomatous Etiologies of Altitudinal Field Loss
- Vascular occlusions
 - Primary branch retinal artery occlusions
 - Hemi-retinal Ischemic vein occlusions with PRP
 - Anterior Ischemic Optic Neuropathy
 - Chronic papilledema

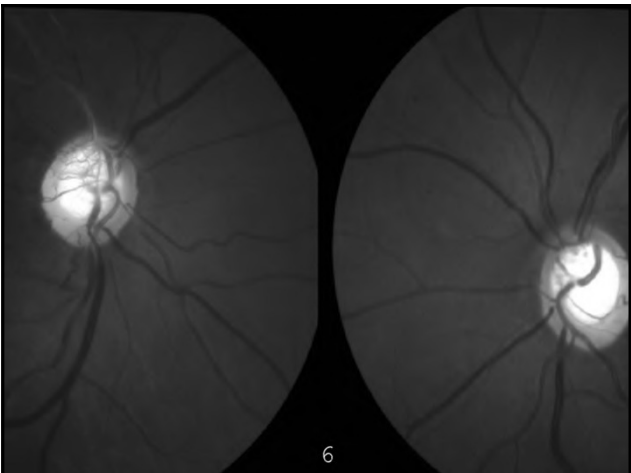
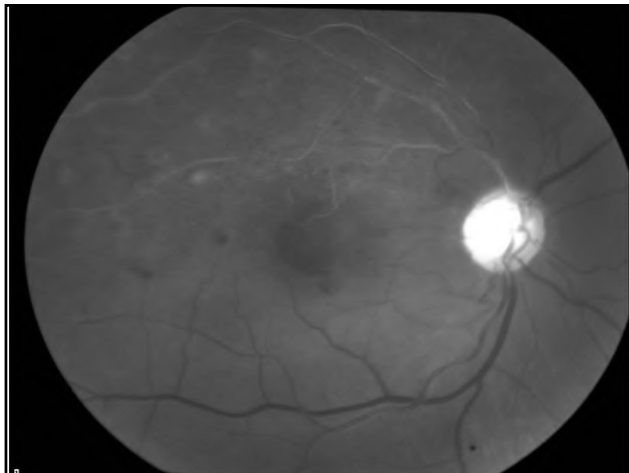


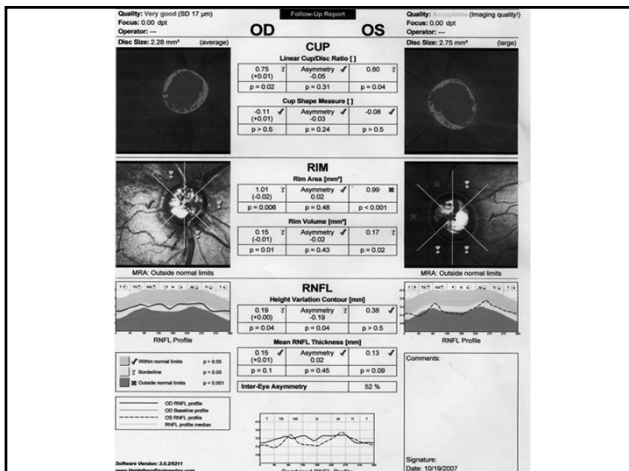
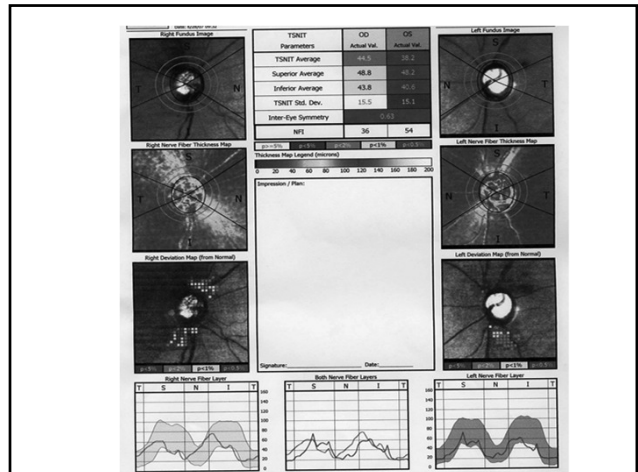
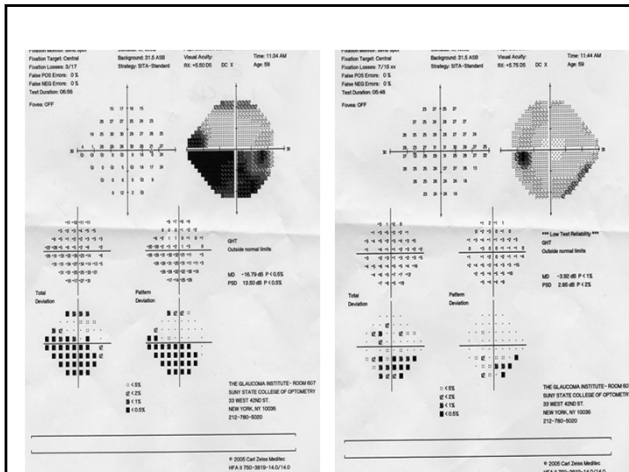
Primary Branch Retinal Artery Occlusion



Ischemic Vein Occlusions Treated with PRP

- 59 y-o black male
- Systemic hypertension
- VA=20/400 OD, 20/20 OS
- h/o Ischemic primary branch superior temporal vein occlusion OD treated with PRP
- Glaucoma suspect based on large C/D ratios
 - HRT "Outside normal limits, OD and OS
 - GDx abnormal OU, worse OS
- IOPs: Range 13mm-22mm OD and 15mm-20mm OS





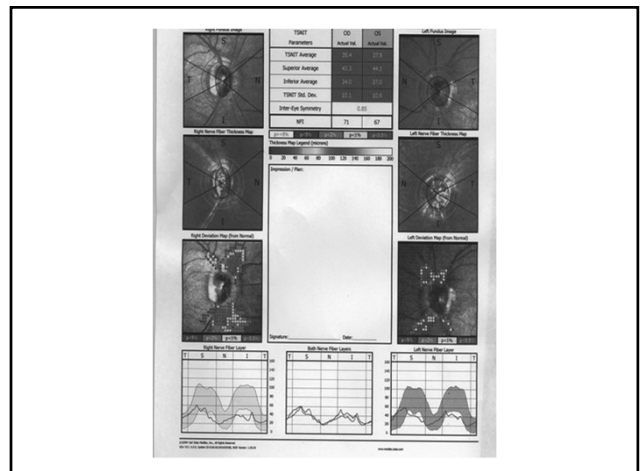
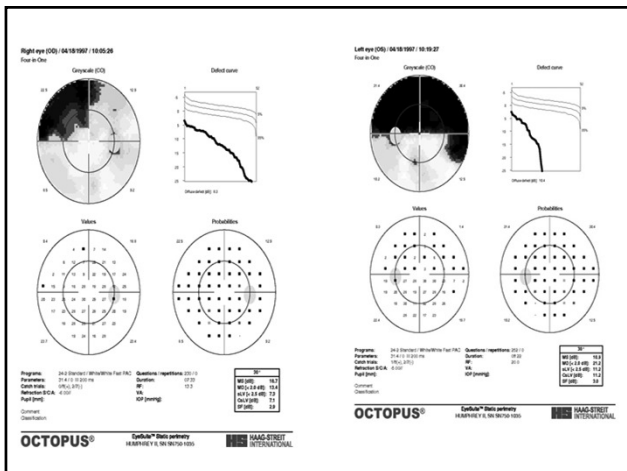
MANAGEMENT

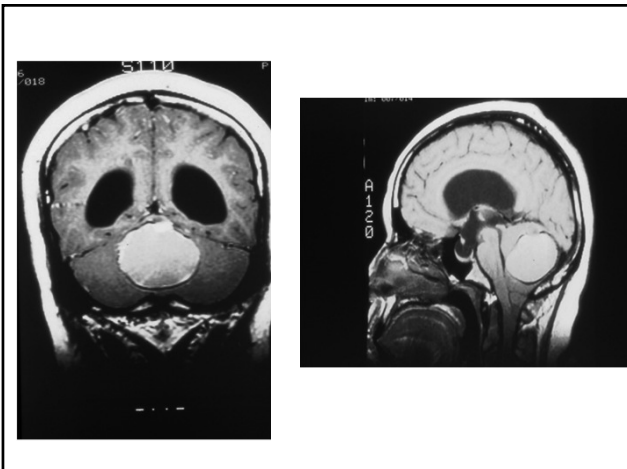
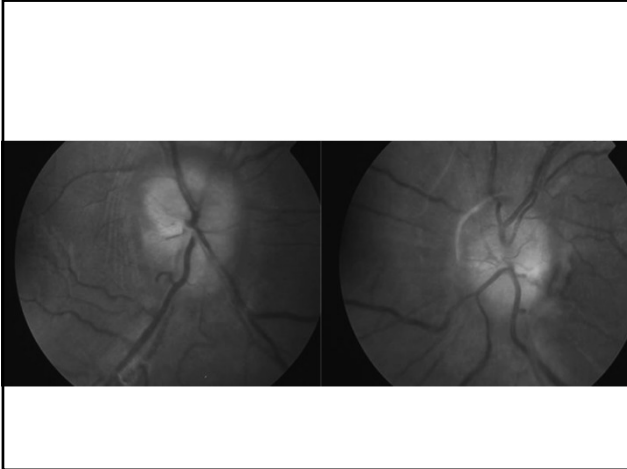
- Patient has glaucoma, worse OS
- Patient has old hemi-retinal CRVO OD
- Lower the IOP
- Glaucoma is more challenging to follow OD because of the altitudinal field loss

Case

- 24 y-o black female
- Presents for routine exam
 - Doesn't like the way she sees out of the glasses she got 3 months ago at an optical chain
 - No other complaints
 - Health history: Has been gaining weight

- Exam Findings:
 - BCVA: OD=20/30 OS=20/30 Distance/Near
 - Anterior Segment structures normal
 - Anterior chambers quiet and deep
 - Pupils: PERRLA
 - IOPs : 24 mm Hg OD and OS
- Visual field performed





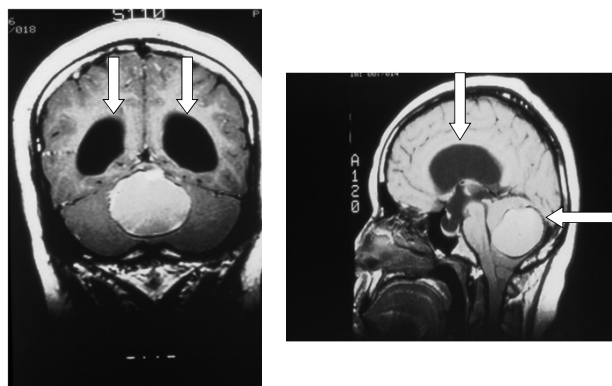
Your Call

- Glaucoma
- Idiopathic intracranial hypertension (Pseudotumor cerebri)
- Papillitis
- Cerebellar Mass

Your Call

- Glaucoma
- Idiopathic intracranial hypertension (Pseudotumor cerebri)
- Papillitis
- Cerebellar Mass

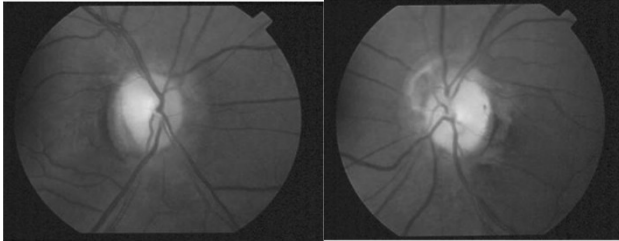
DIAGNOSIS:
**CEREBELLAR
HEMANGIOBLASTOMA**



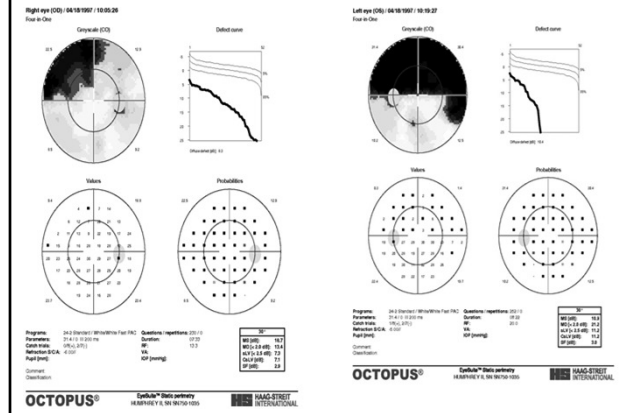
Why So Long to Diagnose This Patient?

- Missed: Symptoms of cerebellar dysfunction
 - Balance problems
 - Patient admits she walked with a wide gait but thought it was because she was gaining weight!
- Missed: Symptoms of increased intracranial pressure
 - Headache
 - Patient did not really complain of headache
- Missed: Symptoms of pituitary compression
 - Hormonal imbalance; loss of menstrual period
 - Patient only told she wasn't pregnant

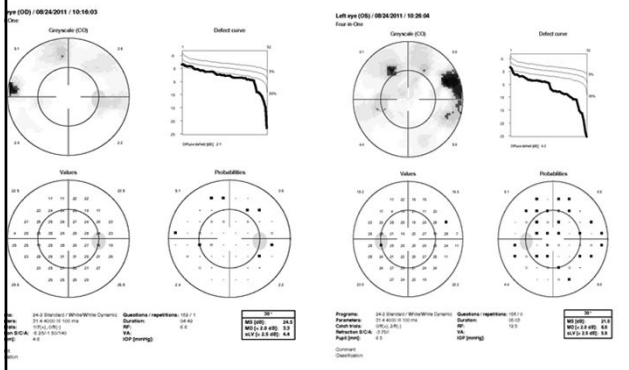
FOUR MONTHS LATER

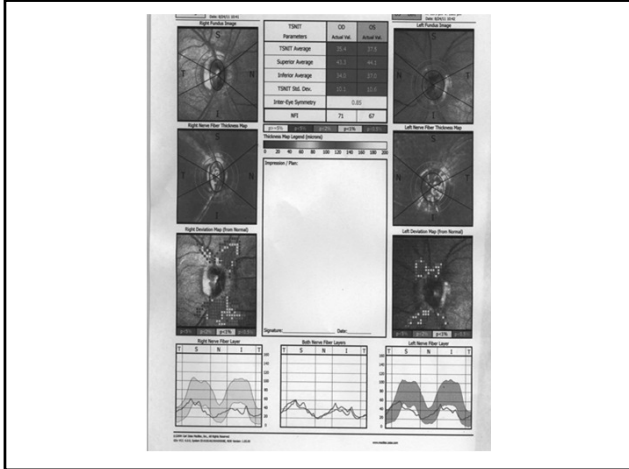


BEFORE



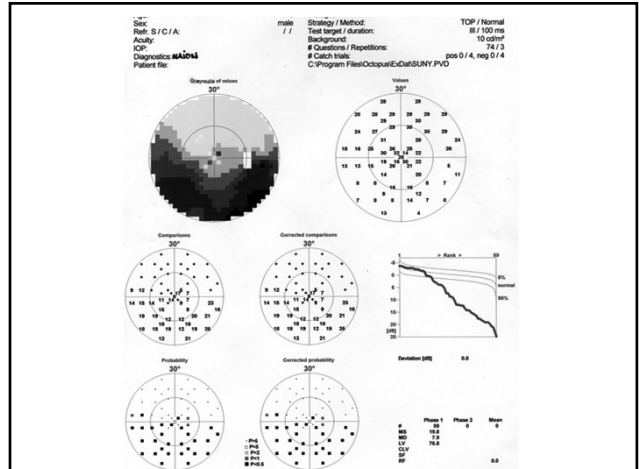
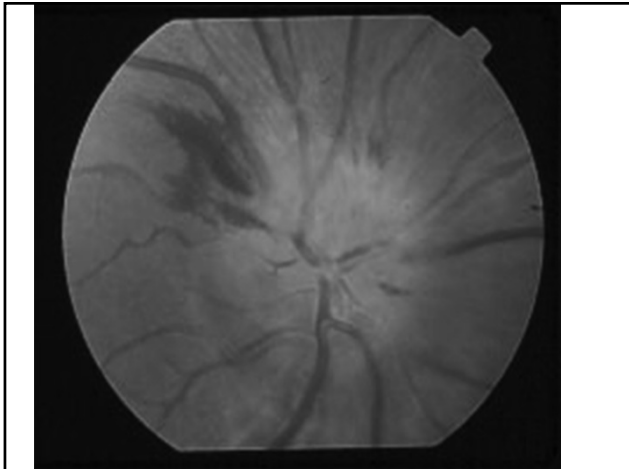
AFTER

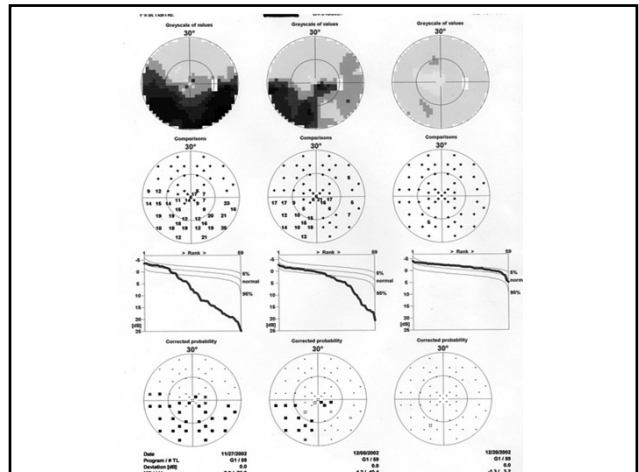
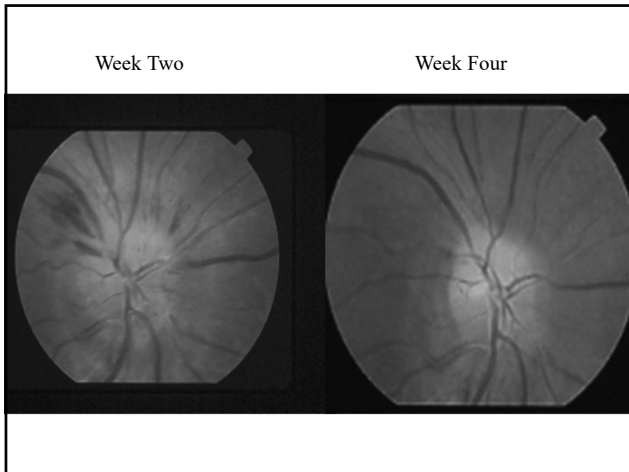




Case

- 50 year-old male presents with a complaint of a shadow in his inferior visual field OD for the past 5 days
- No pain
- BCVA OD 20/25 and OS 20/20
- (+) APD OD
- Health history is positive for HTN
 - Atenolol at bedtime
 - Hyzaar BID during the day and evening





Non-Arteritic Anterior Ischemic Optic Neuropathy

- Sudden onset of painless loss of vision and/or visual field
- Usually unilateral
- Typically causes altitudinal field loss
- Hyperemic swollen disc with peripapillary hemorrhages
- Predisposing factors
 - HTN, DM, Ischemic artery disease, CPD, gastric ulcers
 - **Nocturnal hypotension**
 - R/O Other inflammatory /infectious diseases

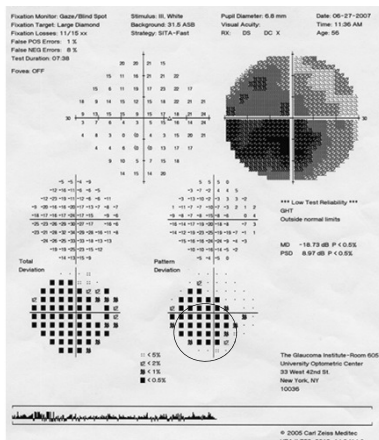
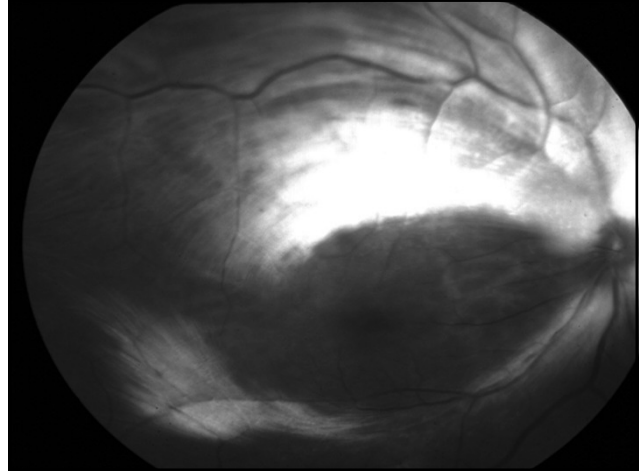
Management of this case.....

- Consulted with pt's MD to consider d/c use of meds *before* bedtime
 - Causes nocturnal hypotension

Hayreh S, Zimmerman B. et al Nocturnal Arterial Hypotension and Its Role in Optic Nerve Head and Ocular Ischemic Disorders Am J Ophthalmol 1994 117:603-624

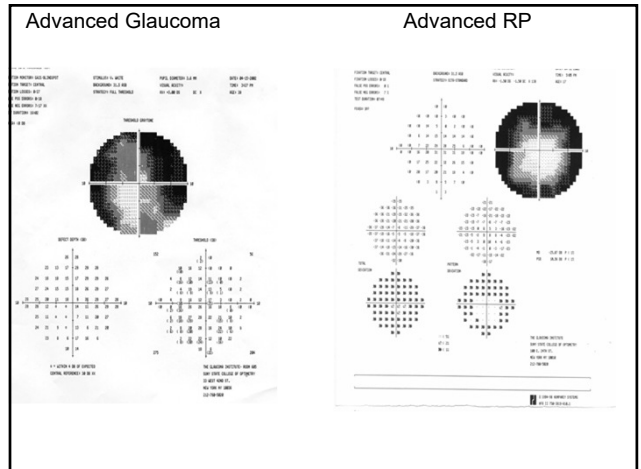
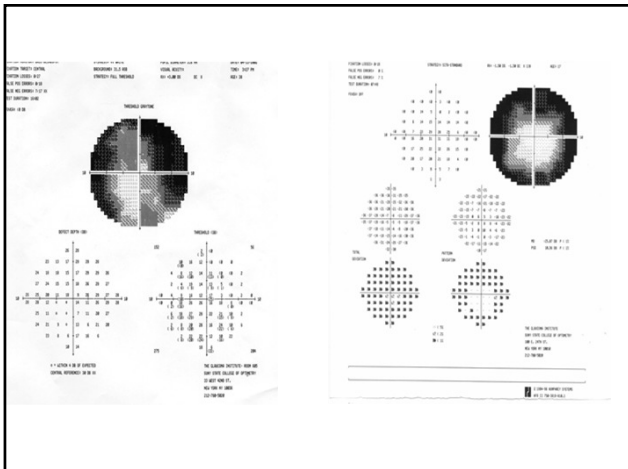
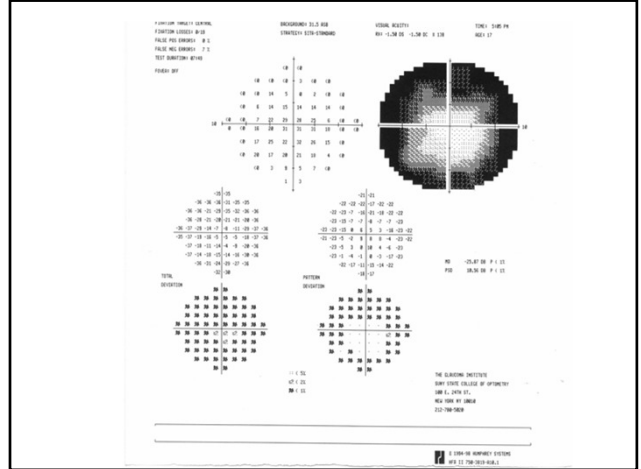
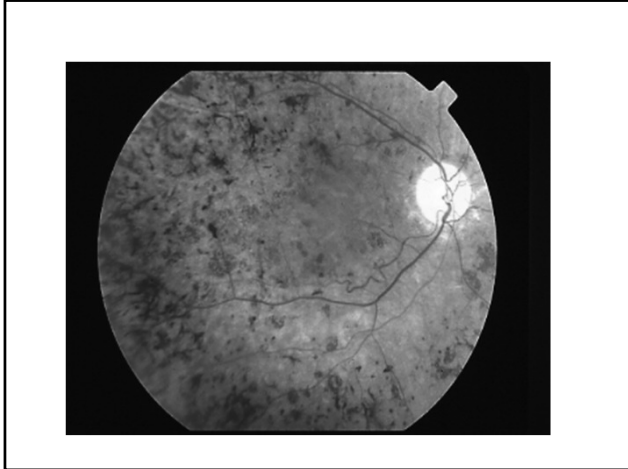
Case

- 35 year-old female with long-standing reduced VA in one eye



Non-Glaucomatous Etiologies of Peripheral Field Constriction

- Retinal Degenerative Diseases
 - Retinitis Pigmentosa
 - Choroideremia
- Drugs Causing Retinal and Optic Nerve Toxicity
 - Anti-epileptic drugs
 - Psychotropic drugs
 - Thioridazine and Mellaril
 - Quinine and Chloroquine
 - Drug Overdose
 - Drug Sensitivity
- Optic Neuritis
- AZOOR



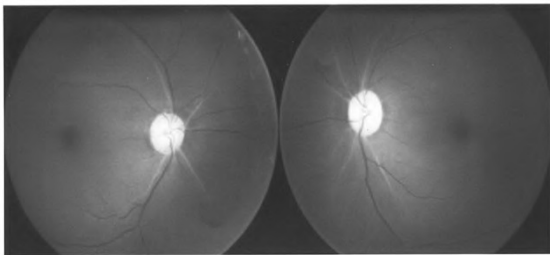
Quinine Toxicity

- Caused by quinine overdose
- Hypersensitivity to quinine
- Most common visual consequence is loss of peripheral field

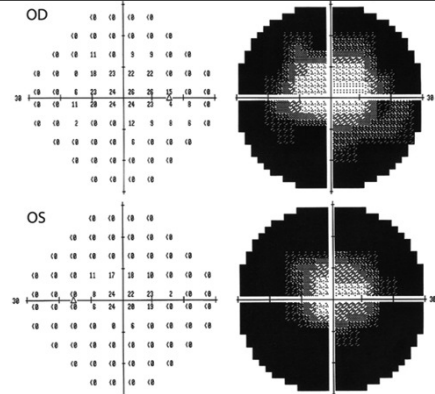
Case of Quinine Overdose

- 43 y-o Hispanic female overdosed on quinine pills Rxd for leg cramps in suicide attempt
- 9 months later, c/o constricted visual fields and “dim” vision

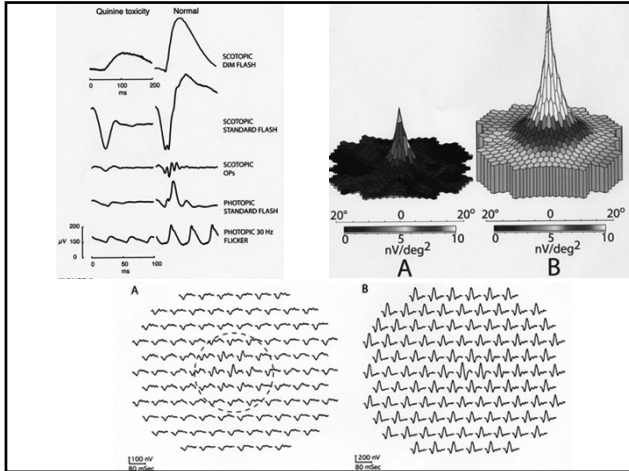
Verdon, W. Clinical Electrophysiology in Quinine Induced Retinal Toxicity. Optometry and Visual science 2008;85:E17-E26



Verdon, W. Clinical Electrophysiology in Quinine Induced Retinal Toxicity. Optometry and Visual science 2008;85:E17-E26.



Verdon, W. Clinical Electrophysiology in Quinine Induced Retinal Toxicity. Optometry and Visual science 2008;85:E17-E26.

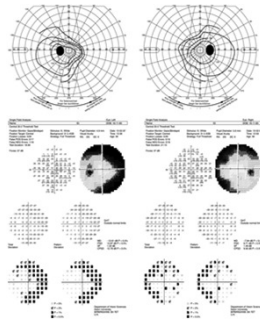


Peripheral Field Loss Secondary to Vigabatrin Therapy

- Anti-epileptic drug
 - Upregulates GABA, the major inhibitory neurotransmitter in the retina
 - Introduced in the mid-1980's
 - Successfully treats epilepsy
 - Well-tolerated

Visual Field Loss

- 52% in Lawden et al study
- Concentric bilateral peripheral field loss with temporal and macular sparing
- Abnormal EOG (RPE affected)
- EOG normalizes after drug is withdrawn but visual field abnormality persists.



Lawden, M C et al. Visual field defects associated with vigabatrin therapy. J Neurol Neurosurg Psychiatry 1999;67:716-722

Copyright © 1999 BMJ Publishing Group Ltd

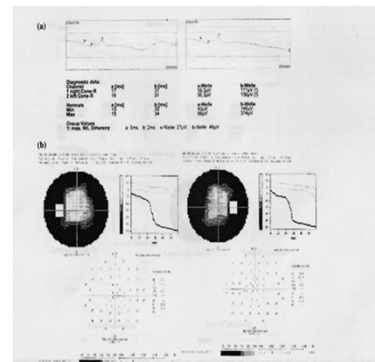
JNNP
ONLINE

Other Antiepileptic Drugs Reported to Cause Visual Field Constriction

- Valproic acid
- Carbamazepine
- Phenytoin
- Diazepam
- Tiagabine

Other Antiepileptic Drugs Reported to Cause Visual Field Constriction

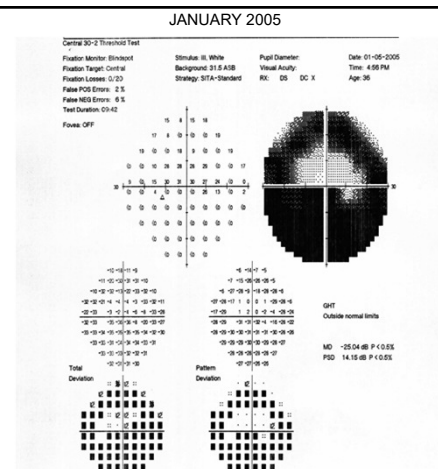
- Valproic acid
- Carbamazepine
- Phenytoin
- Diazepam
- Tiagabine



C. Titz, et al. Visual field defect during therapy with valproic-acid. Eur J Neurol 2007, 14:929-932

Case

- 24 y-o white female
- Recent onset of reduced VA in the left eye
- Optic neuritis OS



Visual Field Defects in Demyelinating Disease

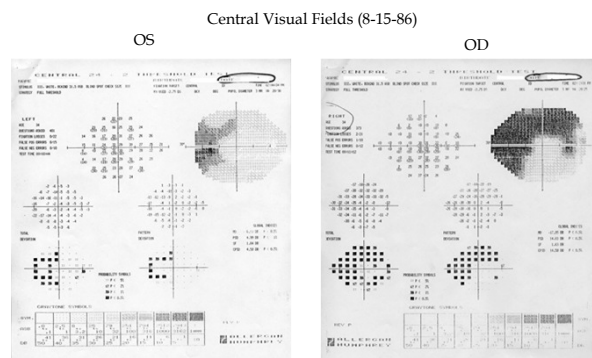
- Very Variable /Some Pts Asymptomatic
 - Central and paracentral scotoma
 - Superior depression
 - Arcuate scotoma
 - Altitudinal loss
 - Quadrantanopsia and Hemianopsia
 - Peripheral constriction

Case: Clinical Findings - 1986

- 34 yo WF c/o loss of peripheral vision nasally in the right eye associated with photopsia and light sensitivity.
- **PMHx:** (+) infectious mononucleosis x 1 year prior; otherwise medical history was unremarkable.
- **BCVA:** 20/25 OD
20/20 OS
- **Pupils:** 1+ Afferent pupillary defect OD
- Anterior Segment: unremarkable OU
www.retinarevealed.com

Clinical Findings - 1986

- C/D: 0.1 pink, distinct OU
- Macula: normal; flat and intact (+)FR OU
- Vessels: normal caliber and configuration OU
- Periphery:
 - OD: fine pigmentary changes far periphery.
 - OS: questionable early pigment nasally.
- Color vision and Fluorescein angiography normal OU.



Visual fields with the 24-2 reveal a dense superior arcuate scotoma OD and an enlarged blind spot OS. There was no corresponding retinal abnormality visible with ophthalmoscopy.

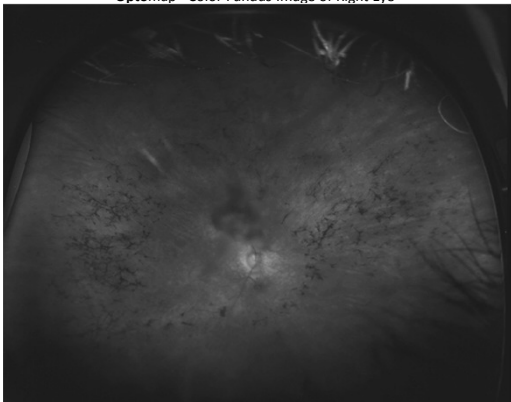
Clinical Findings-1986

- Mild area of pigmentation in far periphery failed to correspond to the region of most intense visual field loss.
- **Other tests:**
 - **ERG:** ERGs were reduced in amplitude OD>OS
 - **VEP:** Normal OU
- Several retinal specialists concluded that all the findings supported a mild inflammatory process but not a degenerative disorder.

Exam 2009 (23 yrs later)

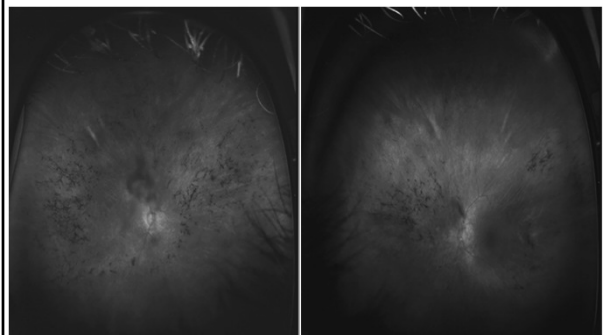
- **CC:** Progressive decreased vision in her Left eye.
- **BCVA:** HM OD 20/70 OS
- **Pupils:** 4+ APD OD
- **Anterior segment:** unremarkable except for mild cataracts not contributing to vision loss.
- **Posterior Segment:**
 - (+) Posterior Vitreous Detachment OD
 - Widespread pigmentary clumping OD greater than OS.

Optomap® Color Fundus Image of Right Eye



www.retinarevealed.com

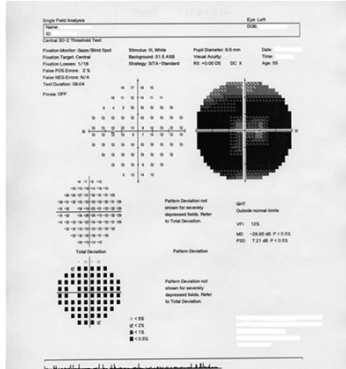
Fundus findings:



Courtesy of Jerome Sherman O.D.

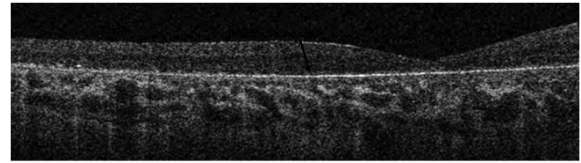
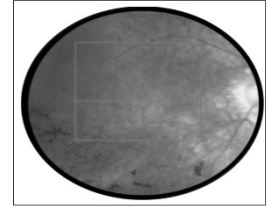
www.retinarevealed.com

Visual Fields only obtainable by left eye (10-23-09)
Central Visual Field 30-2



Topcon 3D OCT OD

The fovea extremely attenuated with no PIL.

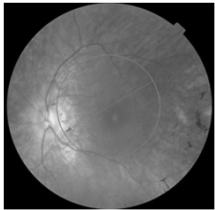


Courtesy of Jerome Sherman O.D.

www.retinarevealed.com

Topcon 3D OCT OS

The retina is also attenuated with no PIL is present.

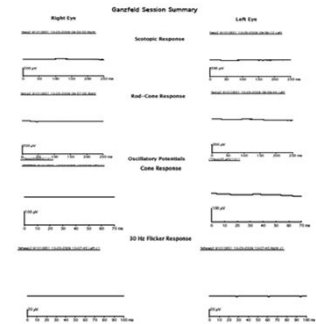


Courtesy of Jerome Sherman O.D.

www.retinarevealed.com

2009

- Full-Field ERG is extinguished under all conditions tested.



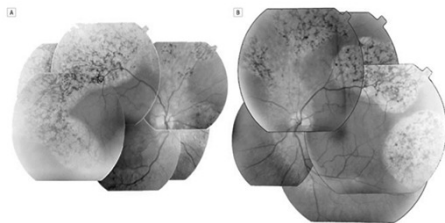
www.retinarevealed.com
Courtesy of Jerome Sherman O.D.

- Based on fundus findings now- diagnosis would most likely be retinitis pigmentosa. Based on initial presentation- this patient was diagnosed with AZOOR 2 decades ago.

AZOOR

- Acute zonal occult outer retinopathy
- Rapid loss of one or more zones of the outer retina
 - Zones of pigment epithelial atrophy
 - Part of the spectrum of MEWDS and AIBSE
- Rapid, acute and permanent field loss
 - Enlarged blind spot
 - Arcuate field loss
 - Temporal and nasal field loss
 - Peripheral constriction
- Photopsia
- Abnormal ERG
 - Full field ERG is normal in glaucoma

Composite image of color photographs of the right eye (A) and left eye (B)

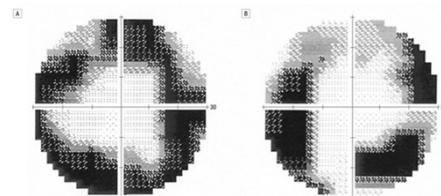


Smetana, S. et al. Arch Ophthalmol 2003;121:914-915.

Copyright restrictions may apply.

ARCHIVES OF
OPHTHALMOLOGY

Automated static perimetry: visual field test results of the right eye (A) and left eye (B)



Smetana, S. et al. Arch Ophthalmol 2003;121:914-915.

Copyright restrictions may apply.

ARCHIVES OF
OPHTHALMOLOGY

SUMMARY

- Paracentral Field Loss
 - Hereditary macular disease
 - Congenital optic disc anomalies
 - Optic pit
- Nasal Field Defects
 - ONH Drusen
- Bjerrum/Arcuate Defects
 - 2° BRAO
 - Regionalized photoreceptor diseases
 - Diabetic Papillopathy
 - Demyelinating disease
 - AZOOR and white dot diseases on this spectrum
- Altitudinal
 - 1° BRAO
 - Ischemic optic neuropathy
 - Ischemic Hemicentral Vein Occlusions
 - Compressive intracranial lesions
- Peripheral Constriction
 - Hereditary degenerative disease
 - Drug Toxicities
 - Demyelinating Disease
 - AZOOR

THANK YOU!

sbass@sunyopt.edu